

THE EDENTIMES

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Edenwald Senior Living

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Edenwald

Leadership



EDENWALD CONNECTIONS

When conversing with many current residents we were surprised to learn that quite a few had family members who had preceded them living here at Edenwald. Last month we asked that they send us information about these “Connections” to share in these 40th Anniversary articles in Edentimes. In this issue a few are published and the rest, in Part II, will appear next month. If you had other family members who lived here or at Greisenheim in prior years, please send some information to kitty.allen@verizon.net or put a note in my cubby #604.

PHYLLIS MANN

Forty years ago, Phyllis Mann’s parents, Herman and Erna Henschen, moved into assisted living having two rooms with a special door between, so we set one room up as a bedroom and the other as a living room. My aunt, Adelaide Wagner, moved into assisted living at the same time.

Again, forty years ago, my other relatives, Melvin and Ruth Brown, and Ernest and Mildred Johnson moved into independent living. They enjoyed playing cards and shuffleboard in the basement.

Each Christmas time there was a large model train layout in the lobby and the area festively adorned with poinsettias. Her father enjoyed the woodshop. We had lots of large family dinners in the second-floor party room.

JOHN AND CAROL ENGEL

John’s parents, Kitty and Billy Engel, were among the first residents to move to Edenwald when it opened in 1985, Apartment 1112. They had lived in the Ridgely Condos and oversaw the building of Edenwald. John’s father was very crippled with arthritis and could not get out very much. When they moved to Edenwald, they had a brand-new social life. They would invite people to their apartment for a drink before dinner and then go to the dining room with them for dinner, with gentlemen, of course, wearing a coat and tie. It opened a new world for both of them.

MARK BEGGS
President & CEO

REMI ACKERMAN
*VP of Finance and
Administration*

DAVID BROWN
*VP, Chief
Information and
Equity Officer*

LISHA GALLOWAY
*VP of Resident
Services and
Institutions of
Higher Education
(IHE)
Programming*

STEVE ROTHWELL
VP of Operations

DIANE
STINCHCOMB
*VP of Sales and
Marketing*

DAWN
TEELUCKSINGH
*VP of Human
Resources*

Eventually their health failed, and they moved into health care. Carol's parents, Jane and Bill Gault, moved into the same Apartment 1112 immediately after the Engels left. They also enjoyed cocktails before dinner with friends. Eventually her mother developed Alzheimer's and had to move to Stroh Hall. It was a very difficult time for her father. However, he had a group of men friends with whom he had dinner every night in the Garden Court (Café) that helped relieve stress for her dad.

During the time all of their parents were here, their son was a waiter in the dining room. His biggest joy was seeing his grandparents whenever he worked.

They came to see their parents every Tuesday night for 20 years. When they passed away John and Carol said they would probably never come to Edenwald again. However! "When it came time for John and I to look at retirement communities we didn't think for long. We knew Edenwald was where we wanted to be. We knew the staff to be the very best and so friendly. What we didn't know was that we would be offered the same apartment as both of our parents – Apartment 1112 – where all four of our parents had been."

"Edenwald really is a family affair for us. John's brother Bill and his wife Madolyn moved in before us and while Bill passed away before we came, we had the benefit of being with our sister-in-law Madolyn. It was a special time for us to be together with family."

"We also we had 7 friends here that we had known for over 50 years. We are happy to be here and so often think of our parents and brother and sister-in-law and their time here as well."

WILMA STARKEY

Wilma's son Chuck Starkey was kind enough to write this about his family's connections to Edenwald. "Both my mother's mother, Mildred Hatter, and her mother-in-law, Odo Starkey, were residents of Edenwald in the late 1990's-early 2000's. They each insisted on having apartments that overlooked the leafy Goucher College campus. Odo was very active in the Stoneleigh Garden Club for many years and was delighted that Edenwald did such a beautiful job with its landscaping and that she could have window boxes full of flowers on her balcony. As long-time widows, they loved living in a community where they had many friends and there were many activities, including bus trips, they could participate in. Wilma and her husband Lee enjoyed having them so close to them and so well cared for. So, when it came time for Lee and Wilma to move out of their house and all the upkeep, Edenwald was the obvious choice.

MARTY COTE

My Mom and Dad, Ginny and Larry Miles, moved to Edenwald in 1986. They quickly made friends and enjoyed entertaining in their new home. As Dad was blind, Mom stayed close to home but did enjoy playing bridge frequently.

Mom lived here for 19 years both independently and in assisted living. As Mom and Dad were so happy here, my husband, Chuck, and I followed in their footsteps in 2012.

PAT VOLKER

My 40 years at Edenwald have really flown by. I feel that I have been here for 40 years because my in-laws, Milton and Catherine Volker, moved here in November of 1985 and were here until 1984. My mother-in-law's cousin, Ruth Knox, moved here in 1987 and was here until 2011. My

husband Milton and I moved here in 2006. We have had a family member here continuously since Edenwald opened, so that is why I feel that I have been here for 40 years!

I have seen many changes over the years – too many to list. Some of the highlights were the crab feast, an annual event under a tent on the parking lot where the Terraces are now. We now have it in the garage on the 3rd floor. For dinner, you had to sign up and wait in the auditorium (the old one) and wait to be called after your entire party was present. The men had to wear jackets. No corduroy, jeans, t-shirts were allowed. Stroh Hall housed two people in a room. Unfortunately, my mother-in-law was in one of those for two years. I watched the Pat Martin room being built, and it was a beautiful dining venue for Stroh. It was where the rehab and medical offices are now. So many changes and all for the good.

Behind the front desk was a sitting area where the men would sit and kibbitz and smoke before we became a non-smoking facility. The beautiful chandelier hung in the lobby for residents and visitors to admire.

It has been a pleasure to watch Meghan Curtis mature from a teenage server in the dining room to the lovely, capable leader that she is today. If we don't know the answer or have a problem, we go to Meghan. We are so blessed to have her and all the wonderful employees. We are fortunate for the opportunities Edenwald provides our employees for growth. We have so many that have been here for a long time and that speak well for the administration.

It has been a pleasure to have been here for so long, and I look forward to being here a while longer to see the changes planned for the future.

There may be others of you with "Connections" to Edenwald in the past 40 years. If so, let me know. Kitty Allen – kitty.allen@verizon.net. Diane Stinchcomb tells me that as of early April, there are at least 15 names with current familial connections on the Priority list showing interest in Edenwald's expansion and six would be 3rd generation residents.

EDENFORUM **Question? See Mary G.**



Wednesday, June 4th at 7:30 p.m.

Jack Burkert: The Patapsco River: An Essential History

Jack Burkert is a Baltimore native who in retirement has used his energy and interest in "all things Baltimore" as a part-time educator at the Baltimore Museum of Industry as well as through his own consulting firm. He is a 1969 honors graduate with a degree in history and education from the University of Maryland. His working life was spent with the Baltimore City School system, the Pennsylvania State University, plus private employers in Washington and New York City. He will share with us the story of that river, from before the time of the Industrial Revolution and ocean-going ships calling at Elkridge Landing, through the trials of floods, then with an expanding industrial economy with the now major port forced to cope with growth, then major pollution. Large industries were established on the waterfront for riverfront access, people came and went on steamboats, while upstream, a new state park was created to protect the river offering recreational opportunities to the region's citizens. The river is the focus- its story and how it helped create a modern Baltimore region.

