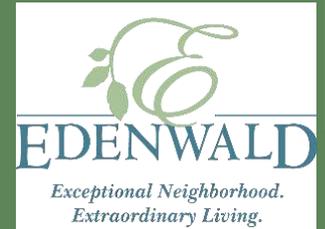


THE EDENTIMES

February 2025

Volume 40

Issue 2



Edenwald Senior Living
800 Southerly Road, Towson, MD. 21286
410-339-6000

Edenwald

Leadership

EDENFORUM Question? See Mary G.



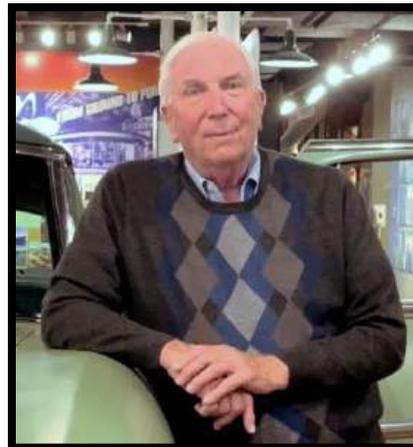
Wednesday, February 5th at 7:30pm **Johns Hopkins: Historic Baltimore**

Baltimore has bragging rights to great historic architecture and wonderful historic neighborhoods. The places that shaped our city in the past, however, are not just nostalgic keepsakes. From former mill complexes along the Jones Falls River to rowhouses in center-city neighborhoods, Baltimore's historic places are at the core of the city's ongoing revitalization. Come poke into the nooks and crannies of historic Baltimore with Mr. Johns W. Hopkins,

executive director of Baltimore Heritage, Inc.

Monday, February 10th at 7:30 p.m. **Jack Burkert: Calamity in Baltimore-** **Baltimore Afire**

Jack Burkert, a Baltimore native and Poly High graduate, in retirement has used his energy and interest in "all things Baltimore" to create educational programs serving as a part-time educator at the Baltimore Museum of Industry as well as through his own consulting firm. A 1969 honors graduate of the University of Maryland, Jack completed a degree in history and education. His working life, some 40+ years, was spent in various educator roles, with the Baltimore City School system, the Pennsylvania State University, plus private employers in Washington and New York City.



CALAMITY IN BALTIMORE – BALTIMORE AFIRE...On February 7, 1904, the course of history of Baltimore, for her people, and of the future

MARK BEGGS
President & CEO

DAVID BROWN
VP, Chief Information and Equity Officer

ROLAND DEVASHER
VP of Finance and Administration

LISHA GALLOWAY
VP of Resident Services and Institutions of Higher Education (IHE) Programming

STEVE ROTHWELL
VP of Operations

DIANE STINCHCOMB
VP of Sales and Marketing

DAWN TEELUCKSINGH
VP of Human Resources

changed when a fire ignited in a garment warehouse on the west side of downtown. The ensuing, wind driven fire destroyed the entire center city, burned over 1,500 buildings, damaged 1,000 more, and took away the workplaces and jobs of 35,000 citizens. The Great Baltimore Fire, one of the three largest urban fires in American history, was fought by over 2,000 firemen for over 30 hours. When it was over, the city was challenged with a monumental rebuild, a rebirth that was completed in under ten years. This is the story of the people, the events, and the challenges of the fire and its aftermath.



Wednesday, February 12th at 7:30 p.m.

Dr. Bradley Schlaggar: Kennedy Krieger Institute

Dr. Bradley Schlaggar is the president and CEO of Kennedy Krieger Institute and holds the Zanvyl Krieger Faculty Endowed Chair at Kennedy Krieger. He is also a professor of neurology and pediatrics at The Johns Hopkins University. At the Institute, Dr. Schlaggar leads a team of more than 3000 faculty and staff members to advance the organization's longstanding mission of improving the lives of children, adolescents and young adults with disorders and injuries of the developing nervous system through clinical care, research, education, community partnership, advocacy, and training.

Kennedy Krieger Institute, native to Maryland is centered in Baltimore, and recognized internationally. Dr. Schlaggar will describe this extraordinary and unique organization, its history, and what is in store for its future. He will also describe his own journey, as a child neurologist devoted to caring for children with neurodevelopmental disorders, leading to his taking the helm of Kennedy Krieger.

SAVE THE DATE:

Monday, March 3rd at 7:30 p.m.

Seth Kibel: Big Bands of the Swing Era

For a roughly ten-year period, from the mid-1930's until the end of WWII, jazz and popular music were, for the only time in American history, one and the same. The musical stars of the "Swing Era," as it was called, were the big bands. In this 2-part lecture, we'll explore the lives, careers, and fabulous oeuvres of such legendary bandleaders as Benny Goodman, Duke Ellington, Artie Shaw, Count Basie, The Dorsey Brothers, Glenn Miller, and more. Expect to hear familiar classics and possibly some undiscovered gems, as well. Classic recordings, video clips, as well as live performances from your lecturer will keep these presentations as lively as the music itself! The second part of this lecture will take place on Monday, April 7th.



WELCOME NEW RESIDENT

Linda Richman

By Jerriann Wilson

Linda Richman joined the Edenwald community in November and already feels at home, reconnecting with familiar faces, including her cousin, Libby Wolff. A Baltimore native, Linda grew up in Sequoia on Grantley Road, graduated from Forest Park High School, and studied education at the University of Maryland. Her father, a pharmacist, owned Cherry's Pharmacy in Hamilton, while her mother was a homemaker.



