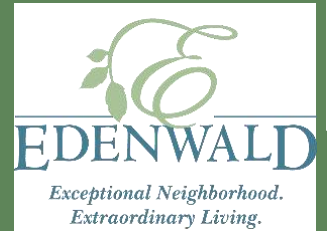


THE EDENTIMES

April 2024

Volume 52

Issue 16



Edenwald Retirement Community
800 Southerly Road, Towson, MD. 21286
410-339-6000

Edenwald

Leadership

EDENFORUM

Questions? See Mary G.



Wednesday, April 3rd at 7:30 pm

Malve S. Burns: Growing Up in a German Family Right After WWII

Malve S. Burns' earliest memories are of living in a thousand-year-old castle in Germany. Before moving to the US for graduate studies, she grew up in a silent country that did not acknowledge its horrific past. Malve has led the life of an academic, teaching and managing study abroad programs and working in think tanks and in

development at Cornell, USC, Ithaca College, Johns Hopkins, and GWU. Her short story, "A Hot Munich Afternoon" appeared in the collection *Defying Gravity*. Czech Playboy published her short stories in translation. Malve lives in Washington, D.C., in a hundred-year-old condo castle. Books will be available for purchase after the presentation. Cash and checks only please.

Wednesday, April 10th
at 7:30pm

Gerry Sandusky

Gerry Sandusky wears many hats. He is not only the sports director of WBAL-TV but the play-by-play announcer of the NFL's Raven football team. His famous saying is "And the hay's in the barn." Gerry is an Emmy Award winner. Gerry is also a communications coach, an author and renowned speaker. His book entitled "Forgotten Sundays" is nationally recognized. He also heads a media and communications consulting firm with his wife Le Ann. They started The Joe Sandusky Foundation in memory of his brother that awards scholarships for financially needy youngsters so they can attend college. (Don't confuse him with the former Penn State assistant football coach, Jerry Sandusky who is a convicted sex offender.)



MARK BEGGS
President & CEO

ROLAND
DEVASHER
*VP of Finance and
Administration*

STEVE ROTHWELL
VP of Operations

DIANE
STINCHCOMB
*VP of Sales and
Marketing*

LISHA GALLOWAY
*VP of Resident
Services and
Institutions of
Higher Education
(IHE)
Programming*

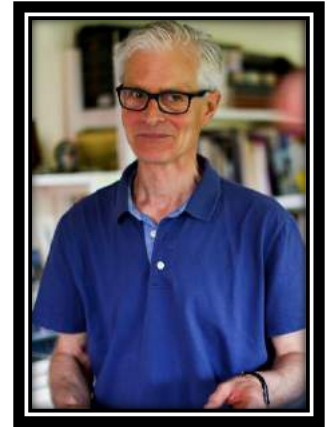
DAWN
TEELUCKSINGH
*VP of Human
Resources*

DAVID BROWN
*VP, Chief
Information and
Equity Officer*

Monday, April 15th at 7:30pm

Patrick Smithwick: War's Over, Come Home

We welcome Patrick as he returns to Edenwald. Patrick's new novel, "War's Over, Come Home," has vaulted him into a nationwide variety of media events. Last November, he was awarded the Executive Citation by Johnny Olszewski for his support of veteran's issues. He is an author, reporter, and teacher. Patrick holds a B.A. and M.L.B. from Johns Hopkins and M.A. from Hollins College and EFM from the University of the South.



Wednesday, April 17th at 7:30pm

Barbara Blumberg: Life of Hedy Lamarr

We are excited to welcome Barbara back to Edenwald. Her last presentation was about the unique history of Macy's Department Store & now she will enlighten us on the life of Hedy Lamarr. Hedy was not only a beautiful woman but a fabulous actress and a brilliant inventor. Barbara will not only talk about these amazing accomplishments but will also give us a peek into Hedy's personal life and more. Barbara graduated from Towson University, taught school and teaches classes at Osher Baltimore Community Colleges and many other institutions.