Monday, June 9th at 7:30 p.m.

Greg Jones: Actor, Playwright, Teacher

Area actor/playwright/teacher Greg Jones shares six decades' worth of tales as he reminisces about going from local theatre to dinner theater to summer stock to television and back again. Along the way, he encountered minor celebrities and major stars and has lived to tell the tale. Join Greg as he relates how the Mayflower Madam once screamed at him, how he wound up writing a musical featuring foam-rubber fish, and how, yes, he and his club acting partner became the opening act for Barry Manilow's mom. From the terrors of understudying a future Oscar nominee to the joys of sharing a concert stage with jazz greats Max Roach, Dizzy Gillespie and Miles Davis, Greg's career has zigzagged from the sublime to the ridiculous.



Wednesday, June 11th at 7:30 p.m.

Gerry Brewster: The Life of My Father

Gerry Brewster will talk about the life of his father, Senator Daniel Brewster. Mr. Brewster, a lawyer, has been a member of the Maryland Legislature, chair of the Maryland State Fair, among his accomplishments. He is also representing a book about his father and will be selling copies.

Monday, June 16th at 7:30 p.m.

Dan Sherman: The Crazy World of the Marx Brothers

Originally a group of five brothers, Harpo, Chico, and Groucho worked their way from stage to the movies in now-classic movies that include *Duck Soup* and *A Night at the Opera*. He will tell us how the brothers worked their way up and show some of their funniest routines on stage, along with Groucho's amazing verbal wit.



Wednesday, June 18th at 7:30 p.m.

Ronald J. Daniels: Future of American Universities

Ronald J. Daniels, J.D., President of Johns Hopkins University received his bachelor's and law degrees from the University of Toronto and a Master of Laws from Yale. Since 2009 he has served as the 14th president of Hopkins. He has been one of its most successful presidents, academically, financially, and locally for the Baltimore community. Under his leadership Johns Hopkins University is now ranked 6th in the United States by U.S. News and World Report, and it continues to be home to one of the world's leading hospitals and medical schools. Financially Daniels has been responsible for Hopkins' receiving billions of dollars in new support from generous donors for undergraduate education as well as for interdisciplinary research between members of its different schools. He has strengthened the University's ties to Baltimore with HopkinsLocal which hired hundreds of employees from within economically deprived neighborhood in the city. Hopkins is the largest private employer in the state of Maryland. He is speaking at a time when Universities are under attack. How can they respond? How will they respond?



WELCOME NEW RESIDENT MARSH KLAMNER

By Jerriann Wilson

Marsha Baum Klamner, a Baltimorean by birth, has returned to enjoy Edenwald's version of Baltimore. She's known resident Libby Wolff and some other residents for years. Marsha grew up on East Lanvale St., living above the grocery store her parents owned until they moved to Clarks Lane, near Reisterstown Plaza, when she was 11. Marsha went to Garrison Junior High School and Forest Park High School, graduating near the top of her class. She enrolled at the University of Maryland College Park, majoring in secondary education with a math minor and did student teaching at Milford Mill High School. She married Harvey Epstein, eventually a member of the Maryland House of Delegates, right after college graduation. They had a son, Michael, during their marriage and divorced after seven years.

In 1962 Marsha began her career at Social Security where she worked in several divisions, eventually serving as a Medicare health insurance specialist. In 1969 she married Samuel Klamner, whom she had met in a seventh-grade homeroom at Garrison Junior High School. They were reconnected by Sam's sister, Bunnie Maggid.

Sam was the owner of Shor Fair stores in Baltimore until the city took his buildings under eminent domain in 2005. During their marriage, they lived in Annapolis on Back Creek and Chesapeake Harbour. In between these places, they lived at Thames Point in Fells Point. Sam was an avid sailor, and they enjoyed sailing their 38-foot sailboat for 25 years. Eventually, Sam was confined to a wheelchair, and Marsha was his caretaker. He died in December 2024.

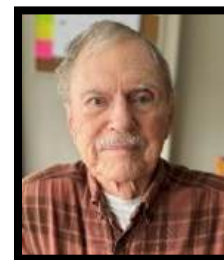
Marsha has two young adult granddaughters and feels lucky to have her son and daughter-in-law living nearby. She enjoys music and was active in the Southwest Florida Symphony Society for many years. For 32 years she had two Bichon Frise dogs, whom she dearly loved and still misses. She is looking forward to getting to know Edenwald residents and to participate in its activities. Marsha is a delightful conversationalist, and you will enjoy meeting her.



WELCOME NEW RESIDENTS ALLEN GOOD & MARTIN KRAMER

By Kitty Allen

Allen Good and Martin Kramer are recent move-ins to Tower 1511, taking it slow to become familiar with all Edenwald offers and how to get around.



Allen, who was born in Macon, GA, and later moved to Jacksonville, FL, found his way to Baltimore to attend the Peabody Conservatory of Music, earning both bachelor's and master's degrees in piano performance. Making a living as a musician is challenging, but he played some gigs and had private students. When communicating with mutual friends who attended Peabody and were also on the Baltimore School for the Arts faculty at the same time, I learned that Allen as a pianist "is incredibly knowledgeable about piano repertoire, was an outstanding teacher of piano and theory, and admired by many." Imagine how many lives he touched before retiring after 46 years on the faculty at BSFA!

Martin, a native of New Jersey, spent two years in the Peace Corp, meeting his wife there. Sadly, she passed away at an early age from cancer. He went on to study city planning at Rutgers University, then earned a graduate degree at Cornell. His career spanned many years as a Budget Management Analyst for Baltimore City government. Allen and Martin met through the Chesapeake Squares square dancing group. A little over 12 years ago after Maryland passed a referendum, they were

married in a courthouse with a family celebratory luncheon at Tio Pepe's. Before their move here, they lived in Charles Village.

WELCOME NEW RESIDENT ARLENE JACOBSON

By Susanne Emory

Arlene Jacobson grew up in the area called Hilltop, made famous by Barry Levinson movies. She attended Pimlico and Forest Park schools, graduating in 1963. She went to work at Hutzler's in their auditing department. Each day, she broke down the registers, and if there was a mistake, she had to find it down to the last dollar. She worked with 30 other women who liked to party and dance on Friday nights. Arlene attended the Maryland Institute of Art at night.



Bob Jacobson was studying at the University of Maryland Dental school when he met Arlene on a blind date. They went to Ocean City for the day. Arlene, a non-swimmer, was in the ocean when a large wave hit her from the back resulting in a broken toe. On their second date, they went to Gwynn Oak Park. At the top of the roller coaster, just as it was beginning to descend, Bob put his arm around her, she pitched forward, hit the safety bar, and broke her nose. In spite of a rough beginning, they were married a year and a half later. They have 2 daughters. One is a lawyer and the other has a PHD in Employee Assistance.

