

# June 2025

## Independent Living Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b> 8:40am Outing: Church of the Nativity 9:30am Outing: Towson United Methodist Church & Towson Presbyterian Church 10:30am Outing: Central Presbyterian & Calvary Baptist Church 10:30am Catholic Communion (TM) <b>BRUNCH in VALLEY &amp; GRILLE</b> 11:30am-2:30pm <b>CAFÉ</b> -Regular Hours 1-3pm Treasured Memories: Storytelling Workshop (Café) 3pm Sunday Worship Service with Dr. Emora Brannan (AUD) 7:30pm Sundays on Broadway: Hairspray (AUD)	<b>2</b> 9am Aqua Exercise w/ Kate 9:45am Strength & Stretch (AUD) 10:30am Shopping Bus #5 11am Tai Chi w/ Eric (Zoom) 1pm Backgammon (TM) 1pm Rummikub (TM) 1:30pm Discussion Group (BR) 1:30pm Shakespeare Play: King Lear (AUD) 2pm Wellness Workout (FS) 3-4pm Jewelry Repair (AS) (RR) 4-5pm Writers' Café: Storytelling Games with Chris Stewart (TM)	<b>3</b> 9am Aqua Aerobics (P) 9:45am Morning Stretch (FS) 10:30am Strength Training w/ Mary Ann (FS) 12:45pm NCR Trail & Snoasis Snowballs (RR) 1pm Needle Arts (TM) 2pm Opera On Demand- Der Fliegende Hollander (AUD) 7:30pm Bingo (AUD)	<b>4</b> 9:45am Strength & Stretch (AUD) 10am-12:30pm Farm Stand (AUD) 2pm Caregiver Support Group (PR) 2:30pm Core Blast (FS) 2:30-4pm Sewing Repair Service (AS) (RR) 3pm Ask the RA Prez Meeting (AUD) 4:30-6:30pm Grill on the Green Roof (Open Seating) 7pm Sign-Language Class with Diane Rehling (TM) 7:30pm Edenforum: Jack Burkert—The Patapsco River (AUD)	<b>5</b> 9:45pm Morning Stretch (FS) 10:30am Seated Yoga (FS) 11am-12:30pm Memoir Writing with Chris Stewart (TM) 12:50 Watermark Tour Baltimore (RR) 1pm Needle Arts (TM) 2:30pm Scrabble (Pub) 6:30pm BSO-Bronfman Plays Beethoven (RR) 7pm Evening Yoga (FS) 7:30pm Smores and More Father's Day Event (RG)	<b>6</b> 9:45am Strength & Stretch (AUD) 10am Sign-Language Class with Diane Rehling (TM) 10:30pm Shopping Bus #6 1:45pm Bookmobile 2pm Balance Training (FS) 3-4:30pm Tea and Poetry (TM) 4:30pm Wine Tasting (AUD) 6pm BSO-Everyman- The Mystery of Irma Vep (RR)	<b>7</b> 11am Sign-Language Class with Diane Rehling (TM) 1pm Pets On Wheels Visit 7:30pm Saturday Movie: The Best Exotic Merigold Hotel (AUD)
<b>8</b> 8:40am Outing: Church of the Nativity 9:30am Outing: Towson United Methodist Church & Towson Presbyterian Church 10:30am Outing: Central Presbyterian & Calvary Baptist Church 10:30am Catholic Communion (TM) <b>BRUNCH in VALLEY &amp; GRILLE</b> 11:30am-2:30pm <b>CAFÉ</b> -Regular Hours 3pm Sunday Worship Service with Pastor Michael Ritt (AUD) 7:30pm Sundays on Broadway: Sweeney Todd, The Demon Barber of Fleet Street (AUD)	<b>9</b> 9am Aqua Exercise w/ Kate 9:45am Strength & Stretch (AUD) 10:30am Shopping Bus #7 11am Tai Chi w/ Eric (pre-recorded video- link in email) 12:30pm URC Updates with Mark (AUD) 1pm Backgammon (TM) 1pm Rummikub (TM) 1:30pm Discussion Group (BR) 2pm Wellness Workout (FS) 3pm Documentary-F for FAKE (AUD) 3-4pm Jewelry Repair (AS) (RR) 4-5pm Writers' Café: Storytelling Games with Chris Stewart (TM) 7:30pm Edenforum: Greg Jones- Actor, Playwright, Teacher (AUD)	<b>10</b> 9am Flower Arranging (PUB) 9am Aqua Aerobics (P) 9:30am Lunch & Vintage Car Collection Annapolis (RR) 9:45am Morning Stretch (FS) 10:30am Strength Training w/ Mary Ann (FS) 11am Medical Lecture w/ Meghan Curtis (AUD) 1pm Needle Arts (TM) 1:30pm Chair Massage w/ Alex (RR) 2pm Balance Training (FS) 7:30pm Book Club (TM) 7:30pm Bingo (AUD)	<b>11</b> 9:45am Strength & Stretch (AUD) 10am-12:30pm Farm Stand (AUD) 2:30pm Core Blast (FS) 2:30-4pm Sewing Repair Service (AS) (RR) 2:45pm Mind Your Mind (PDR) 4:30-6:30pm Grill on the Green Roof (Open Seating) 7pm Sign-Language Class with Diane Rehling (TM) 7:30pm Edenforum: Gerry Brewster- The Life of My Father (AUD)	<b>12</b> 9am Aqua Aerobics (P) 9am Burning Bridge Antique Market & Turkey Hill (RR) 9:45pm Morning Stretch (FS) 10:30am Seated Yoga (FS) 11am-12:30pm Memoir Writing with Chris Stewart (TM) 1pm Needle Arts (TM) 2pm Seated Zumba (FS) 2:30pm Scrabble (Pub) 3pm Discussion Group w/ Monte & Friends (BR) 7pm Evening Yoga (FS)	<b>13</b> 9:45am Strength & Stretch (AUD) 10am Sign-Language Class with Diane Rehling (TM) 10:30pm Shopping Bus #1 11am Bereavement Support Group (PR) 1:30pm RA Meeting & Town Hall (AUD) 3pm Play Reading Group (TM) 4pm Shabbat Services with Cantor Nancy Ginsberg (AUD) 7pm BSO-Heyward Conducts Verdi's Aida (RR) 7pm David Pedraza & Annya Nizhegorodsteva (Viola & Piano) (AUD)	<b>14</b> 10am Coffee & Conversation (VR) 11am Sign-Language Class with Diane Rehling (TM) 11am Dance for PD (Stroh) 1pm Pets On Wheels Visit 7:30pm Saturday Movie: Something the Lord Made (AUD)