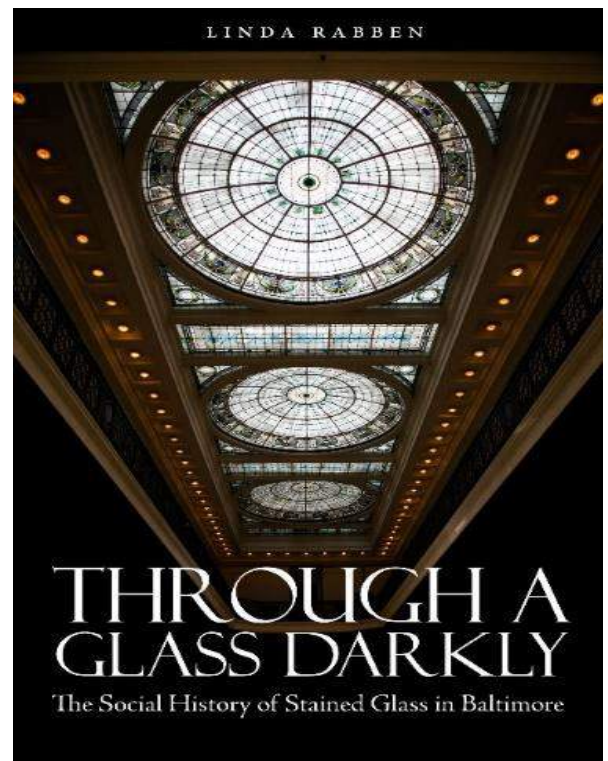


Friday, April 26th at 7:30pm in AUD

Anthropologist Linda Rabben Releases the First Illustrated Book about Baltimore-Stained Glass

Through A Glass Darkly explores the evolution of glass decoration in Charm City homes, religious facilities, and public buildings from the 1800s to today and ponders the craft's future.

Come hear the author talk about her book and learn about Baltimore's wonderful history of stained glass. Books will be available for purchase after the presentation.



WELCOME NEW RESIDENTS

Mickey Katzen

By Ann Dahl



Well, you never know, do you. You are introduced to a new resident, and you discover that, yet another interesting person is now your Edenwald neighbor. That was precisely my experience when chatting with Mickey Katzen in her gorgeous apartment Terraces #1125.

Much of the story that Mickey relayed was not unlike the “basics” of all our lives: we are welcomed into a family, get an education, begin a career, and (perhaps) marry and raise a family. For Mickey, she took those steps in or near Baltimore. She grew up on Calloway Avenue, graduated from Forest Park High School, then moved on to the University of Maryland for both her undergraduate degree and her master’s degree in

education. This led to a career teaching as a reading specialist at the Mordecai Gist School #69 and at The Park School. Her particular emphasis with the young pupils was on learning organizational skills.

Her late husband, the well-known Baltimore ophthalmologist, Dr. Leeds Katzen, was a college sweetheart. He practiced at the University of Maryland Hospital and at Mercy Hospital, where he was the Chief of Eye Surgery. He was especially well known in this area as the founder of the Katzen Eye Group. Both their children are still with the Group – their daughter, Allison, is the Creative Director and their son, Brett, whose medical degree is also from the University of Maryland, occupies his late father’s position as head of the Katzen Eye Group. Mickey has four grandchildren. The Katzens lived in Pikesville.

Now all that doesn’t sound so very different from the basic “home-education-career-marriage-children” facts of *all* our lives. What’s so unusual about Mickey’s story?

First, Mickey has always been sports-minded, playing touch football in the middle of the street as a child, swimming, sailing on the Bay, and educating herself in water safety instruction. Now here’s her *really different* activity: She was a licensed pilot, flying small, single-winged planes, something she found exhilarating! I can believe that. She gave up flying after 9/11 when many more rules and regulations were added to the requirements for being a pilot.

In a similar way, Dr. Katzen’s life was unusual because in addition to his work at the University Hospital and at Mercy Hospital, he volunteered as an eye surgeon on missions around the world. Mickey added that he was always philanthropically minded.

And I haven’t even mentioned Mickey’s stunning collection of glass, metal, and China objects, beautifully displayed in 3 handsome glass cases, or the stunning art on the walls. You’ll have to ask her about those interests yourself.

SPRING 2024 SCHEDULE OF CLASSES

**Please note course description for course start dates*

Special Note: Only Wednesday classes are taught at Edenwald.

