

# April 2025

Independent Living Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<b>1</b> 8am “Amish Life” Day Trip (RR) 9am Flower Arranging (PUB) 9:30am Aqua Aerobics (P) 9:45am Morning Stretch (FS) 10am Opera Club– Der Freischutz (AUD) 10:30am Strength Training w/ Mary Ann (FS) 1pm Needle Arts (TM) 2pm Balance Training (FS) 4:20pm Goucher Teach –In Constitutional Crisis (RR) 7pm Evening Yoga (FS) 7:30pm Bingo (AUD)	<b>2</b> 9:45am Strength & Stretch (AUD) 10am–12:30pm Farm Stand (AUD) 10:30am Aqua Aerobics (P) 2pm Caregiver Support Group (PR) 2:30pm Core Blast (FS) 2:30-4pm Sewing Repair Service (AS) (RR) 3pm Ask the RA Prez Meeting (AUD) 7pm Sign-Language Class with Diane Rehling (FS) 7:30pm Edenforum: Joseph Cassar-Enduring Themes I: Portraits (AUD)	<b>3</b> 9:45pm Morning Stretch (FS) 10am Cherry Blossom Lunch Cruise (RR) 10:30am Seated Yoga (FS) 11am-12:30pm Memoir Writing with Chris Stewart (TM) 1pm Needle Arts (TM) 2pm Seated Zumba (FS) 2:30pm Scrabble (Pub) 7pm Evening Yoga (FS) 7:30pm Steve Abshire & Steve Herberman (Jazz Guitar Duo) (AUD)	<b>4</b> 9:45am Strength & Stretch (AUD) 10am Sign-Language Class with Diane Rehling (FS) 10:30pm Shopping Bus #3 1:45 Bookmobile 2PM Balance Training (FS) 3-4:30pm Tea and Poetry (TM) 4:30pm Monthly Wine Tasting (AUD)	<b>5</b> 11am Sign-Language Class with Diane Rehling (FS) 12pm Everyman: Who’s Afraid of Virginia Woolf? (RR) 1pm Pets On Wheels Visit 3-4pm Chocolate Making Workshop (PDR) 7pm BSO: Let’s Misbehave: The Songs of Cole Porter (RR) 7:30pm Saturday Movie: The Breaking Point (AUD)
<b>6</b> 8:40am Outing: Church of the Nativity 9:30am Outing: Towson United Methodist Church & Towson Presbyterian Church 10:30am Outing: Central Presbyterian & Calvary Baptist Church 10:30am Catholic Communion (TM) 1-3pm Treasured Memories: Storytelling Workshop (Café) 1:30pm Footloose Musical at Towson High (RR) 3pm Sunday Worship Service with Dr. Emora Brannan (AUD) 7-8:30pm Generational Jam Spring Dance with Goucher Students (AUD)	<b>7</b> 9:45am Strength & Stretch (AUD) 10:30am Shopping Bus #4 11am Tai Chi w/ Eric (Zoom) 1pm Backgammon (TM) 1pm Rummikub (TM) 1:30pm Discussion Group (BR) 2pm Wellness Workout (FS) 2:45pm Getting to Know Shakespeare Uncovered - “Measure for Measure” Part 2 (AUD) 3-4pm Jewelry Repair (AS) (RR) 7:30pm Edenforum: Seth Kibel: Bing Band of the Swing Era Part II (AUD) 7-8pm Weekly Write-Ins with Chris Stewart (TM)	<b>8</b> 9:30am Aqua Aerobics (P) 9:45am Morning Stretch (FS) 10am Historical Bus Tour of Greisenheim Locations (RR) 10:30am Strength Training w/ Mary Ann (FS) 1pm Historical Bus Tour of Greisenheim Locations (RR) 1pm Needle Arts (TM) 2pm Balance Training (FS) 7pm Evening Yoga (FS) 7:30pm Book Club (TM) 7:30pm Bingo (AUD)	<b>9</b> 9:45am-3:45pm OSHER (RR) 9:45am Strength & Stretch (TM) 10am–12:30pm Farm Stand (AUD) 10:30am Aqua Aerobics (P) 2:30pm Core Blast (FS) 2:30-4pm Sewing Repair Service (AS) (RR) 2:45pm Mind Your Mind (PDR) 7pm Sign-Language Class with Diane Rehling (TM) 7:30pm Trivia with Mandy (AUD)	<b>10</b> 9:30am Watercolor Society Ex- hibit at Bernice Kish Gallery (RR) 9:45pm Morning Stretch (FS) 10am Bible Study (TM) 10:30am Seated Yoga (FS) 11am-12:30pm Memoir Writing with Chris Stewart (TM) 1pm Needle Arts (TM) 2pm Seated Zumba (FS) 2pm Food Forum (AUD) 2:30pm Scrabble (Pub) 3pm Discussion Group w/ Monte & Friends (BR) 7pm Evening Yoga (FS) 7pm Speaker Series: Andrew Lloyd Webber (RR)	<b>11</b> 9:45am Strength & Stretch (AUD) 10am Sign-Language Class with Diane Rehling (TM) 10:30pm Shopping Bus #5 11am Bereavement Support Group (PR) 1:30pm RA Meeting & Town Hall (AUD) 2pm Play Reading Group (TM) 4pm Shabbat Services with Rabbi Floyd Herman (AUD) 6pm Everyman: Who’s Afraid of Virginia Woolf? (RR) 7pm Movie: The Trial of the Chicago 7 (AUD)	<b>12</b> 10am Coffee & Conversation (VR) 11am Sign-Language Class with Diane Rehling (TM) 11am Dance for PD (Stroh) 1pm Pets On Wheels Visit 7:30pm Saturday Movie: Irma la Douce (AUD)