The first four years of their marriage were spent in the army, stationed at Ft Ord in California. They took advantage of their leave time to travel to Japan, Hong Kong and Thailand. After the army, they came back to Baltimore where Bob started his practice, and Arlene went to work for AAA, planning trips, doing the "Trip Tips" and making airline reservations. Later, she worked for Baltimore City Community College in their library for 30 years. She ordered supplies, worked with students for grants and did all the artwork in the library. At age 50, she decided to finish her degree. It took her 10 years, attending MICA at night, to complete her degree in Computer Art.

Bob died in 2016. Two years ago, Arlene was diagnosed with Parkinson's. She recently decided it was time to downsize and looked for a place with lots of activities and friendly people. She chose Edenwald, and lives in apartment 1013. Arlene likes to walk, read and watercolor. She also collects Lladro and American Brilliant glassware. Recently, she crossed off a "bucket list" item with a cruise to Canada and Alaska with a daughter and granddaughter.



WELCOME NEW RESIDENT MARCIA ESTERMAN

By Debra Furchgott

Lovely Marcia Esterman has lived at Edenwald for almost a month. She knows a good place when she sees one. After selling her home in North Bethesda, Maryland, she moved to a senior living facility nearby. Oh, what a shock! Not what she expected. When one of her 4 sons, who lives in our area, found Edenwald, Marcia moved in without even seeing the apartment. It's a lovely new home filled with the treasures of a lifetime and decorated in a very nice taste. Marcia is beginning to join the rhythms of Edenwald. Most late

afternoons find her enjoying a glass of wine at the Pub with new friends. She enjoys the evening lectures, the entertainment and bingo and attends them regularly. She is looking forward to participating in much more that Edenwald has to offer. After owning a needlepoint shop in Pikesville and serving as a dedicated volunteer for over 20 years at Strathmore Mansion and Music Center in Rockville, Marcia Esterman is now enjoying retirement at its finest at Edenwald Senior Living. Good luck Marcia.

PRIDE MONTH

CELEBRATE THE FREEDOM OF LOVE

Wednesday, June 18

Celebrate and wear your Pride clothing/colors!

Grab a cupcake in the Café starting at 11:30am!



A Brain Health Program

MIND YOUR MIND
Exercises to Challenge your Mental Abilities

TOPIC: COMMUNICATION

- ◆ Listening Carefully
- ◆ Expanding Vocabulary
- ◆ Following & Giving Directions



Date: Wednesday, June 11th

Time: 2:45 PM—3:45 PM

Place: Private Dining Room

For more information please contact:

Lisa Clerman at 410-339-6146 Lclerman@edenwald.org

New Weekly Brain Health Program

BRAIN BOOSTERS



Meeting Details:

11:00AM- 11:45AM June 20th
Terraces All Purpose Room

Upcoming weekly program presentation will cover the following:

- Importance of cognitive challenges
- Overview of activities designed with brain boosting in mind
- Opportunity to try some activities too.
- Questions and Answers

SUBSCRIPTION SERIES

Thursday, June 5th

Departs at 6:30pm

BSO

Bronfman Plays Beethoven

Friday, June 6th

Departs at 6pm

Everyman

The Mystery of Irma Vep

Friday, June 13th

Departs at 7pm

BSO

Heyward Conducts Verdi's Aida

UPCOMING EVENTS & LIVE MUSIC

Mondays, Every Week: Jewelry Repair at 3-4 pm in Tower 1205

Joel Berman, our resident jeweler, will work his magic on your items to be repaired. Due to safety issues, we can only allow space for 6 people to sign up. Sign-up in the Registration Book under Resident Groups. We cannot accommodate walk-ins. To protect your treasure, please do not give Joel your items outside of these hours. Funds go to support our Art and Craft programs. Limit is two items and CASH ONLY.

Monday, June 2nd: Shakespeare Play: King Lear at 1:30pm- AUD

King Lear is called the 'Everest' every Shakespearean actor must climb to be labeled 'great.' Here, the award-winning director Trevor Nunn and the legendary Ian McKellen have produced a 'Lear' which has enraptured audiences worldwide.

Proposing to divide his vast kingdom amongst his three daughters, Goneril, Regan and Cornelia, Lear devises a test for his offspring to convince him of their suitability and compassion for rule. As the scheme unfolds, Goneril and Regan's true colors emerge, uncovering a vast conspiracy of greed and cruelty within the once loyal dynasty.

Tuesday, Every Week: Bingo at 7:30pm- AUD

Do you feel lucky? Well, try your luck at Bingo on Tuesdays in the Auditorium. You never know. You may walk away a WINNER!

Tuesday, June 3rd: Opera on Demand- Der Fliegende Hollander 2-4:30pm – AUD

In this high definition "scratch taping," celebrated conductor Valery Gergiev is on the podium for Wagner's breakout operatic masterpiece, an eerie ghost story about the otherworldly Flying Dutchman. Having already sung several of the composer's works at the Met, bass-baritone Evgeny Nikitin delivers a commanding performance in the title role, opposite soprano Anja Kampe in her debut season as Senta. The thrilling cast also stars tenor Sergey Skorokhodov as Erik, bass Franz-Josef Selig as Daland, mezzo-soprano Mihoko Fujimura as Mary, and tenor David Portillo as the Steersman.

*Wednesdays, Sewing Repair Service from 2:30-4pm – Tower 1205. **Registration Required.***

Farzana does beautiful and affordable work. Let's continue this service by signing up in the Registration Book under Resident Services (way in the back of the book). Cash or check made payable to the Residents' Association. Prices are listed in the Registration Book.

Wednesday, June 4th: Ask the RA Prez Meeting at 3pm- AUD

Have questions but don't know who to ask? Want more information about upcoming events, Residents' Association Committees, or Edenwald processes? Come to this informal meeting with Floyd Herman, Edenwald's RA President.

Thursday, June 5th: Smores and More Father's Day Event at 7:30pm- 5th Floor Roof

In honor of our fathers, we are hosting a Smores and More party on the 5th Floor Roof. There will be Smores, Trail Mix, Cinnamon Cider and Beer to enjoy while listening to live music by Bob Brotto. If it rains this event will be moved to the auditorium.

Friday, June 6th: Monthly Wine Tasting at 4:30pm- AUD

Mingle with your friends while exploring the world of wine, one sip at a time. Join us on the first Friday of every month as we sample wines from around the world and local/regional wines. All are welcome!

Monday, June 9th: URC Updates with Mark at 12:30pm- AUD

Join Mark on the second Monday of the month as he answers your questions and concerns!