Many may remember Linda from her time at J. Brown Jewelers and Creative Specialties, where she helped young couples select china and crystal, delighting in the showroom's treasures. She met her late husband, Emanuel ("Manny") Richman, on a blind date, and they married a year later. Settling in Randallstown, they became the first homeowners in the Stonybrook subdivision. Manny, a Navy pharmacist, worked at Bainbridge Naval Hospital, while Linda taught second grade before starting their family. They later moved to Pikesville, where they enjoyed golf, tennis, and bridge.

Manny's pharmacy career thrived as he transitioned from owning Wabash Pharmacy to helping Giant Food Corporation launch its first in-store pharmacy in Glen Burnie. As Giant's First Vice President of Pharmacies, he oversaw the opening of more than 100 locations. The Richmans raised three children, two lawyers, and a physician, living in Pikesville, Maple Lawn, and Wake Forest, NC. Linda is also the proud grandmother of six and great-grandmother of one.

After retirement, Linda and Manny enjoyed 28 wonderful years in Boca Raton Florida before Manny's passing three years ago, following 63 years of marriage. Linda finds great joy spending time with her close-knit family.

At Edenwald, Linda is delighted by the many connections to her past and values the opportunity to rekindle old friendships and make new ones. She appreciates how welcoming and friendly everyone has been, making her feel at home. Linda is eager to meet more neighbors, so feel free to reach out for lunch, dinner, or a chat. She's also interested in starting a Canasta group and would love to hear from anyone who wants to join.

SUBSCRIPTION SERIES

Thursday, February 13th

Departs at 6:30pm

BSO

**Rachmaninoff and
Stravinsky**

Saturday, February 15th

Departs at 12pm

**Everyman Theatre
Primary Trust**

SUBSCRIPTION SERIES

Thursday, February 20th

Departs at 7pm

**Baltimore Speaker Series
James Stavridis**

SUBSCRIPTION SERIES

Friday, February 21st

Departs at 6pm

**Everyman Theatre
Primary Trust**

Saturday, February 22nd

Departs at 7pm

BSO

**Simply the Best: Music of
Tina Turner**

UPCOMING EVENTS & LIVE MUSIC

Mondays, Every Week: Jewelry Repair at 3-4 pm in Tower 1205

Joel Berman, our resident jeweler, will work his magic on your items to be repaired. Due to safety issues, we can only allow space for 6 people to sign up. Sign-up in the Registration Book under Resident Groups. We cannot accommodate walk-ins. To protect your treasure, please do not give Joel your items outside of these hours. Funds go to support our Art and Craft programs. Limit is two items and CASH ONLY.

Tuesday, February 4th: Opera Club- at 10:00am - AUD

Opera Club, led by Catrin Davies of Opera Baltimore, meets the first Tuesday of every month at 10am. The topic of discussion will be Gianni Schicchi. This Opera will be shown in the Auditorium on Monday, February 3rd at 11am & 3pm. The Opera is about 1hr. If you want to be reminded of Opera Club each month, please send your email address to vermontsue@aol.com. (Susanne Emory)

Tuesday, February 4th: Trivia with Mandy at 3:30pm- AUD

Mandy makes her trivia sessions unique to each place, person and event. Rounds, Questions, Baits & Hook Challenges are personalized every session. It combines elements of general pub trivia, family feud, puzzle solving, and much more. She aims to please the demographic she hosts even down to the music she chooses to play. Come test your knowledge while having some fun with friends.

Tuesday, Every Week: Bingo at 7:30pm- AUD

Do you feel lucky? Well, try your luck at Bingo on Tuesdays in the Auditorium. You never know. You may walk away a WINNER!

Wednesday, February 5th: Ask the RA Prez Meeting at 3pm- AUD

Have questions but don't know who to ask? Want more information about upcoming events, Residents' Association Committees, or Edenwald processes? Come to this informal meeting with Floyd Herman, Edenwald's RA President.

*Thursdays, Sewing Repair Service from 2:30-4pm – Tower 1205. **Registration Required.***

Our seamstress is usually here on Thursday afternoons. Work is usually done within a week. Sign up in the Registration Book under Resident Services (way in the back of the book). Cash or check made payable to the Residents' Association. Prices are listed in the Registration Book.

Thursday, February 6th: Jazz Duo Herb Smith & Taimoor Saeedi at 7:30pm- AUD

Herb Smith plays sax, clarinet, and flute and will be performing with Guitarist Taimoor Saeedi. Smith started as a bebop performer in St. Louis and Memphis and came to the Washington area as head of jazz studies at Howard University. He tailors his program to his audience and performs songs that will be familiar with an occasional nod to South American Jazz flute and a bit of Motown too.

Herb was a Performer/Professor of Jazz Studies at Northern Virginia Community College and Director of Jazz Studies at Howard University. He also spent three years with the 528 Air Force Band.

Friday, February 7th: Monthly Wine Tasting at 4:30pm- AUD

Mingle with your friends while exploring the world of wine, one sip at a time. Join us the first Friday of every month as we sample wines from around the world and local/regional wines. All are welcome!

Saturday, February 8th: Coffee & Conversation at 10am – Valley Room

Come meet your neighbors and learn more about your friends at this fun morning event! Coffee and Danishes will be served. New residents and those who have lived here a long time are invited to mingle.

Sunday, February 9th: Super Bowl Party Between Chiefs & Eagles at 6:30pm -AUD

Even though our hearts may be broken that the Baltimore Ravens didn't make it to the Super Bowl this year, we will be having a Super Bowl Party in the Auditorium with some light refreshments.

Monday, February 10th: URC Updates with Mark at 12:30pm- AUD

Join Mark on the second Monday of the month as he answers your questions and concerns!