<b>AS: Art Studio (Tower 1205)</b>	<b>P: Pool</b>
<b>AUD: Auditorium</b>	<b>PR: 2nd Floor Party Room</b>
<b>BR: 2nd Floor Board Room</b>	<b>PDR: 2nd Floor Private Dining Room</b>
<b>FS: Fitness Studio</b>	<b>RG= 5th Floor Roof Garden</b>
<b>G: Grille</b>	<b>RR: Registration Required</b>
<b>TL: Terraces Lounge</b>	<b>SL: Social Lounge</b>
<b>TM: Terraces Multipurpose Room</b>	<b>VR: Valley Room</b>

Edenwald Bus Information

All trips depart from the Tower Lobby– Anything in blue writing is an outing on the Edenwald Bus and/or Registration is Required

BUS #1: Hunt Valley Towne Center

BUS #2: Towson Place

BUS #3: Aldi, Walgreens, Shoprite & Lutherville Station

BUS #4: Fairgrounds Plaza Shopping Center

BUS #5: Trader Joe’s & Kenilworth Mall

BUS #6 Safeway, CVS & M&T Bank

BUS #7: Walmart



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>13</b> 8:40am Outing: Church of the Nativity 9:30am Outing: Towson United Methodist Church & Towson Presbyterian Church 10:30am Outing: Central Presbyterian & Calvary Baptist Church 10:30am Catholic Communion (TM) 3pm Sunday Worship Service Palm Sunday with Pastor Michael Ritt (AUD) 7:30pm Sundays on Broadway: <i>Oklahoma</i> (AUD)	<b>14</b> <b>SPRING FASHION WEEK</b> <b>10am-3pm (SL)</b> 9:45am <i>Strength &amp; Stretch</i> (AUD) 10:30am <i>Shopping Bus #6</i> 11am Tai Chi with Eric (Zoom) 12:30pm <i>URC Updates with Mark</i> (AUD) 1pm Backgammon (TM) 1pm Rummikub (TM) 1:30pm Discussion Group (BR) 2pm Wellness Workout (FS) 3-4pm <i>Jewelry Repair</i> (AS) (RR) 7-8pm Weekly Write-Ins with Chris Stewart (TM) 7:30pm <i>Edenforum: Joseph Cassar-Enduring Themes II: Landscapes</i> (AUD)	<b>15</b> <b>SPRING FASHION WEEK</b> <b>10am-3pm (SL)</b> 9am Flower Arranging (PUB) 9:30am Aqua Aerobics (P) 9:45am Morning Stretch (FS) 9:45pm <i>Dental Museum Tour /University of Maryland</i> (RR) 10:30am Strength Training w/ Mary Ann (FS) 1pm Needle Arts (TM) 1-3 <i>Npower Tech Support</i> (SL) (RR) 1-3pm <i>Chair Massage</i> (RR) 7pm Evening Yoga (FS) 7:30pm Bingo (AUD)	<b>16</b> <b>SPRING FASHION WEEK</b> <b>10am-3pm (SL)</b> 9:45am-3:45pm <i>OSHER</i> (RR) 9:45am <i>Strength &amp; Stretch</i> (AUD) 10am–12:30pm Farm Stand (AUD) 10:30am Aqua Aerobics (P) 2:30pm Core Blast (FS) 2:30-4pm <i>Sewing Repair Service</i> (AS) (RR) 7pm Sign-Language Class with Diane Rehling (TM)	<b>17</b> <b>SPRING FASHION WEEK</b> <b>10am-3pm (SL &amp; AUD)</b> 9:45am Morning Stretch (FS) 