AS: Art Studio (Tower 1205)

TM: Terraces Multipurpose Room

AUD: Auditorium

P: Pool

BR: 2nd Floor Board Room

PR: 2nd Floor Party Room

FS: Fitness Studio

PDR: 2nd Floor Private Dining Room

G: Grille

RG: 5th Floor Roof Garden

TL: Terraces Lounge

RR: Registration Required

### Edenwald Bus Information

BUS #1: Hunt Valley Towne Center

BUS #5: Trader Joe's & Kenilworth Mall

BUS #2: Towson Place

BUS #6 Safeway, CVS & M&T Bank

BUS #3: Aldi, Walgreens, Shoprite &

BUS #7: Walmart

Lutherville Station

BUS #4: Fairgrounds Plaza Shopping Center



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>15 FATHER'S DAY</b> <b>CAFÉ Breakfast</b> 7:30am-9am 8:40am Outing: Church of the Nativity 9:30am Outing: Towson United Methodist Church & Towson Presbyterian Church 10:30am Outing: Central Presbyterian & Calvary Baptist Church 10:30am Catholic Communion (TM) <b>BRUNCH in VALLEY &amp; GRILLE</b> 11:30am-2:30pm <b>CAFÉ Lunch</b> 11:30am-2pm <b>NO DINNER</b> 3pm <b>NO-</b> Sunday Worship Service 7:30pm Sundays on Broadway: <i>Rent</i> (AUD)	<b>16</b> 9am Aqua Exercises w/ Kate (P) 9:45am Strength & Stretch (AUD) 10:30am Shopping Bus #2 11am Tai Chi w/ Eric (pre-recorded video– link in email) 1pm Backgammon (TM) 1pm Rummikub (TM) 1:30pm Discussion Group (BR) 2pm Wellness Workout (FS) 3-4pm Jewelry Repair (AS) (RR) 2:30pm Documentary– Glen Campbell I'll Be Me (AUD) 3-5pm Marketing New Location Open House (2nd Floor Towers) 4-5pm Writers' Café: Storytelling Games with Chris Stewart (TM) 7:30pm Edenforum: Dan Sherman – The Crazy World of the Marx Brothers(AUD)	<b>17</b> 9am Aqua Aerobics (P) 9:45am Morning Stretch (FS) 10:15am The Café at Brown's & Northern Central Railway Train Ride (RR) 10:30am Strength Training w/ Mary Ann (FS) 1pm Needle Arts (TM) 1-3 Npower Tech Support (AUD) (RR) 7:30pm Bingo (AUD)	<b>18</b> 9:45am Strength & Stretch (AUD) 10am–12:30pm Farm Stand (AUD) STARTING at 11:30am-Pride Month Cupcakes (Café) 11:30am-1:30pm Juneteenth Celebration (AUD) 2pm Meditation w/ Alex (FS) 2:30pm Core Blast (FS) 2:30-4pm Sewing Repair Service (AS) (RR) 4:30-6:30pm Grill on the Green Roof (Open Seating) 5pm Pop Up in Grille (RR) 7pm Sign-Language Class with Diane Rehling (TM) 7:30pm Edenforum: Ronald J. Daniels– Future of American universities (AUD)	<b>19</b> 11am-12:30pm Memoir Writing with Chris Stewart (TM) 12pm Baseball Themed Lunch & Video (AUD) 1pm Needle Arts (TM) 2:30pm Scrabble (Pub) 5pm Pop Up in Grille (RR) 7:30pm Foreign Movie: <i>Chocolat</i> (AUD)	<b>20</b> 9:45am Strength & Stretch (AUD) 10am Sign-Language Class with Diane Rehling (TM) 10:30am Shopping Bus #3 11am Brain Boosters (TM) 2pm Balance Training (FS) 3:00pm Shabbat Services with Rabbi Ben Shalva from Gilchrist (AUD) 5pm Pop Up in Grille (RR) 7:30 Chad Bowles (Piano) (AUD)	<b>21</b> 11am Sign-Language Class with Diane Rehling (TM) 1pm Pets On Wheels Visit 7:30pm Saturday Movie: <i>The Band's Visit</i> (AUD)