Monday	Tuesday	Wednesday	Thursday	Friday
ONLINE ONLY	IN-PERSON	IN-PERSON	IN-PERSON	ONLINE ONLY

SESSION II (APRIL 8–MAY 3)

Class will not be held April 1–5

9:30 a.m.		Vienna: City of Musical Dreams	America's Cultural Regions	The Origins of Jazz	The Real Revolution: America, 1775-1783
		Makeup Mavens		Unquestionable Answers and Unanswerable Questions	
11 a.m.	Rembrandt van Rijn and the Dutch Golden Age (11:15 a.m.)	Myth and American History	The History of Death	The Story, History, and Geography of the Bible	The Top 25 Film Scores of All Time
		Modernity, A Survey			
1 p.m.	Rod Serling: His Life and Legacy	The Short Stories of Ernest Hemingway	Eight Plays Everyone Should Know, 2024 Edition	The Comedy of Ideas (1–4 p.m.)	The Films of Sidney Lumet
				The Red Scare	Digital Photography
2:30 p.m.		Women Trailblazers in American Popular Music			

Subscription Series

Friday, April 5th
departs at 7pm
Everyman Theater
The Book Club Play

Thursday, April 11th
departs at 7pm
Baltimore Speakers Series
Celine Cousteau

Saturday, April 13th
departs at 7pm
Baltimore Symphony Orchestra
Prohibition and the Roaring 20s

Subscription Series

Thursday, April 18th
departs at 6:30pm
Baltimore Symphony Orchestra
Beethoven Symphony No. 2

Friday, April 26th
departs at 7pm
Baltimore Symphony Orchestra
Simon, Ives, and Rachmaninoff

UPCOMING EVENTS & LIVE MUSIC

Mondays, Every Week: Jewelry Repair at 3-4 pm in Tower 1205

Due to safety issues, we can only allow space for 6 people to sign up. Sign-up in the Registration Book under Resident Groups. We cannot accommodate walk-ins. To protect your treasure, please do not give Joel Berman your items outside of these hours. Funds go to support our Art and Craft programs. Limit is two items and CASH ONLY.

Monday, April 1st: TransAtlantic Duo at 7:30pm- AUD

TransAtlantic Duo members are Alexander Paperny (balalaika) and Vladimir Fridman (guitar and vocals). Alexander and Vladimir began working together in 1988 as members of the European-based Jazz Balalaika with which they toured the world. At the same time, the two began performing successfully as a duo. Although separated by an ocean, Fridman lives in Gaithersburg, Maryland while Paperny lives in Hamburg, Germany, the two have maintained a musical collaboration that has culminated in over a dozen tours of Europe and the United States. Expect a program of eclectic enchantment replete with classical favorites from Mozart and Bizet, bossa and tangos from Brazil and Argentina, Jewish folk tunes, and music reflective of the many peoples of Europe.

Tuesday, April 2nd: Opera Club Discussion at 10:00am - AUD

This month we are going to look at and discuss Osvaldo Golijov's *Ainadamar*, a Spanish language flamenco opera based on the life and death of the Spanish poet Lorca. There is NO commercial video recording of this piece, although the Met is producing it next season, so there will be after that! This is your chance for bragging rights when your friends are saying, "Ainadamar? What's that? You will have already seen and discussed it!" **Viewing of this Opera will be on Monday, April 1st at 2pm in the Auditorium.**

Tuesday, Every Week: Bingo at 7:30pm- AUD

Do you feel lucky? Well, try your luck at Bingo on Tuesdays in the Auditorium. You never know. You may walk away a WINNER!

Wednesday, April 3rd: Ask The RA Prez Meeting at 3pm- AUD

Have questions but don't know who to ask? Want more information about upcoming events, Residents' Association Committees, or Edenwald processes? Come to this informal meeting with Floyd Herman, Edenwald's new RA President!

*Wednesday, April 3rd: Discussion Group with Monte at 3pm-
2nd Floor Board Room*

Monty Y. would like you to join him in the boardroom for an open and friendly conversation. The topic being discussed will depend on its participants. Monty wants the group to feel free and comfortable discussing a wide range of topics. If this is a successful meeting, the group will meet once a week.