Monday, June 9th: Documentary F for FAKE at 3pm- AUD

Trickery. Deceit. Magic. In Orson Welles free-form documentary F for Fake, the legendary filmmaker (and self-described charlatan) gleefully engages the central preoccupation of his career-the tenuous line between truth and illusion, art and lies. Beginning with portraits of world-renowned art forger Elmyr de Hory and his equally devious biographer, Clifford Irving, Welles embarks on a dizzying cinematic journey that simultaneously exposes and revels in fakery and fakers of all stripes-not the least of whom is Welles Himself. Charming and inventive, F for Fake is an inspired prank and a searching examination of the essential duplicity of cinema.

Tuesday, June 10th: Medical Lecture with Meghan Curtis at 11am- AUD

Meghan Curtis, Director of Care Management, will be giving a presentation on the medical services for Independent Living Residents at Edenwald. Services that are provided to residents as well as services residents can access if they choose will be presented.

Friday, June 13th: RA Meeting/Town Hall at 1:30pm- AUD

Beginning at 1:30 pm in the Auditorium, the RA holds its monthly meeting to inform residents of changes or address concerns. All are welcome to attend or view the meeting on channel 971. Following the RA meeting, Mark Beggs will present his town hall.

Friday, June 13th: David Pedraza & Annya Nizhegorodsteva (Viola & Piano) at 7pm- AUD

Welcome David and Annya back as they play classical music on the Viola and Piano.

Monday, June 16th: Documentary Film: Glen Campbell I'll Be Me at 2:30pm- AUD

In 2011, music legend Glen Campbell set out on an unprecedented tour across America. They thought it would last 5 weeks, instead it went for 151 spectacular sold out shows over a triumphant year and a half across America. What made this tour extraordinary was that Glen had recently been diagnosed with Alzheimer's disease. He was told to hang up his guitar and prepare for the inevitable. Instead, Glen and his wife went public with his diagnosis and announced that he and his family would set out on a "Goodbye Tour." **RUNNING TIME: 1 hour 56 minutes**

The film documents this amazing journey as he and his family attempt to navigate the wildly unpredictable nature of Glen's progressing disease using love, laughter and music as their medicine of choice. **RUNNING TIME: 1 hour 45 minutes**

Tuesday, June 17th: Npower Tech Support at 1-3pm- AUD

Need help accessing programs online? Want free tech professionals' help but don't know where to turn? Npower Community Helpdesk is here for you. We provide free tech support to those in the greater Baltimore area. Our tech professionals are here to help you navigate your most challenging computer and tech issues. Due to interest in this program, please sign up in the registration book under the in-house programs. There will be 20-minute slots & a waitlist.

Thursday, June 19th: Baseball Themed Lunch and Video 12pm- AUD

Let's celebrate all our dads like we are at the ballpark! We will be watching vintage footage from the 1966, 1970 and 1983 world series while enjoying those ballpark favorite foods, like hot dogs and popcorn. Who knows; there may even be a special bird that will make an appearance and take pictures with us!

Thursday, June 20th: Chad Bowles (Piano) at 7:30pm- AUD

American pianist Chad R. Bowles has performed hundreds of solo recitals across the United States, in Canada, and Europe. Commanding an unusually vast repertoire and an effortless technique, his performances of the standard as well as forgotten repertoire have brought him great respect and admiration from both critics and the public alike. His deep understanding of both well-loved masterpieces and overlooked gems allows him to create programs that surprise and move his listeners, drawing them into the experience of classical music in a way that feels fresh and personal. He possesses an uncanny ability to play just about anything, from the elegance of Haydn to the fire of Liszt, with clarity and expressiveness that make even the most demanding work feel immediate and engaging.

Monday, June 23rd: Open Forum with Mark at 12:30pm- AUD

Join Mark on the fourth Monday of the month as he answers your questions and concerns!

Monday, June 23rd: Alive Inside Documentary at 2:30pm- AUD

Alive Inside is a joyous cinematic exploration of music's capacity to reawaken our souls and uncover the deepest parts of our humanity. Filmmaker Michael Rossato-Bennett chronicles the astonishing experiences of individuals around the country who have been revitalized and awakened by the simple act of listening to the music of their youth. **RUNNING TIME: 1 hour 18 minutes**

Monday, June 23rd: Trivia with Mandy at 7:30pm- AUD

Mandy makes her trivia sessions unique to each place, person and event. Rounds, Questions, Baits & Hook Challenges are personalized every session. It combines elements of general pub trivia, family feud, puzzle solving, and much more. She aims to please the demographic she hosts even down to the music she chooses to play. Come test your knowledge while having some fun with friends.

Monday, June 24th: Medical Lecture with Steve Rothwell at 11am- AUD

Steve Rothwell, VP of Operations, will be giving a presentation on Stroh Hall. Stroh Hall is Edenwald's skilled rehab unit and Long-Term Care Nursing Unit. Come and learn about the services of the unit and how Medicare can play a role in your stay.

Tuesday, June 24th: Brain Health Presentation at 1:30pm- AUD

A brain healthy lifestyle matters for healthy aging. John Hopkins School of Medicine will give a presentation on brain health and there will be time for Q and A. The presentation will address the following: Overview of normal age-related memory changes and types of Dementia, what is a Brain Healthy Lifestyle, lifestyle factors that impact brain health, importance of research and getting involved, and national and local resources.



Friday, June 27th: Under the Board Walk Party at 7:30pm- 5th Floor Roof Top

Our 40th celebration event this month is our Board Walk theme party on the 5th Floor Roof. Come see photos taken at the 30th Board Walk celebrations. You may recognize some of your friends in these photos. We will also have a photobooth for new photos, have a DJ and light refreshments. Beach wear is encouraged.

Monday, June 30th: Ian McKellen's Masterful Tour De Force at 3pm- AUD

Alone on stage, without props or costumes, distinguished actor Ian McKellen performs some of Shakespeare's most striking monologues and offers his own personal anecdotes about life in the theater. From Henry VI to Macbeth, McKellen demonstrates the incredible universality of Shakespeare's plays with wit and humor-skillfully revealing the actor behind the writer in this celebrated one-man show.

MONTHLY MOVIES: Saturday Movies in Auditorium at 7:30pm

Questions? See Joel B.



Saturday, June 7th: "The Best Exotic Marigold Hotel" (2012)

This movie follows a group of British retirees who travel to India to live in a newly restored hotel. Despite the hotel's less luxurious appearance, they discover that it can charm in unexpected ways. The film explores the lives of seven elderly Britons, each with their own unique story and reasons for moving to India. As they navigate the challenges of their new life, they find new purpose and companionship, leading to a series of humorous and heartwarming events.

Starring: Judi Dench, Maggie Smith, Dev Patel, Bill Nighy, Tom Wilkinson

Running Time: 2 hours 4 minutes

Saturday, June 14th: "Something the Lord Made" (2004)

American made-for-television biographical drama film that tells the story of Vivien Thomas, a black cardiac pioneer, and his white surgeon Alfred Blalock, who is known as the "Blue Baby doctor." The film is based on the National Magazine Award-winning article "Like Something the Lord Made" by Katie McCabe. It depicts the 34-year partnership that begins in Depression Era Nashville in 1930 when Blalock hires Thomas as an assistant at his Vanderbilt University lab. Despite Blalock's expectations, Thomas' remarkable manual dexterity and intellectual acumen make him indispensable as a research partner.