Monday, February 10th: Getting to Know Shakespeare at 2:45pm- AUD

On this day, we will watch A Winter's Tale, Part II.

Tuesday, February 11th: Medical Information Lecture with Meghan Curtis at 11am- AUD

Meghan Curtis, Director of Care Management, will be giving a presentation on the medical services for Independent Living Residents at Edenwald. Services that are provided to residents as well as services residents can access if they choose will be presented.

Tuesday, February 11th: Empact Art Project with Ali Mirsky at 2-4pm- AUD

Joined us one more time to be a part of the community mosaic that will be installed in the Damien Center in Indianapolis. If you missed out on the fun in January, this is your opportunity to be a part of this inspiring piece of art and community.

Empact Art, a 501c3 community art non-profit in Baltimore is currently working on one of the largest community mosaics for the Damien Center in Indianapolis. The Damien Center provides treatment and care for those living with HIV/AIDS and provides wrap around services to the LGBTQ+ community. The community mosaic is inspired by the AIDS Memorial Quilt and is being created throughout the community both in Indianapolis and in Baltimore. For this project, participants will help create ceramic pieces and glazed ceramic pieces that will be used in the 1700sq ft mosaic. No experience is needed, all materials will be provided! Come and play with clay and be part of a very special community art project! To learn more about Empact Art and the Damien Center Project please visit the following link. <https://www.empactart.life/the-damien-center>

Thursday, February 13th: Movie: Harriet at 7:30pm- AUD

Based on the thrilling and inspirational life of an iconic American Freedom Fighter, Harriet tells the extraordinary tale of Harriet Tubman's escape from slavery and transformation into one of America's greatest heroes. Haunted by memories of those she left behind, Harriet (Cynthia Erivo) ventures back into dangerous territory on a mission to lead others

to freedom. With allies like abolitionist William Still (Leslie Odom, Jr.) and the entrepreneurial Maria Buchanon (Janelle Monae), Harriet risks capture and death to guide hundreds to safety as one of the most prominent conductors of the Underground Railroad. Witness the story of a woman who defied impossible odds to change the course of her life and the fate of the nation.

Friday, February 14th: RA Meeting/Town Hall at 1:30pm- AUD

Beginning at 1:30 pm in the Auditorium, the RA holds its monthly meeting to inform residents of changes or address concerns. All are welcome to attend or view the meeting on channel 971. Following the RA meeting, Mark Beggs will present his town hall.

Friday, February 14th: Valentine Day Music with Tommy Joy (Piano & Vocals) at 7:30pm- AUD

Welcome back Tommy Joy as he performs some popular romantic songs in honor of Valentines Day. He may be bringing a special guest for this occasion.

Monday, February 17th: American Experience Documentary on Jimmy Carter at 3-5pm- AUD

Jimmy Carter's story is one of the greatest dramas in American politics. In 1980, he was overwhelmingly voted out of office in a humiliating defeat. Over the subsequent two decades, he became one of the most admired statesmen and humanitarians in America and the world. Through interviews with the people who know him best, *Jimmy Carter* traces his rapid ascent in politics, dramatic fall from grace and unexpected resurrection, including Carter family home movies and a rare film sequence of Carter's final hours in the Oval Office.

Wednesday, February 19th: What Kind of President was Ronald Reagan? The Reagan Presidency Timeline at 3-4pm- AUD

This landmark documentary offers a historical portrait of America's 40th President as told through the recollections, observations and opinions of those who knew him and experts who have analyzed his presidency.

Friday, February 21st: Nicholas Wynn & Peabody Musicians at 7:30pm- AUD

This concert program will include works composed by composers of the African American Diaspora: men and women who have contributed significantly to the field of classical and romantic music.

Saturday, February 22nd: Tir na nog Irish Dancers at 2pm- AUD

We are getting an early start to St. Patrick's Day. Tir na nÓg (The Land of the Forever Young) Irish Dance Troupe performs throughout the Maryland region at festivals, fund raisers, and retirement communities. Our name was selected in honor of Ireland's legendary land of eternal youth. The group performs traditional forms of Irish dance, country sets and sean nos, while weaving tales about each dance and the area of Ireland from which it originated.

Monday, February 24th: Open Forum with Mark at 12:30pm- AUD

Join Mark on the fourth Monday of the month as he answers your questions and concerns!

Monday, February 24th: Getting to Know Shakespeare at 2:45pm- AUD

On this day, Marianna Russell will lead the group's discussion on "The Winter's Tale."

Monday, February 24th: Movie: Respect at 7:30pm- AUD

Following the rise of Aretha Franklin's career from a young child singing in her father's church's choir to her international superstardom, *Respect* is the remarkable true story of the music icon's journey to find her voice and become the Queen of Soul.

Tuesday, February 25th: Medical Information Lecture with Steve Rothwell at 11am- AUD

Steve Rothwell, VP of Operations, will be giving a presentation about Stroh Hall. Stroh Hall is Edenwald's skilled rehab unit and Long-Term Care Nursing Unit. Come and learn about the services of the unit and how Medicare can play a role in your stay.

Wednesday, February 26th: Opera on Demand- The Merry Widow at 2-4:30pm- AUD

Renee Fleming lights up the Met stage as Hanna Glawari, the fabulously wealthy widow of the title in Lehar's beloved operetta, set in Paris and seen in a glittering production directed and choreographed by Broadway's Susan Stroman. Nathan Gunn is Danilo, Hanna's former flame, who is supposed to woo and marry her in order to keep her fortune in their home country of Pontevedro. Kelli O'Hara sings Valencienne, the flirtatious young wife of the Pontevedrian ambassador in Paris, Baron Zeta, played by Thomas Allen, and Alek Shrader is her sutor, Camille. Andrew Davis conducts the waltz-rich score, and the new English translation is by Jeremy Sams.