Thursday, April 4th: Chad R. Bowles (Pianist) at 7:30pm- AUD

We are delighted to be welcoming back Baltimore pianist Chad R. Bowles. Bowles has performed hundreds of solo recitals across the United States, in Canada, and Europe. Commanding an unusually vast repertoire and an effortless technique, his performances of the standard as well as forgotten repertoire have brought him great respect and admiration from both critics and the public alike.

Friday, April 5th: Monthly Wine Tasting at 4:30pm- AUD

Mingle with your friends while exploring the world of wine, one sip at a time. Join us the first Friday of every month as we sample wines from around the world and local/regional wines. All are welcome!

Saturday, April 6th: Piatigorsky Foundation- 7:30pm – AUD

A charismatic and versatile *clarinetist*, **KATSUYA YUASA** has been praised by critics as a “born performer with rare ability to express the beauty and soulfulness of the composer’s music” – and has toured in the United States, Europe, South America, and Asia as a concert soloist, recitalist, chamber musician, and orchestral player.

Pianist **Mary Au** is a much sought after collaborative pianist and chamber musician with worldwide experience. Hailed for her "*sensitive and seamless transition between chamber music collaboration and piano accompaniment*" (Daniel Cariaga), Ms. Au has collaborated with renowned artists from around the globe, including the legendary opera superstar Christine Brewer and Tchaikovsky Competition Gold Medalist Nathaniel Rosen.

Monday, April 8th: UBRC Updates with Mark at 12:30pm- AUD

Join Mark on the second Monday of the month as he answers your questions and concerns!

Monday, April 8th: Getting to Know Shakespeare at 2:45pm- AUD

Facilitator Marianna Russell chooses different Shakespeare pieces to learn more about. Each month, the group views Shakespeare Uncovered as well as the actual play before the discussion is held. The group’s meetings are open to all. On this day we will be showing Shakespeare Uncovered with F. Murray Abraham presenting The Merchant of Venice.

Monday, April 8th: Film- The Amish and The Reformation at 7:30pm- AUD

From their Anabaptist origins the Amish developed as a unique sub-group under the leadership of Jakob Ammann. Host, Joseph Graber, a former member of the Amish Church traces his family origins back to the Reformation era and gives unique insights into how Amish beliefs have changed over the centuries.

Wednesday, April 10th: Works in Process/David Manzanares at 3:30pm- TM

Works in Process is an inside look at a larger project that David is working on at Edenwald, where he writes three short pieces based on photos taken by former Edenwald resident Malcolm Druskin. In the past session, David went over what composers/pieces directly have inspired the way he writes music. In this session, David will discuss a call he had with Malcolm Druskin’s daughter and give some insight into his life as well as photography. David will also be giving a glimpse into the first movement of his work “Images by Malcolm,” as well as showing any changes he has made to the other movements.

Thursday, April 11th: David Manzanares at 7:30pm- AUD

David will be performing a full run through of the program he has prepared for his Senior Recital at Peabody. There will be works by J.S. Bach, Angela Ortiz, Anton Diabelli, and Roland Dyens. After his recital pieces, he will be playing a variety of works spanning many genres from baroque to pop!

Friday, April 12th: RA Meeting/Town Hall at 1:30pm- AUD

Beginning at 1:30 pm in the Auditorium, the RA holds its monthly meeting to inform residents of changes or address concerns. All are welcome to attend or view the meeting on channel 971. Following the RA meeting, Mark Beggs will present his town hall.

Friday, April 12th: Catonsville High School Steel Band at 7:30pm- AUD

Your favorite school band is back! The energetic students are bringing their drums!

Saturday, April 13th: Coffee & Conversation at 10am – Valley Room

Come meet your neighbors and learn more about your friends at this fun morning event! Coffee and Danishes will be served. New residents and those who have lived here a long time are invited to mingle.

Monday, April 15th: Active Shooter Presentation at 9:00am- AUD

Carey A. Kus has twenty-seven and a half years with the Baltimore County police. He has been teaching CRASE (Civilian Response to Active Shooter Events) for about 8 years. He is currently assigned to the Criminal Intelligence and Homeland Security Team. He will be this Active Shooter Presentation twice this month. **The second date will be on Monday, April 22nd at 2pm in the Auditorium.** Both dates are open to residents and staff.

Monday, April 15th: Getting to Know Shakespeare at 2:45pm- AUD

Today we will view the film, The Merchant of Venice.