10:30 Seated Yoga (FS) 11am-12:30pm Memoir Writing with Chris Stewart (TM) 1pm Needle Arts (TM) 2pm Seated Zumba (FS) 2:30pm Scrabble (Pub) 3:30 <i>Holy Thursday with Minister Jack Danz</i> (AUD) 5pm <i>Seder Dinner</i> (G) (RR) 7pm Evening Yoga (FS) 7:30pm <i>Ramilya Saubanova &amp; Nikola Klotchkov</i> (Classical Pianist & Saxophonist)(AUD)	<b>18</b> <b>SPRING FASHION WEEK</b> <b>10am-3pm (SL)</b> 9:45am <i>Strength &amp; Stretch</i> (AUD) 10am Sign-Language Class with Diane Rehling (TM) 10:30am <i>Shopping Bus #7</i> 2pm Balance Training (FS) 3:00pm <i>Shabbat Services with Rabbi Ben Shalva from Gilchrist</i> (AUD) 7:30pm <i>Slightly Silver Music from the 50s-80s</i> (AUD)	<b>19</b> 11am Sign-Language Class with Diane Rehling (TM) 1pm Pets On Wheels Visit 7:30pm <i>Saturday Movie: History of the World Part I</i> (AUD)
<b>20</b> 8:40am Outing: Church of the Nativity 9:30am Outing: Towson United Methodist Church & Towson Presbyterian Church 10:30am Outing: Central Presbyterian & Calvary Baptist Church 10:30am Catholic Communion (TM) 3pm Sunday Worship Service Easter Sundy with Pastor Natiya Bennett (AUD) 7:30pm Sundays on Broadway: <i>Easter Parade</i> (AUD)  <b>EASTER BRUNCH:</b> 11:30-2pm Café 1-3pm VR & G ALL VENUES CLOSED FOR DINNER	<b>21</b> 9:45am <i>Strength &amp; Stretch</i> (AUD) 10:30am <i>Shopping Bus #1</i> 11am Tai Chi with Eric (Zoom) 1pm Backgammon (TM) 1pm Rummikub (TM) 1:30pm Discussion Group (BR) 2pm Wellness Workout (FS) 2:45pm <i>Shakespeare Uncovered - “Measure for Measure” Discussion</i> (AUD) 3-4pm <i>Jewelry Repair</i> (AS) (RR) 7-8pm Weekly Write-Ins with Chris Stewart (TM) 7:30pm <i>Nicholas Wynn &amp; Diana Kasman</i> (Violin & Piano) (AUD)	<b>22</b> 9:30am Aqua Aerobics (P) 9:45am Morning Stretch (FS) 10am <i>Clara Barton National Historic Site Tour &amp; Lunch at Irish Inn at Glen Echo</i> (RR) 10:30am Strength Training w/ Mary Ann (FS) 1pm Needle Arts (TM) 2pm Balance Training (FS) 3-4:30pm <i>Documentary: “Before the Flood”</i> (AUD) 7pm Evening Yoga (FS) 7:30pm Bingo	<b>23</b> 9:45am-3:45pm <i>OSHER</i> (RR) 9:45am <i>Strength &amp; Stretch</i> (AUD) 10am–12:30pm Farm Stand (AUD) 10:30am Aqua Aerobics (P) 2:30pm Core Blast (FS) 2:30-4pm <i>Sewing Repair Service</i> (AS) (RR) 5pm <i>Pop Up in Grille</i> (RR) 7pm Sign-Language Class with Diane Rehling (TM) 7:30pm <i>URC Presentation &amp; Discussion with Dr. Matt Van Hoose</i> (Vice President of Goucher) (AUD)	