<b>22</b> 8:40am Outing: Church of the Nativity 9:30am Outing: Towson United Methodist Church & Towson Presbyterian Church 10:30am Outing: Central Presbyterian & Calvary Baptist Church 10:30am Catholic Communion (TM) <b>BRUNCH in VALLEY &amp; GRILLE</b> 11:30am-2:30pm <b>CAFÉ</b> -Regular Hours 3pm Sunday Worship Service with Minister Jack Danz (AUD) 7:30pm Sundays on Broadway: <i>A Chorus Line</i> (AUD)	<b>23</b> 9am Aqua Exercise w/ Kate (P) 9:45am Strength & Stretch (AUD) 10:30am Shopping Bus #4 11am Tai Chi with Eric (Zoom) 12:30pm Open Forum with Mark (AUD) 1pm Backgammon (TM) 1pm Rummikub (TM) 1:30pm Discussion Group (BR) 2pm Wellness Workout (FS) 2:30pm Documentary– <i>Alive Inside</i> (AUD) 3-4pm Jewelry Repair (AS) (RR) 4-5pm Writers' Café: Storytelling Games with Chris Stewart (TM) 7:30pm Trivia w/ Mandy (AUD)	<b>24</b> 9am Flower Arranging (PUB) 9am Aqua Aerobics (P) 9:30am Fort McHenry Museum & Gift Shop (RR) 9:45am Morning Stretch (FS) 10:30am Strength Training w/ Mary Ann (FS) 11am Medical Lecture w/ Steve Rothwell (AUD) 1pm Needle Arts (TM) 1:30pm Brain Health Presentation by Johns Hopkins School of Medicine (AUD) 2pm Balance Training (FS) 7:30pm Bingo	<b>25</b> 9:45am Strength & Stretch (AUD) 10am–12:30pm Farm Stand (AUD) 2pm New Comers Group (PDR) 2:30pm Core Blast (FS) 2:30-4pm Sewing Repair Service (AS) (RR) 4:30-6:30pm Grill on the Green Roof (Open Seating) 7pm Sign-Language Class with Diane Rehling (TM)	<b>26</b> 9am Aqua Aerobics (P) 9:45am Morning Stretch (FS) 10:30am Seated Yoga (FS) 11am-12:30pm Memoir Writing w/Chris S. (TM) 1pm Needle Arts (TM) 1pm Scenic Drive Through Loch Raven Reservoir & Prigel Family Creamery (RR) 2pm Seated Zumba (FS) 2pm Food Forum (AUD) 2:30pm Scrabble (Pub) 3pm Discussion Group w/ Monte & Friends (BR) 7pm Evening Yoga (FS) 7:15pm MaCCRA w/ Delegate Catherine Forbes (AUD)	<b>27</b> 9:45am Strength & Stretch (AUD) 10am Sign-Language Class with Diane Rehling (TM) 10:30am Shopping Bus #5 2pm Balance Training (FS) 3pm Play Reading Group (TM) 4pm Shabbat Services with Rabbi Floyd Herman (AUD) 7:30pm Under the Board Walk Party (RG)	<b>28</b> 11am Sign-Language Class with Diane Rehling (TM) 11am Dance for PD (Stroh) 1pm Pets On Wheels Visit 6:15pm Richard Rodgers & His Sounds of Music at Towson University (RR) 7:30pm Saturday Movie: <i>Children of a Lesser God</i> (AUD)
<b>29</b> 8:40am Outing: Church of the Nativity 9:30am Outing: Towson United Methodist Church & Towson Presbyterian Church 10:30am Outing: Central Presbyterian & Calvary Baptist Church 10:30am Catholic Communion (TM) 11:30am-2:30pm <b>CAFÉ</b> -Regular Hours 3pm Sunday Worship Service with Reverend Levon Sutton AUD) <b>BRUNCH in VALLEY &amp; GRILLE</b> 7:30pm Sundays on Broadway: <i>Wicked-Part I</i> (AUD)	<b>30</b> 9am Aqua Exercise w/ Kate (P) 9:45am Strength & Stretch (AUD) 10:30am Shopping Bus #6 11am Tai Chi with Eric (Zoom) 1pm Backgammon (TM) 1pm Rummikub (TM) 1:30pm Discussion Group (BR) 2pm Wellness Workout (FS) 2:30pm Reiki w/ Alex (FS) 3pm Ian McKellen's Masterful Tour De Force (AUD) 3-4pm Jewelry Repair (AS) (RR) 4-5pm Writers' Café: Storytelling Games with Chris Stewart (TM)					