Thursday, February 27th: Classical Violinist Emil Chudnovsky at 7:30pm- AUD

Born in Moscow, Russia, to renowned violinist Nina Beilina, and the late maestro Israel Chudnovsky, the eminent opera conductor, Emil Chudnovsky began his career with a solo performance on Uruguayan television and in concert with the Montevideo Chamber Orchestra. The same year he was featured in a series of live radio broadcasts from the Mostly Mozart Festival in Grahamstown, South Africa. Since then, Chudnovsky has performed to great critical acclaim all over the world. He has won many awards such as the Valesia-Musica International Violin Competition in Milan.

Friday, February 28th: Documentary "Ill Knock a Homer for You: The Timeless Story of Johnny Sylvester and Babe Ruth" Followed by Live Q&A from the Producer, Director & Editor, Andrew Lilley at 7:30pm- AUD

During the 1926 World Series, Babe Ruth promised an ailing boy from New Jersey named Johnny Sylvester that he'd knock a homer for him. In Game 4, that promise became a legend. Johnny Sylvester is the author's great-uncle. He was able to tell this story from a unique perspective because it is part of his family history. At the end of the hour-long film, Andrew Lilley will do a Q&A about the movie and discuss Babe Ruth and baseball. This story is nostalgic and uplifting.

SAVE THE DATE:

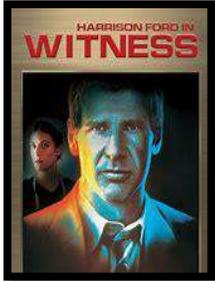
Monday, March 3rd: Art with Becky and Friends- from 1:30-3:30 pm- PUB

If you can draw a line (even with a tremor), a circle, a dot, a "C" and an "S" then you will love what you can do with a pen and colored pencils. Becky is again bringing her Zentangle Table Buddies so you will have a coach sitting right beside you as she gives instruction. It's basic copying a line. You can do this! All supplies and fun are provided.

MONTHLY MOVIES

Saturday Movies- Auditorium at 7:30pm

Questions? See Joel B.



Saturday, February 1st: “Witness” (1985)

An 8-year-old Amish boy and his mother are traveling to Philadelphia, on their way to visit the mother's sister. While waiting at the train station, the young boy witnesses a brutal murder inside one of the bathroom stalls. Police detective John Book is assigned to investigate the murder of the man, who was an undercover cop. Soon after, Book finds out that he's in great danger when the culprits know about his investigation and that he is hiding out in the Amish community. There, he learns the way of living among the Amish locals, which consists of non-violence and agriculture. Book soon starts a romance with the mother of the little boy, but their romance is forbidden by the Amish standards. But it's not long before the bad guys find out Book's whereabouts.

Starring: Harrison Ford, Kelly McGillis, Danny Glover, Jan Rubes

Running Time: 1hour 52 minutes

Saturday, February 8th: “Argo” (2012)

Acting under the cover of a Hollywood producer scouting a location for a science fiction film, a CIA agent launches a dangerous operation to rescue six Americans in Tehran during the U.S. hostage crisis in Iran in 1979.

Starring: Ben Affleck, Bryan Cranston, John Goodman, Victor Garber

Running Time: 2hours

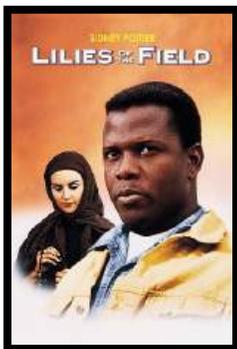


Saturday, February 15th: “Lilies of the Field” (1963)

Homer Smith (Poitier), an itinerant handyman, is driving through the Arizona desert when he meets five impoverished nuns. Stopping to fix their leaky farmhouse roof, Homer discovers that not only will the Mother Superior not pay him for the job, but she also wants him to build their chapel—for free! Hesitant at first, Homer soon finds himself single-handedly raising the chapel and the financing. But although he will not receive a monetary reward, Homer knows that when his work is done, he'll leave that dusty desert town a much better place than when he found it.

Starring: Sidney Poitier, Lilia Skala, Francesca Jarvis, Stanley Adams

Running Time: 1hour 34 minutes

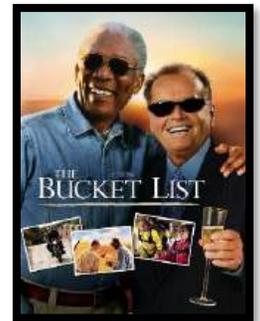


Saturday, February 22nd: “Bucket List” (2007)

Billionaire Edward Cole (Jack Nicholson) and car mechanic Carter Chambers (Morgan Freeman) are complete strangers, until fate lands them in the same hospital room. The men find they have two things in common: a need to come to terms with who they are and what they have done with their lives, and a desire to complete a list of things they want to see and do before they die. Against their doctor's advice, the men leave the hospital and set out on the adventure of a lifetime.