Starring: Alan Rickman, Mos Def, Kyra Sedgwick, Gabrielle Union, Mary Stuart Masterson

Running Time: 2 hours



Saturday, June 21st: "The Band's Visit" (2007)

This movie follows the story of the Alexandria Ceremonial Police Orchestra, a band from Egypt, who find themselves stranded in a remote village in Israel due to a transportation mix-up. The band's leader, Tewfiq, a stern conductor, instructs the band to take the bus instead of the van they were meant to use. The band arrives in Beit Hatikya, where they encounter the locals, including Papi, a young café employee, and Itzik, an aimless married man. The band members and the townspeople interact, and the universal language of music helps to bridge the gaps and create meaningful connections. The film explores themes of understanding,

friendship, and self-discovery, highlighting the importance of music in bringing people together.

Starring: Sasson Gabay, Sharone Sayegh, Bill Army, David Yazbek, Jonathan Raviv

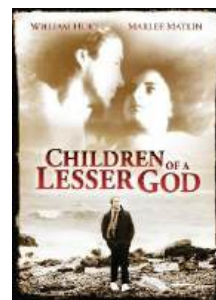
Running Time: 1 hour 27 minutes

Saturday, June 28th: "Children of a Lesser God" (1986)

Children of a Lesser God is a love story about a speech teacher who falls for a beautiful yet distant deaf girl in a small New England school for the deaf, and the obstacles that they face due to their differences.

Starring: Marlee Matlin, William Hurt, Piper Laurie, Allison Gompf, John F. Cleary

Running Time: 2 hours



Thursday Foreign Movie- Auditorium at 7:30pm

Thursday, June 19th: "Chocolat" (2000)

This is a romance film, based on the 1999 novel *Chocolat* by the English author Joanne Harris, directed by Lasse Hallström. Adapted by screenwriter Robert Nelson Jacobs, *Chocolat* tells the story of Vianne Rocher, played by Juliette Binoche, who arrives in the fictional French village of Lansquenet-sous-Tannes at the beginning of Lent with her six-year-old daughter, Anouk. She opens a small Chocolaterie. Soon, she and her chocolate influence the lives of the townspeople of this repressed French community in different and interesting ways.

Starring: Johnny Depp, Juliette Binoche, Lena Olin, Alfred Molina, Judi Dench

Running Time: 1 hour 33 minutes

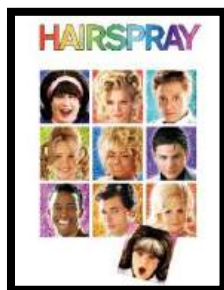


Sundays on Broadway- Auditorium at 7:30pm

Questions? See Arlen

We are showing MOJOs 20 best musical in descending order.

*#12 Hair Spray, #11 Sweeney Todd, The Demon Barber of Fleet Street, #10 Rent,
#9 A Chorus Line, #8 Wicked*



Sunday, June 1st: #12 "Hairspray" (2007)

In 1960's Baltimore dance-loving teen, Tracy Turnblad auditions for a spot on "The Corny Collins Show" and wins. She becomes an overnight celebrity, a trendsetter in dance, fun and fashion. Perhaps her new status as a teen sensation is enough to topple Corny's reigning dance queen and bring racial integration to the show.

Starring: Nikki Blonsky, John Travolta, Christopher Walken and Queen Latifah

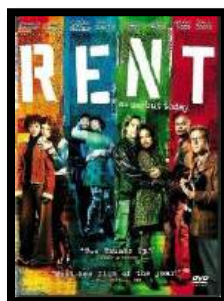
Running Time: 1 hour 57 minutes

Sunday, June 8th: #11 "Sweeney Todd, The Demon Barber of Fleet Street" (2007)

Evil Judge Turpin lusts for the beautiful wife of a London barber and transports him to Australia for a crime he did not commit. Returning after 15 years and calling himself Sweeney Todd, the now mad-man vows revenge, applying his razor to unlucky customers and shuttling the bodies down to Mrs. Lovett, who uses them in her meat pie shop. Though many fall to his blade, he will not be satisfied until he slits Turpin's throat.

Starring: Johnny Depp, Helena Bonham Carter and Alan Rickman

Running Time: 1 hour 56 minutes



Sunday, June 15th: #10 "Rent" (2006)

Rent follows a year in the life of a group of impoverished young artists and activists dealing with poverty, health issues and social injustice. The story begins on Christmas Eve 1989, Mark Cohen an aspiring filmmaker, is the show's narrator. Set in New York City's gritty East Village

Starring: Anthony Rapp, Jesse Martin, Adam Pascal, Idina Menzel

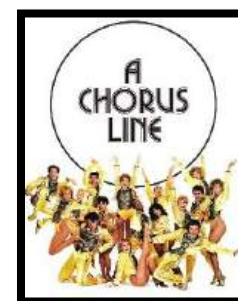
Running Time: 2 hours 15 minutes

Sunday, June 22nd: #9 "A Chorus Line" (1985)

Hundreds of hopefuls congregate at cattle call for Broadway dancers. A sour director and his brusque assistant whittle down the ranks until they are left with 16 dancers. All tell their life stories-some tragic, some comic-and explain their love of dance. Tension mounts when Cassie-once both a big star and the director's lover but now desperate for a part. She auditions but Zach much choose only the best for his show.

Starring: Michael Douglas, Alyson Reed, Tony Fields, Pam Klinger

Running Time: 1 hours 53 minutes



Sunday, June 29th: #8 "Wicked-Part I" (2024)

Focusing on the back stories of characters first introduced to the screen in The Wizard of Oz, it centers on serious Elphaba who eventually becomes the green-skinned Wicked Witch of the West, and her unlikely friendship with flighty good-witch-to-be Galinda.

Starring: Ariana Grande, Cynthia Erivo, Jonathan Bailey, Ethan Slater

Running Time: 2 hours 40 minutes

RELIGIOUS SERVICES

Shabbat Services

Questions? See Jack K or Floyd H

2nd and 4th Friday at 4pm AUD

Kabbalat Shabbat at Edenwald is an experience hosted by Cantor Ginsberg & Rabbi Herman. It begins as congregants gather with friends, bid farewell to the week that has passed, reconnect with one another and welcome Shabbat with joyous songs.

3rd Friday at 3pm AUD

Shabbat Services is hosted by Rabbi Ben Shalva from Gilchrist.
He will be sharing his musical talents during each service.

Bible Study

Questions? See Tom M

There will be no Bible Study for the months of June.

The group is led by Tom & Sherry Morell.

Please contact them with any questions or comments. 443-465-1864.