Tuesday, April 16th: Exploring the World of Board Games at 2-4pm- AUD

Mingle with friends, challenge your skills, and have some fun while playing an old board game or learning a new one. As the saying goes, “Never too late to learn new things.”

Friday, April 19th: Taylor Wang with Peabody Quintet at 7:30pm - AUD

Musician-in-Residence Taylor Wang will be joined once again by members of her piano quintet and fellow Peabody students, Yu-Chu Teng (violin), Hannah Reinschmidt (violin), Brett Petrykowski (viola), and Adrian Bostian (cello). The piano quintet previously performed at Edenwald in November of last year. This time, they will be performing Brahms Piano Quintet in F minor, a work that has been called “the crown of his [Brahms] chamber music.” Join Taylor and her quintet for an exciting night of chamber music!

Monday, April 22nd: Open Forum with Mark at 12:30pm- AUD

Join Mark on the fourth Monday of the month as he answers your questions and concerns!

Monday, April 22nd: Opera on Demand: Carmen (2019) 7pm- AUD

After a fight in a factory with another woman, Carmen is captured and imprisoned by José. She then seduces the corporal and escapes imprisonment. Following her escape, Carmen meets the bullfighter Escamillo, but rejects his advances since she and José have fallen in love.

Wednesday, April 24th: Chesapeake Concert Band at 7:30pm – AUD

Delighting the Baltimore area with Concert Band literature old and new since 1976!

Thursday, April 25th: Passover Seder Dinner at 4:30pm- AUD

If you haven't already signed up, please check with culinary for seat availability.

Friday, April 26th: Taylor Marie Bi-yearly Fashion Show at 10:30am-2:30pm- AUD
Spring has sprung! It's time to update your spring-summer wardrobe. Join us at 1:30pm in the auditorium to view Taylor Marie's Fashions. We will have shopping hours between 10:30am-2:30pm that day. All forms of payment are accepted- cash, checks and credit cards. See you there!

Monday, April 29th - Art Class with Becky and Friends: Drawing with Straight Lines and Circles- from 1:30-3:30 pm- PUB

What a success we've been having with Becky and friends! If you can draw a line (even with a tremor) and you can draw a circle (or half a circle), then you will love what you can do with a pen, colored pencils, and folding paper. Becky is again bringing her own special teachers so you will have a coach sitting right beside you as she gives instruction. It's basic copying a line. You can do this! All supplies and fun are provided. We will focus on **Flowers and Spring** to make collages for Residents' rooms in Stroh Hall.

Monday, April 29th: Getting to Know Shakespeare at 2:45pm- AUD
Today will be our discussion of The Merchant of Venice.

Tuesday, April 30th: Npower: Tech Support at 1pm-3pm – Social Lounge

Need help accessing programs online? Want free tech professionals help but don't know where to turn? Npower Community Helpdesk is here for you. We provide free tech support to those in the greater Baltimore area. Our tech professionals are here to help you navigate your most challenging computer and tech issues.

WELCOME NEW EMPLOYEES



Cyril Benjamin joined us as a part-time GNA. She has 25 years of experience. She has experience working in hospitals, nursing homes and as a private duty aide. She is currently working full-time at the Veteran's Administration. Cyril has three children, twin daughters, and a son. In her spare time, Cyril enjoys watching movies.



Rubie Anaga joined us as a part-time Registered Nurse. Rubie was an attorney for 10 years before entering the nursing field. She moved to Texas and decided to become a Registered Nurse. She's currently attending school to obtain her master's degree. She has one son. Rubie considers herself a "people person." Her plan for each day is to make a difference.



Connie Kelley joined us as our Medical Office Assistant. She has more than 40 years of experience. Connie has two daughters, one of whom has a Ph. D in Educational Psychology. She also has a grandson attending Morgan University on a full scholarship. Healthcare is Connie's passion, and she strives to be a "blessing to someone every day." Please stop by the Medical Suite and say hello to Connie!

MONTHLY MOVIES- Sundays on Broadway- Auditorium at 7:30pm

Questions? See Arlen

In April we are honoring the Aries, Andrew Lloyd Webber born March 22, 1948 (76 years old). He is an English Composer and impresario of musical theatre. He has composed 21 musicals, a song cycle, a set of variations, two film scores, and a Latin Requiem Mass.