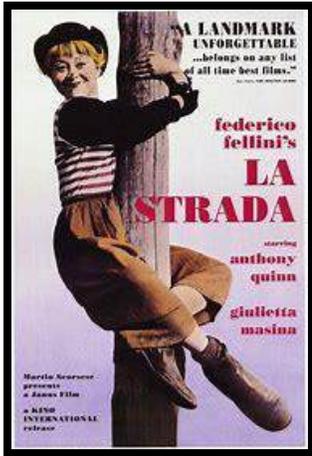
Starring: Jack Nicholson, Morgan Freeman, Sean Hayes, Beverly Todd

Running Time: 1hour 37 minutes



Thursday Foreign Movie- Auditorium at 7:30pm

Questions? See Joel B.



Thursday, February 20th: “La Strada” (1954)

La strada (*The Road*) is a 1954 Italian drama film directed by Federico Fellini and co-written by Fellini, Tullio Pinelli and Ennio Flaiano. The film tells the story of Gelsomina, a simple-minded young woman (Giulietta Masina) bought from her mother by Zampanò (Anthony Quinn), a brutish strongman who takes her with him on the road.

Starring: Giulietta Masina, Anthony Quinn, Richard Basehart

Running Time: 1 hour 48 minutes

Sundays on Broadway- Auditorium at 7:30pm

Questions? See Arlen

Sunday, February 2nd or February 9th: NO MOVIE

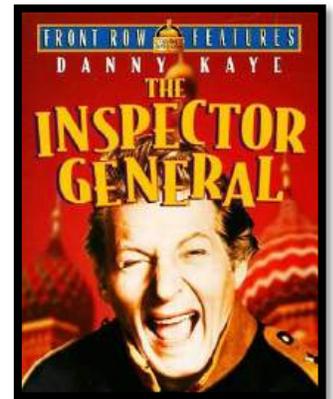
Arlen will be on vacation.

Sunday, February 16th: “The Inspector General” (1949)

The film is loosely based on Nikolai Gogoi’s play. The plot is relocated from the Russian Empire into an unspecified corrupted region of a European Country that suddenly finds itself under the supervision of the First French Empire.

Starring: Danny Kaye, Walter Slezak, Barbara Bates and Elsa Lanchester

Running Time: 1 hours 42 minutes



Sunday, February 23rd: “Royal Wedding” (1951)

American sibling song and dance team Tom and Ellen are in London in 1947 for the nuptials of Princess Elizabeth and Prince Philip. The film features one of Astaire’s most legendary dance performances.

Starring: Fred Astaire, Jane Powell, Peter Lawford and Sarah Churchill

Running Time: 1 hours 33 minutes

RELIGIOUS SERVICES

Shabbat Services

Questions? See Jack K or Floyd H

2nd and 4th Friday at 4pm AUD

Kabbalat Shabbat at Edenwald is an experience hosted by Cantor Ginsberg & Rabbi Herman. It begins as congregants gather with friends, bid farewell to the week that has passed, reconnect with one another and welcome Shabbat with joyous songs.

3rd Friday at 3pm AUD

Shabbat Services is hosted by Rabbi Ben Shalva from Gilchrist. He will be sharing his musical talents during each service.

Bible Study

Questions? See Tom M

For the month of February, we will be meeting **only on the fourth Thursday** at 10am in the Multipurpose Room on the first floor. We usually have between 10 and 14 participants depending on doctor appointments, trips, and illnesses. Please plan on joining us if you are free and able. We share the word of God and have prayer time at the end for those in need. The length of the class is between 30 and 60 minutes. If you must leave for some reason, please feel free to exit at any time.

The group is led by Tom & Sherry Morell. Please contact them with any questions or comments. 443-465-1864.

Sunday Worship Service

Questions? See Beverly D or Katie B

3pm Auditorium

Sunday, February 2nd: Dr. Emora Brannan

Sunday, February 9th: Pastor Michael Ritt

Sunday, February 16th: Reverend Stephanie Roberts White

Sunday, February 23rd: Minister Jack Danz

Sunday Morning Transportation to Local Churches

Please wait in the Tower Lobby at least 10 minutes before your departure.

8:40am: Church of the Nativity

9:30am: Towson United Methodist Church & Towson Presbyterian

10:30am: Central Presbyterian & Calvary Baptist Church

Catholic Communion

Immaculate Conception hosts 10:30am Communion in the Terraces Multipurpose Room every Sunday.

The Bookmobile

Friday, February 7th

from 1:45pm-3pm

Please feel free to drop off any Book Club books in Tina's office.

There is a gray bin on the floor that is labeled!

NEW IN THE LIBRARY

Questions? Contact Jean J.

FICTION

Barr, Lisa *The Goddess of Warsaw*
Fagan, Kate *The Three Lives of Cate Kay*
Haslett, Adam *Mothers and Sons*
Wang, Wei-ke *Rental House*

MYSTERY

Bollen, Havoc
Christopher
Craven, M. W. *Nobody's Hero*
Nelson, P. J. *Booked for Murder*
Short, Sharon *Trouble Island*

LARGE PRINT FICTION

Brown, Carolyn *On the Way to Us*
Chiaverini, *The Museum of Lost Jennifer Quilts*
Hunter, Denise *Before We Were Us*

NON-FICTION

Cook, Kevin *The Tiger Slam: The Inside Story of the Greatest Golf Ever Played*
McMahon, Sharon *The Small and the Mighty: Twelve Unsung Americans Who Changed the Course of History, from the Founding to the Civil Rights Movement*
Mulley, Clare *Agent Zo: The Untold Story of a Fearless World War II Resistance Fighter*
Stein, Eliot *Custodians of Wonder: Ancient Customs, Profound Traditions and the Last People Keeping Them Alive*

NEW AUDIOBOOKS

FICTION

Erdrich, Louise *The Round House*
Kingsolver, Barbara *Demon Copperhead*
Mason, Daniel *North Woods*

MYSTERY

Connelly, Michael *The Lincoln Lawyer*

EDENWALD BOOK CLUB

Tuesday, February 11th at 7:30pm in the Terrace Multipurpose Room

The Berry Pickers by Amanda Peters

2023 Barnes & Noble Discover Prize Winner

Winner of the Andrew Carnegie Medal for Excellence in Fiction

July 1962. Following in the tradition of Indigenous workers from Nova Scotia, a Mi'kmaq family arrives in Maine to pick blueberries for the summer. Weeks later, four-year-old Ruthie, the family's youngest child, vanishes. She is last seen by her six-year-old brother, Joe, sparking a mystery that will haunt survivors, unravel a family, and remain unsolved for nearly fifty years. Joe will remain distraught by his sister's disappearance for years to come.