Sunday Worship Service

Questions? See Beverly D or Katie B

3pm Auditorium

Sunday, June 1st: Dr. Emora Brannan

Sunday, June 8th: Pastor Michael Ritt

Thursday, June 15th: **NO SERVICE**

Sunday, June 22nd: Minister Jack Danz

Sunday, June 29th: Reverend Levon Sutton

Sunday Morning Transportation to Local Churches

Please wait in the Tower Lobby at least 10 minutes before your departure.

8:40am: Church of the Nativity

9:30am: Towson United Methodist Church & Towson Presbyterian

10:30am: Central Presbyterian & Calvary Baptist Church

Catholic Communion

Immaculate Conception hosts 10:30am Communion in the Terraces Multipurpose Room every Sunday.

The Bookmobile

Friday, June 6th

from 1:45pm-3pm

Please feel free to drop off any Book Club books in Tina's office.

There is a gray bin on the floor that is labeled!

NEW IN THE LIBRARY

Questions? Contact Jean J.

FICTION

Baldacci, David	<i>Strangers in Time</i>
Hartnett, Annie	<i>The Road to Tender Hearts</i>
Knapp, Florence	<i>The Names</i>
Weiner, Jennifer	<i>The Griffin Sisters' Greatest Hits</i>

MYSTERY

Bauer, Belinda	<i>The Impossible Thing</i>
Hegarty, Louise	<i>Fair Play</i>
Kidd, Jess	<i>Murder at Gulls Nest</i>

NON-FICTION

Henry, Belinda	<i>Enough is Enuf: Our Failed Attempts to Make English Easier to Spell</i>
Hutchinson, Alex	<i>The Explorer's Gene: Why We Seek Big Challenges, New Flavors, and the Blank Spots on the Map</i>
Kendzior, Sarah	<i>The Last American Road Trip: A Memoir</i>



EDENWALD BOOK CLUB

Tuesday, June 10th at 7:30pm in the Terrace Multipurpose Room

Knife: Meditations After an Attempted Murder by Salman Rushdie

NATIONAL BOOK AWARD FINALIST • #1 NATIONAL BESTSELLER • From Booker Prize winner Salman Rushdie, a searing, deeply personal account of enduring—and surviving—an attempt on his life thirty years after the fatwa that was ordered against him.

A BEST BOOK OF THE YEAR: *The New York Times Book Review, The New Yorker, Time, NPR, Town & Country, New York Post, Chicago Public Library, Kirkus Reviews*

On the morning of August 12, 2022, Salman Rushdie was standing onstage at the Chautauqua Institution, preparing to give a lecture on the importance of keeping writers safe from harm, when a man in black—black clothes, black mask—rushed down the aisle toward him, wielding a knife.

Knife is Rushdie at the peak of his powers, writing with urgency, with gravity, with unflinching honesty. It is also a deeply moving reminder of literature's capacity to make sense of the unthinkable, an intimate and life-affirming meditation on life, loss, love, art-and finding the strength to stand up again.

HAPPY FATHER'S DAY!

**MAY YOU FEEL AS LOVED AS
YOU MAKE OTHERS FEEL!**

DAD,
Your guiding
HAND ON MY
SHOULDER WILL REMAIN
WITH ME forever.

DAD
★ A SON'S ★
FIRST
HERO
A DAUGHTER'S
FIRST
LOVE

“
Any man can
be a father,
but it takes
someone special
to be a dad.”

ANNE GEDDES

Edenwald Fitness & Wellness

Our active series trip for the month of June is on Tuesday, June 3rd to the NCR Trail, followed by a visit to Snoasis for snowballs! This trip is rated easy/moderate. Departure time is 12:45pm. Grab your lunch early and join us for a hike along the NCR. We expect to return at approximately 2:45pm. If parking is available, we will enter the trail off Ashland Road. Sign up in the registration book under 'Wellness.'

Alex Dull will return for another Massage Session on June 10th from 1:30-3:30pm. There are twelve 10-minute slots available. Sign up today!

Evening Yoga will now be held on Thursday nights only, at 7pm.

We are now offering 3 aqua exercise sessions in the pool. See the schedule below:

Mondays 9:00AM Aqua Exercise w/Kate

Tuesdays 9:00AM Aqua Aerobics w/Gretta

Thursdays 9:00AM Aqua Aerobics w/Gretta

Fit Tip of the Month: June is Men's Health Month! According to a recent study by the Cleveland Clinic, close to 60 percent of men don't regularly see a doctor, going only when they are seriously ill. The survey found that only three in five men get annual physicals and nearly half of the 500 men surveyed said their health is simply something they don't talk about! Go to the doctor guys! Prioritize your annual physical, dental exams and vision screenings.



Fitness Center: Monday-Sunday Open 24/7

Aquatic Center: Monday-Friday 8:00am-12:00pm, 1:00pm-4:00pm

Saturday/Sunday 8:00am-12:00pm

Amy DeMaine: Wellness Manager

410-616-8833/ademaine@edenwald.org

TRAVELING IS ALWAYS BETTER WITH FRIENDS!

Bomboy's Ice Cream in Havre de Grace



Hillwood Estate Museum in DC



EDENWALD RESIDENTS ALWAYS LOOKING FASHIONABLE

Taylor Marie Fashion Show



TRIPS AND TRAVEL

Questions? Contact Tina

ALL trips will depart from the Tower Lobby. Please arrive at least 15 minutes prior to the departure time listed. More information about each trip is located in the Registration Binder, including sign-up sheets. Feel free to pack a bag to leave on the bus, water bottles, snacks, or a cushion! ALWAYS bring your photo ID.



Thursday, June 5th Watermark Tour Baltimore

Bus Departure: 12:50pm / Estimated Return: 3:30pm

Difficulty Rating: Easy/Moderate/ Total Cost: \$25

Last Day To Sign-Up or Cancel Without Being Charged was: Sunday, May 18th

Limited- 17 residents

The best way to see Baltimore! Join us for a 45-minute narrated sightseeing cruise through the city's vibrant Inner Harbor. Discover the rich history behind Baltimore's waterfront renaissance and explore the unique stories of Charm City. As you cruise, you'll pass iconic neighborhoods like Federal Hill, Locust Point, Canton, Brewers Hill, Fells Point, and Harbor East. Sightseeing along the way includes notable landmarks such as Fort McHenry, the famous Domino Sugar sign, Under Armour headquarters, and much more.



Tuesday, June 10th Lunch & Vintage Car Collection at Two Waterfront Annapolis Homes

Bus Departure: 9:30am / Estimated Return: 4pm

Difficulty Rating: Easy/Moderate/ Total Cost: \$25 (This includes Eddie Supermarket box lunches. Please choose from lunch options listed in the registration book.)

Last Day To Sign-Up or Cancel without being charge: Wednesday, June 4th

Limited- 17 residents

Join us for a fun filled day in Annapolis! Larry and Dudley first attended the Barrett-Jackson Car Auction held in Scottsdale, Arizona in 2005. They have been attending for 20 years and collecting cars. We will be going to their Annapolis waterfront homes with special garages to view their collections. Then we will be able to enjoy our lunches from Eddies on their patios overlooking Rideout Creek. Complimentary Cigars for the men or women will end the day enjoying them in the 1790 brick smokehouse. What a fun way to celebrate our men for Father's Day.