<b>24</b> 9:45am Morning Stretch (FS) 10am Bible Study (TM) 10:30-2:30pm Taylor Marie Bi-Yearly Shopping (AUD) 10:30am Seated Yoga (FS) 11am-12:30pm Memoir Writing w/Chris S. (TM) 12:50pm <i>Goucher Stables</i> (RR) 1pm Needle Arts (TM) 1:30pm <i>Taylor Marie Bi-Yearly Fashion Show</i> (AUD) 2:30pm Scrabble (Pub) 3pm Discussion Group w/ Monte & Friends (BR) 5pm <i>Pop Up in Grille</i> (RR) 6:30pm <i>BSO: Gil Shaham Returns</i> (RR) 7pm Evening Yoga (FS) 7:30pm <i>Foreign Movie: Untouchables</i> (AUD)	<b>25</b> 9:45am <i>Strength &amp; Stretch</i> (AUD) 10am Sign-Language Class with Diane Rehling (TM) 10:30am <i>Shopping Bus #2</i> 2PM Balance Training (FS) 4pm <i>Shabbat Services with Cantor Nancy Ginsberg</i> (AUD) 5pm <i>Pop Up in Grille</i> (RR) 7pm <i>Gil Shaham Returns</i> (RR) 7:30pm <i>Dr. Xin Wu &amp; Dr. Jietong FU</i> (Pianist & Lyric Tenor) (AUD)	<b>26</b> 11am Sign-Language Class with Diane Rehling (TM) 11am Dance for PD (Stroh) 1pm Pets On Wheels Visit 7:30pm <i>Saturday Movie: Grand Torino</i> (AUD)
<b>27</b> 8:40am Outing: Church of the Nativity 9:30am Outing: Towson United Methodist Church & Towson Presbyterian Church 10:30am Outing: Central Presbyterian & Calvary Baptist Church 10:30am Catholic Communion (TM) 12pm <i>Quilt Expo at Fairgrounds</i> (RR) 3pm Sunday Worship Service with Minister Jack Danz (AUD) 7:30pm Sundays on Broadway: <i>The Producers</i> (AUD)	<b>28</b> 9:45am <i>Strength &amp; Stretch</i> (AUD) 10:30am <i>Shopping Bus #3</i> 11am Tai Chi with Eric (Zoom) 12:30 <i>Open Forum with Mark</i> (AUD) 1pm Backgammon (TM) 1pm Rummikub (TM) 1:30pm Discussion Group (BR) 2pm Wellness Workout (FS) 3-4pm <i>Jewelry Repair</i> (AS) (RR) 7-8pm Weekly Write-Ins with Chris Stewart (TM)	<b>29</b> 9am Flower Arranging (PUB) 9:30am Aqua Aerobics (P) 10:15am <i>Cross Keys Shopping, Lunch at Easy Like Sundays &amp; Sherwood Gardens</i> (RR) 10:30am Strength Training w/ Mary Ann (FS) 1pm Needle Arts (TM) 2-5pm <i>Opera on Demand: Les Contes d’Hoffmann</i> (2015) (AUD) 7pm Evening Yoga (FS) 7:30pm Bingo	<b>30</b> 9:45am-3:45pm <i>OSHER</i> (RR) 9:45am <i>Strength &amp; Stretch</i> (AUD) 10am–12:30pm Farm Stand (AUD) 10:30am Aqua Aerobics (P) 2:00pm New Comers (PDR) 2:30-4pm <i>Sewing Repair Service</i> (AS) (RR) 2pm Core Blast (FS) 2:30pm Reiki with Alex (FS) 7pm Sign-Language Class with Diane Rehling (TM) 7:30pm <i>Edenforum: Adrienne Garwood: National Aquarium</i> (AUD)			