In Maine, a young girl name Norma grows up as the only child of an affluent family. Norma is often troubled by recurring dreams and visions that seem more like memories than imagination. As she grows older, Norma slowly comes to realize there is something her parents aren't telling her. Unwilling to abandon her intuition, she will spend decades trying to uncover this family secret.

"An unforgettable exploration of grief, love and kin," (The Boston Globe), this show stopping debut by a vibrant new voice in fiction is a riveting novel about the search for truth, the shadow of trauma, and the persistence of love across time.

EDENWALD FITNESS & WELLNESS

We're bowling again this February. We had such a great time at AMF Lanes back in December, we're doing it again! Join us on Tuesday, February 11th, 1:30-3:00pm. The bus will depart by 1:20pm. Sign up in the registration book today! The cost is \$10 per person.

Alex Dull will be back this month for 2 separate events. On Monday, February 17th at 2:30pm & Wednesday, February 26th at 1:00pm for Meditation. Then, on Thursday, February 20th, she will be back for a day of chair massage (did you know she is a registered massage therapist?). Sign up for a 15-minute time slot in the registration book. This event will be held in the auditorium from 1:30-3:30pm. Speaking from experience, she is a wonderful massage therapist. Please take advantage of this opportunity and sign up today.

On Monday, February 24th at 1:30pm, Shock Trauma will be here to present their 'Think First for Fall Prevention' program. Attendees will learn the essentials of fall prevention, tips for talking to your doctor, ideas for home modifications, strategies for medication management and exercises. Everyone is welcome! Don't miss this important presentation!

Fit Tip of the Month:

Getting a massage releases tension, calms the nervous system and relaxes the mind.
Sign up for your chair massage today.

Fitness Center: Monday-Sunday Open 24/7

Aquatic Center: Monday-Friday 8:00am-12:00pm, 1:00pm-4:00pm

Saturday/Sunday 8:00am-12:00pm

Amy DeMaine: Wellness Manager

410-616-8833/ademaine@edenwald.org

PARTYING WITH FRIENDS
MAKES YOUR HEART SMILE!
NEW YEAR'S PARTY 2024



Always make
time for the
people that
remind you, life is
meant to be fun.

WINTER WONDERLAND BALL DANCING KEEPS YOU YOUNG!



TRIPS AND TRAVEL

Questions? Contact Tina

ALL trips will depart from the Tower Lobby. Please arrive at least 15 minutes prior to the departure time listed. More information about each trip is located in the Registration Binder, including sign-up sheets. Feel free to pack a bag to leave on the bus, water bottles, snacks, or a cushion! ALWAYS bring your photo ID.



Tuesday, February 4th

Lunch at Kung Fu 12 Szechuan House

Bus Departure: 12:15pm/Estimated Return: 2:15pm

Difficulty Rating: Easy

Total Cost: There will be 2 tables of 9. Please bring cash to work out the bill for your table.

Last Day To Sign-Up or Cancel: Sunday, January 26th

Limited- 18 residents

There is a common condiment used called the Szechuan Pepper. This ingredient generates a unique flavor called “Má-La” translating to spicy and numb. Szechuan pepper contains many different minerals, antioxidants, and nutrients that the body requires to properly function. At Kung Fu 12, we pride ourselves on providing the best Chinese food around. Our dishes are made with fresh ingredients tossed in authentic flavors that will delight your taste buds. Come dine with us and experience the taste of China.



Thursday, February 6th

Lunch at Fogo de Chao

Bus Departure: 12pm/Estimated Return: 1:30pm

Difficulty Rating: Easy

Total Cost: Separate Tables. Please bring cash to work out the bill for your table.

Last Day To Sign-Up or Cancel: Sunday, February 2nd

Limited- 18 residents

Fogo de Chao specializes in Southern Brazilian cuisine, primarily serving *churrasco* barbecued meats and traditional side dishes. First established in the Brazilian city of Porto Alegre, the chain has over 70 locations throughout Brazil, the United States (including Puerto Rico), Saudi Arabia, the UAE, and Mexico as of 2023. All you can eat market table is only \$18 before taxes and gratuity. You can order off the menu instead.



Sunday, February 9th

**Baltimore Chamber Orchestra: Mahler, Mendelssohn & Zappa
Concert starts at 3pm but there will be a pre-concert talk at 2:15pm**

Bus Departure: 2pm/Estimated Return: 4:10pm

Difficulty Rating: Easy/ Total Cost: \$26.83

Last Day To Sign-Up or Cancel: Sunday, February 2nd

Limited- 18 residents

In another program of firsts, the BCO highlights Baltimore-born Frank Zappa’s compositional ingenuity before Metropolitan Opera baritone Troy Cook brings his acclaimed interpretation of Mahler’s enigmatic *Songs of a Wayfarer* to the stage. Mendelssohn’s majestic “Reformation” Symphony brings the concert to a dramatic finish.