Thursday, June 12th Burning Bridge Antique Market & Turkey Hill Experience

Bus Departure: 9am / Estimated Return: 3:15pm

Difficulty Rating: Easy/Moderate/ Total Cost: \$30 +
(Bring Your Own Lunch or \$15 Box Lunch from Kitchen)-
charged on your Edenwald food account)

Last Day To Sign-Up or Cancel Without Being Charged was: Wednesday, May 21st

Limited- 17 residents

Burning Bridge Antique Market, one of the most exciting and innovative antiques markets in the area. Browse over 200 vendors & thousands of consignors offering a diverse mix of fine antiques and collectibles at competitive prices.

After browsing and shopping for antiques we will visit Turkey Hill. The Turkey Hill Experience features interactive exhibits allowing you to create your own virtual ice cream flavor, package, and commercial. Enjoy plenty of unlimited samples of iced teas and ice cream all while learning about Turkey Hill's history and how our products are made. You will enhance your experience by making your own unique flavor of ice cream in our lab.



Tuesday, June 17th

The Café at Brown's & Northern Central Railway of York Steam Train Ride

Bus Departure: 10:15am / Estimated Return: 3:30pm

Difficulty Rating: Moderate/Total Cost: \$35 + Whatever you spend on lunch (Separate Checks)

Last Day to Sign-Up or Cancel without being charged was: Monday, May 12th

Limited- 17 residents

Enjoy a meal at your leisure at the Brown's Café, which features a menu of homestyle favorites, including sandwiches, soups, and salads-all made with fresh, local ingredients. Separate checks will be provided. You will then have time to browse the farm's market. You'll find a variety of seasonal fruits and vegetables, homemade treats like apple cider donuts and whoopie pies, fresh deli items, and more. There's also a gift shop and greenhouse with seasonal plants and décor to explore.

After Brown's we will head to Northern Central Railway, an excursion railroad that makes time travel possible! It's an authentic experience where you can meet presidents and generals, experience the Wild West, enjoy the spirit of the season any time of year and literally ride along the very rails that helped build and save our nation!



Tuesday, June 24th

Fort McHenry Museum & Gift Shop

Bus Departure: 9:30am / Estimated Return: 12:30pm

Difficulty Rating: Easy to Difficult (If you decide to walk the fort).

Total Cost: Museum is Free. If you want to walk the fort \$15. You pay that day in the Gift Shop.

Last Day To Sign-Up or Cancel: Monday, June 16th

Limited- 17 Residents

Explore the birthplace of the American National Anthem! This site offers free entry into the museum. During this self-guided tour visitors to Fort McHenry National Monument and Historic Shrine will have the opportunity to see a movie in the visitor center that shares the park's history. In each room located in the museum, you will find staff willing to answer any questions you may have about the displays. There is also a gift shop you can explore. If you want to explore the fort, there is a \$15 entry fee which you can pay in the gift shop. If you have a Fort National Park Pass-FREE.



Thursday, June 26th

Scenic Drive Through Loch Raven Reservoir & Prigel Family Creamery

Bus Departure: 1pm / Estimated Return: 4pm

Difficulty Rating: Easy/ Total Cost: Whatever you buy

Last Day To Sign-Up or Cancel: Wednesday, June 18th

Limited- 18 Residents

Sit back and enjoy a scenic ride through Loch Raven Reservoir and Long Green Valley on our way to enjoy some delicious homemade ice cream. Prigel Family Creamery pride themselves on their creamy & delicious ice cream, but they have more to offer! Pick up milk, cheese, grass fed beef, pasture raised pork and more! If we are lucky, we may be able to witness the daily ritual of the cows crossing the road on their way to be milking parlor.



Saturday, June 28th

Richard Rodgers & His Sounds of Music at Towson University

Bus Departure: 6:15pm / Estimated Return: TBA

Difficulty Rating: Easy/ Total Cost: \$16

Last Day To Sign-Up or Cancel was: Wednesday, May 21st

Limited- 18 Residents

Writer, director, and star of this musical extravaganza, Carolyn Black-Sotir and guest artists tenor Min Jin, baritones Phillip Collister and Jason Widney, sopranos Lori Hultgren and Leah Inger, along with pianist Tim McReynolds, bassist Tom Baldwin, and drummer Frank Russo pay tribute to the life and works of genius Broadway composer/producer Richard Rodgers. This extraordinary theatrical concert presents Rodgers's musical classics as well as reimagined interpretations of his theatre songs. While celebrating the sheer beauty and genius of his music, this multi-media performance reveals the stories behind the music and delves into Rodgers's collaborations with Lorenz Hart and Oscar Hammerstein.



LEARN MORE ABOUT BALTIMORE

by Fran Wagner

Residents who have come to live at Edenwald from other parts of the country or even our state often wonder how they can learn more about Baltimore our “city of neighborhoods”.

About Baltimore Heritage: Baltimore Heritage is a nonprofit organization dedicated to saving historic buildings and revitalizing neighborhoods. We celebrate the stories of our city's people and places through tours and education. We support homeowners and neighborhood organizations as they work to preserve and restore their homes and local landmarks. There are over 350 of these 5 minutes histories to enjoy at your own pace. Just click on this link to enjoy these short but very interesting stories -- <https://baltimoreheritage.org/five-minute-histories-explore-baltimore-virtually/>. Another way to access these histories is to Google “Baltimore Heritage 5 Minute Histories”. After watching these wonderful videos, you will be a Baltimore “native” in no time!

Calling All Talent!

**The Spotlight's Getting Crowded — Nearly 10 Talents
Already Signed Up! Will YOU Be Next?**

To celebrate Edenwald's 40th Anniversary, we want to showcase the incredible talent within our community!

Join us for a fun and festive talent show where staff and residents are encouraged to step into the spotlight.

Whether you're a seasoned performer or just want to have some fun, this is your moment to shine. All talent types are welcome – singing, dancing, music, comedy, poetry, magic, or something unique!

The talent show will be at 2:30pm on Thursday, August 7th.





June MaCCRA meeting speaker, Delegate Forbes.

Delegate Catherine Forbes, District 43b, Maryland legislature, is scheduled to speak at the June 26 meeting of the Edenwald chapter, Maryland Continuing Care Residents Association. Delegate Forbes always does an excellent summation of the many issues considered by the Legislature each year.

Her address will be preceded by the business meeting, which will start at 7:15 pm. The business meeting will include the secretary's report, treasurer's report, president's report, followed by election of the officers for the fiscal year starting July 1. All residents of Edenwald are encouraged to attend.

Bob Gayler, President Edenwald MaCCRA

Message from Edenwald Scholarship Committee:

IN THEIR OWN WORDS

Perhaps you are wondering why some of our employees want (or need) an Edenwald Scholarship, here are excerpts from thank you notes I received for you to consider as you ponder contributing to this year's awards.