Thursday, February 13th

African Art Museum of Maryland and Lunch at Busboys & Poets (Columbia, Md)

Bus Departure: 10:15am / Estimated Return: 3pm

Difficulty Rating: Easy/Moderate

Total Cost: Museum is Free. Please bring cash to work out the bill for your table at lunch.

Last Day To Sign-Up or Cancel: Wednesday, February 5th

Limited- 17 Residents

The African Art Museum of Maryland, founded in 1980 as the first Museum in the planned community of Columbia, Md is unique. It is one of only three museums of its kind in the USA devoted exclusively to the art of Africa. Of those three, it is the only one founded by an African American. Each month the museum will feature a treasured object as part of our 'Short Talks'. These pieces were donated to the museum from some of our wonderful donors.

Busboys and Poets is a restaurant, bar, bookstore and community gathering place. First established in 2005, Busboys and Poets was founded by owner Andy Shallal, an artist, activist, and restaurateur. This restaurant is a cultural hub for artists, activists, writers, thinkers, and dreamers. Why the name Busboys and Poets? It is a reference to American poet Langston Hughes, who worked as a busboy at the Wardman Park Hotel in the 1920s, prior to gaining recognition as a poet.



Tuesday, February 18th

Foreign Movie: My Daughter, My Love & Box Lunch at The Gordon Center

Bus Departure: 10am/Estimated Return: 2pm

Difficulty Rating: Easy

Total Cost: \$25 (Box Lunch is included)

Last Day To Sign-Up or Cancel Without Being Charged: Sunday, February 9th

Limited- 18 residents

A beautifully heartfelt and quietly joyous film featuring a breathtaking performance by Israel's renowned actor, Sasson Gabay (*Karaoke, The Band's Visit*), who stars as Shimon, a 70-year-old widower travelling from Israel to Paris to see a childhood friend. During his visit, he stays with his only daughter (Israeli rising star Sivan Levy), who lives with her husband and their infant son. As he settles in, Shimon becomes aware of the impending dissolution of their marriage. Fueled by deep love for his daughter, he tries to offer his help, leading to a journey of self-discovery in which they share both their dreams and desires that they had never expressed before.

The box lunch options are tuna, egg salad, bagels and cream cheese, veggies and quiches with cookies and water.



Friday, February 21st

American Craft Made Event at Baltimore Convention Center

Bus Departure: 10:30am/ Estimated Return: 3:30pm

Difficulty Rating: Difficult (Lots of Walking)

Total Cost: \$10 + Money for Lunch & Whatever you buy

Last Day To Sign-Up or Cancel Without Being Charged: Wednesday, February 5th

Limited- 17 Residents

Our American Craft Made Baltimore Marketplace returns to the Baltimore Convention Center. Don't miss this opportunity to immerse yourself in the world of crafts. Experience hands-on activities with local craft organizations and partners, get to know more than 350 artists from across the country, and find your next handmade treasure. There will be food options for lunch at the show.



Tuesday, February 25th
Cathedral of Mary Our Queen Tour

Bus Departure: 10am / Estimated Return: 1pm

Difficulty Rating: Easy/Moderate

Total Cost: \$5

Last Day To Sign-Up or Cancel Without Being Charged was: Monday, February 17th

Limited- 18 Residents

The Cathedral of Mary Our Queen is the mother church of the Roman Catholic Archdiocese of Baltimore under the pastoral care of the Most Reverend William E. Lori, the 16th Archbishop of Baltimore. Located in the Homeland neighborhood of Baltimore City, the Cathedral has lifted hearts, minds, and voices to the Lord since its dedication in 1959.

Join us for a guided tour of the Cathedral, which features rich, beautiful imagery throughout its towering stained-glass windows and its many shrines. There will also be time to visit the church's gift shop before the tour begins at 11am.



Thursday, February 27th
University of Maryland School of Nursing Living History Museum Tour

Bus Departure: 9:45am / Estimated Return: 1pm

Difficulty Rating: Easy/Moderate

Total Cost: FREE

Last Day To Sign-Up or Cancel: Monday, February 24th

Limited- 18 Residents

Maryland's only museum dedicated to nursing, the Living History Museum honors the critical role of nurses and chronicles the continuing story of the profession. Established in 1999, the museum displays hundreds of historic items, including: a 19th-century nurse's uniform, early 20th century textbooks and medical apparatus and wartime letters and photographs collected by nurses serving in the military.

It also features video and audio histories of nurses recounting stories from previous generations. Together, the exhibits in the museum weave an insightful tapestry of the nursing profession – with the University of Maryland School of Nursing serving as its common thread.



SAVE THE DATE:
Tuesday, April 1st
"Amish Life" Day Trip

Bus Departure: 8am / Estimated Return: 4pm

Difficulty Rating: Moderate/Difficult

Total Cost: \$40

Last Day To Sign-Up or Cancel without being charged: Saturday, March 15th

Limited- 18 Residents

We will meet up with our local knowledgeable guide, for an authentic, private, non-commercial tour. Kathy Eshbach is a personal friend of several Amish families and will take us into their homes and businesses. They do not open their private homes to those other than Kathy's groups. She'll explain the history, values and beliefs of the Amish as we drive through the countryside. We'll go through a modern Amish home and see personal quilts in their bedroom on the second floor (stairs with handrails); a few quilts will be on display on the first floor for those who cannot go upstairs. We'll walk through an Amish harness shop (they make the best belts!) and have a traditional lunch in a conservative Amish home. They have arranged seating with tablecloths and homemade bread, main meal, desserts and ice cream served on their personal China. These are private homes, and we are honored to be their guests. Cancellations are discouraged because you are personal guests in their homes.

Bring cash to buy jams, leather goods, peanut butter spread, gifts, etc. No credit cards. Honor the wishes of this community and do not take photos or videos.
It is part of their religious doctrine.

Rollators and walkers are allowed. Each stop will be about 35-45 minutes, except for lunch. The homes and aisles have small spaces, so canes are preferred. All stops allow for accessibility access and restrooms, but these are small/narrow. Some restrooms are in private homes. If it rains, all stops are covered.

A Brain Health Program

MIND YOUR MIND 
Exercises to Challenge your Mental Abilities

TOPIC: REASONING

- * **PROBLEM SOLVING**
- * **LOGIC**
- * **THINKING**

Date: Wednesday, February 12th
Time: 2:45 PM—3:45 PM
Place: Private Dining Room

For more information please contact:
Lisa Clerman at 410-339-6146 Lclerman@edenwald.org

The Mind Your Mind program was developed by Beatrice Seagull, Professor Emeritus, Rutgers University.



OPEN REGISTRATION
TOWSON OSHER

Don't miss this year's registration! For more information about classes, contact Lisha Galloway at 410-339-6057.

THURSDAY, FEBRUARY 6TH
IN THE AUDITORIUM
1:00-2:30

Writing Workshops & Events with Chris Stewart, **Faculty-in-Residence, Creative Writing**

Memoir Writing: Crafting Personal Stories Through Reflection and Insight

This popular workshop continues through February. Everyone has a story worth sharing! In this engaging six-week memoir writing workshop, participants will explore the art of capturing life's most meaningful moments through writing. Preserve family history, reflect on pivotal personal and historical experiences, or simply share your unique perspective. This workshop provides a supportive environment to turn memories into compelling stories.

No prior writing experience is necessary.

Choose one of two options each week:

Tuesdays and Thursdays:

11:00 am. - 12:30 p.m.

Terrace Multipurpose Room

February 4-27

No class Thursday, February 13

Weekly Write-Ins

Mondays, 7:30-8:30pm

Terrace Multipurpose Room

Join creative, informal write-ins each week! Bring your writing-in-progress to work on or for those needing inspiration, respond to prompts and exercises. Drop in and out at any time. At the end of the session, writers who wish to share will be invited to read a brief part of their pieces.

Tea and Poetry

Fridays, February 7th, 3:30-5pm

Terrace Multipurpose Room

An afternoon of favorite poems with tea and scones. Share a work by a favorite poet or one of your own poems. A writing exercise will be offered for those interested.

Poetry Out Loud Poetry Recitation-Call for Participants

Poetry recitation was once a common part of the school curriculum that faded over time and was revived by the National Endowment for the Arts and The Poetry Foundation for their Poetry Out Loud National Recitation Competition 20 years ago. This inspiring program for students encourages the study of great poetry and can be held for people of all ages, including by retirement communities, community centers, and libraries.

If you are interested in learning more and participating in a program at Edenwald, please email Chris Stewart: edenwaldwriters@gmail.com, or leave a note in mailbox #1017.

WELCOME NEW EMPLOYEES



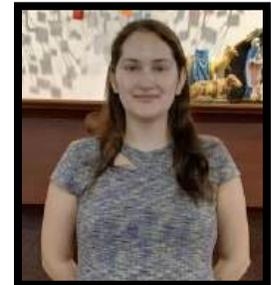
Richard Blake has joined Edenwald as our Executive Chef. He is originally from Baltimore but spent some time living in South Florida with his father. After graduating from High School in Carroll County, Richard joined the United States Marine Corps as a combat cook. After his military service, Richard attended Johnson & Wales University graduating with an AA Degree in Culinary Arts. Richard has held various positions over the years with Hilton & Wyndham Hotels, the cruise line industry, country clubs, corporate business, private schools, and senior living. Richard lives in Carroll County with his wife Melissa and his two dogs Ginger & Josh. In his spare time, Richard likes to travel abroad and also explore new beach destinations on the east coast of the United States.

Quinton Forbes is our part-time Server. Quinton is currently a Junior at Mervo High School studying to be an electrician. He will be obtaining his certification and will be starting an apprenticeship during his senior year. Quinton has an older brother and younger sister. In his spare time, he enjoys being with his friends.



Dariel Pulliam is our new Security Officer. Prior to joining Edenwald, Dariel worked as a legal assistant in a downtown law firm for 40 years. Dariel has a life partner of 35 years. They have one son living in Hawaii who is making the Navy his career. Dariel also has a granddaughter. In his spare time, Dariel enjoys attending church with his mother on Sundays. Dariel describes himself as easy going and friendly. He believes everyone has something special about them!

Carrie O'Brien is our part-time Activities Assistant for Stroh Hall. Carrie was born and raised in Baltimore and is currently living in Towson. She attended Towson University and majored in Anthropology and Sociology. Her hobbies include reading and roller skating. Carrie's career goal is "to make life more accessible for people living with disabilities."



CONGRATULATIONS TO KENNY SIMMONS, LPN FOR RECEIVING THE LEADINGAGE HERO AWARD

The LeadingAge Hero in Action Award is dedicated to an employee who exemplifies excellence and service in the role of serving seniors.

Kenny embodies the Edenwald values (Connection, Respect, Communication, Engagement and Integrity) consistently throughout his 15 years of dedication and exemplary service to Edenwald residents.

Congratulations Kenny for receiving this prestigious award!