- To Edenwald Scholarship Fund donors: I am writing to express my gratitude for receiving an Edenwald Scholarship. I am currently a biotechnology major at Harford Community College, and will be transferring to the University of Maryland, Baltimore County next semester for their transitional Life Sciences Technology program. This scholarship has allowed me to fully focus on my studies without worrying about the financial burden of it. Thank you again. Hannah DeMaine
- Thank you so much for your contribution to the Edenwald Scholarship Fund in memory of my mother. Your donation was incredibly thoughtful. Her work on the Scholarship Board throughout her years at Edenwald was particularly important and meaningful to her, as I'm sure it is for you as well. Joan Drachman

FOR THOSE CONSIDERING A DONATION OF STOCK to

the Edenwald Scholarship Fund, Inc.

If you use Vanguard for your investments, tell them to transfer the assets to
Brokerage Account 63771081

If your investments are elsewhere, the Vanguard DTC is 0062

The account is 63771081 and our official name is Edenwald Scholarship Fund, Inc.

It will be important that you let us know that you have made this transaction because your broker does not give us the name of the donor.

**Questions? Please contact Ann Breihan, Treasurer, 410-599-7895 –
annbreihan@gmail.com**

The Scholarship Fund Really Matters

AMY DEMAINE WELLNESS MANAGER

“I never could have done what I’ve done without the help of Edenwald Residents; they’ve changed my life.”

Some of what Amy DeMaine does as Wellness Manager is out there for all to see: Three mornings each week she mounts the stage and leads an exercise class of up to 50 Octo-and Nonagenarians, who perform the routines “in sync” to Motown golden oldies.

She is a Certified Personal Trainer, a Certified Group Exercise Instructor and a Certified Senior Fitness Specialist. As a Personal Trainer she works with individual residents to design exercise programs that address their special needs. She works with the Assisted Rehab team and brings in guest instructors for yoga, meditation and Reiki. She also partners with Towson University’s Kinesiology Department and involves Edenwald residents in curriculum development and senior research programs.

Amy will be with Edenwald four years in June and applied for scholarship funds for certifications in her second year here. The American Council on Exercise develops the programs and conducts the online tests. She plans on additional certifications for work with seniors to “keep current.”

After three years’ employment, an Edenwald staffer can apply for scholarship funds for family members. Last year, Amy’s daughter Hannah received tuition assistance for her last two semesters at Harford Community College. She graduated from Harford with straight A’s and a place on the President’s List. And she works part-time at WaWa’s.

She will be applying for Scholarship Fund assistance for UMBC Shady Grove Campus (near Gaithersburg).

Amy says Hannah wants to be in research—“drug research, disease research, any kind of research. She’s a true scientist and has always been studious and focused on good grades. She’s done so well.”

“We couldn’t have done this without Edenwald Scholarship help.
I am so thankful for everything they’ve done for me and my family.”



American Sign-Language Class with Diane Rehling, Faculty-in-Residence

Wednesdays at 7pm, Fridays at 10am & Saturdays at 11am in Terraces Multipurpose Room

The American Sign Language class with Diane is having so much fun! The class is very fluid and engaging. Always repeating and never moving too quickly ahead, you'll never fall behind if you want to start learning the joy of sign language and about the Deaf community. Joins us for any or all of the three times each week. Learning a new language is excellent for brain health! All abilities are welcome!

Chair Yoga Thurs 7pm

If you see some folks looking especially relaxed Thursday evenings, they must be coming from Diane's Chair Yoga class. Using gentle, slow movements and breathwork, we receive the benefits of a good stretch, calming the mind, while maintaining flexibility, balance, and strength. Our atmosphere is playful and always peaceful. Modifications made for all abilities – all are welcome!

If you are interested in learning more and/or participating in any programs led by Diane Rehling, please call her at 443-797-3509.

Writing Workshops & Events with Chris Stewart, Faculty-in-Residence, Creative Writing

Tea and Poetry

**Friday, June 6th 3-4:30pm
Terraces Multipurpose Room**

An afternoon of favorite poems with tea and scones. Share a work by a favorite poet or one of your own poems. Writing exercises are shared to inspire for those interested.

Memoir Writing: Crafting Personal Stories

**Thursdays: 11am-12:30pm
Terrace Multipurpose Room**

Participants explore the art of capturing life's most meaningful moments through writing. Preserve family history, reflect on pivotal personal and historical experiences, or simply share your unique perspective. No prior writing experience is necessary. One-on-one consultations are also available.

Writers' Café: Storytelling Games on Mondays, 4-5pm

Kickstart your creativity with storytelling cards that spark your imagination, boost memory retention, and foster emotional well-being.

Workshop with Dr. Joan McMahon, Professor Emerita, Towson University & Chris Stewart, Faculty-in Residence, Creative Writing

Treasured Memories: Personal Story Interviews

Sundays, June 1st, July 6th, August 3rd in The Café 1-3pm

In these sessions residents are interviewed by each other or family and friends to celebrate and preserve stories and memories. Additionally, personalized "envelope books" may be compiled, capturing highlights of interviews with keepsakes and mementoes for future generations. Chris is available to also interview residents. Participants will have the opportunity to record a story for StoryCorps, an oral storytelling archive housed in the American Folklife Center at the Library of Congress.

If you are interested in learning more and/or participating in any programs led by Chris Stewart, please email her at edenwaldwriters@gmail.com, or leave a note in mailbox #1017.



CONGRATULATIONS TO THE WINNERS OF THE HAIKU COMPETITION!

TRAVEL

Hop on a jet plane
Leave your cares and woes at home.
Embrace novelty!
Linda Lilly

IN THE GARDEN

Dandelions blow
Softly over tiny hands
New wishes for Spring
Allie Watson-Fowler

SLEEPLESS

Sleep will bring no dreams
Darkness does not offer peace
Nightmares call my name
Lesley Clark

Thank you to the residents and staff who inspired us with their haikus:

Deborah Berman

Ann Dahl

Deborah Furchgott

Lisha Galloway

Susan Killian

Joan McMahon

Marcia Weinberg

Call for Submissions of Poetry and Prose for Edenwald Anthology of Residents & Staff Writing:

Submit your poetry, fiction, and nonfiction to edenwaldwriters@gmail.com or place a copy in the submission box below or in mail slot #1017.

- Submissions should be typed
- Prose: 3 pages maximum. Poetry: 3 poems Maximum
- Include your full name, email address, and apartment number, if applicable on the first page
- Also on the first page, note whether the piece is poetry, fiction or nonfiction

Share existing writing or a piece inspired by prompts on the flyer on the bulletin board.

DEADLINE: Monday, June 30th

Publication party and reading in late summer!

“You are cordially invited to the Marketing Department NEW LOCATION on June 16th from 3-5pm for an Open House!”

The Marketing Team has officially relocated to our new offices on the 2nd floor, and we want you to come help make this space feel like home. Join us for an exciting first look at the space that will welcome many new neighbors for you! Light snacks and drinks provided.”