Sunday, April 7th: “Andrew Lloyd Webber: The Royal Albert Hall Celebration”

The Royal Albert Hall in London comes alive to the passionate melodies and songs from the shows of Andrew Lloyd Webber. ENJOY the magic of the night of a thousand stars.

Running Time: 2 hours 8 minutes

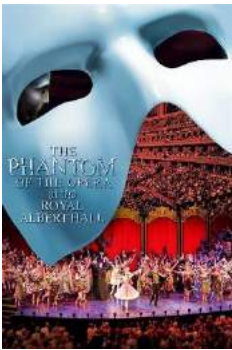
Sunday, April 14th: “The Phantom of the Opera”

The stage musical sensation magically and hauntingly comes to the screen in this lavish

production sweeping audiences aloft to new cinematic heights of sight and sound grandeur.

Starring: Gerard Butler, Emmy Rossum, Patrick Wilson

Running Time: Approximately 2 hours 8 minutes



Sunday, April 21st: “The Phantom of the Opera- 25th Anniversary at the Royal Albert Hall”

The celebration of the 25th Anniversary of the Phantom Cameron Mackintosh produced a unique spectacular staging of the musical on a scale which has never been seen before. Similar to the 25th anniversary production of Les Misérables, set in sumptuous Victorian splendor of London’s legendary Royal Albert Hall features a cast and orchestra of over 200, plus some very special guest appearances.

Starring: Ramin Karimloo, Sierra Boggess, Hadley Fraser

Running Time: 2 hours 40 minutes

Sunday, April 28th: “Love Never Dies”

This is the sequel to the Phantom of the Opera. Set 10 years later, the Phantom has escaped from Paris to Coney Island where he lives amongst the joy rides and freak shows. He has finally found a place for his music to soar; all that is missing is his love, Christine.

The Phantom lures Christine, her husband Raoul and young son Gustave from Manhattan to Coney Island. They have no idea what lies in store for them.

Starring: Ben Lewis, Anna O’Byrne, Maria Mercedes

Running Time: 2 hours 1 minutes



RELIGIOUS SERVICES

Shabbat Services

Questions? See Jack K or Floyd H

2nd and 4th Friday at 4pm AUD

Kabbalat Shabbat at Edenwald is an experience hosted by Cantor Ginsberg & Rabbi Herman. It begins as congregants gather with friends, bid farewell to the week that has passed, reconnect with one another and welcome Shabbat with joyous songs.

Bible Study

Questions? See Tom M

All classes will be held in the Terraces Multipurpose Room at 10am.

The 2nd and 4th Thursday classes will be led by Tom Morell.

Sunday Worship Service

Questions? See Beverly D or Katie B

3pm AUD & 971

Sunday, April 7th: Dr. Emora Brannan

Sunday, April 14th: Reverend Anne McCorkle Garrett

Sunday, April 21st: Reverend Stephanie Roberts White

Sunday, April 28th: Minister Jack Danz

Sunday Morning Transportation to Local Churches

Please wait in the Tower Lobby at least 10 minutes before your departure.

8:40am: Church of the Nativity

9:45am Towson United Methodist Church & Towson Presbyterian

10am Towson Unitarian Universalist Church

10:30am Central Presbyterian & Calvary Baptist Church

Catholic Communion

Immaculate Conception hosts 10:30am Communion in the Terraces Multipurpose Room every Sunday.

The Bookmobile

Friday, April 5th

from 1:45 pm-3pm

Please feel free to drop off any Book Club books in Tina's office.

There is a gray bin on the floor that is labeled!

NEW IN THE LIBRARY

Questions? Contact Jean J

FICTION

Howes, Emily	<i>The Painter's Daughters</i>
Orange, Tommy	<i>Wandering Stars</i>
Quindlen, Anna	<i>After Annie</i>
Robinson, Roxana	<i>Leaving</i>

MYSTERY

Church, Wendy	<i>Knife Skills</i>
Fredericks, Mariah	<i>The Wharton Plot</i>
French, Tana	<i>The Hunter</i>
Kellerman, Jonathan	<i>The Ghost Orchid</i>

NON-FICTION

Alexander, Paul	<i>Bitter Crop: The Heartache and Triumph of Billie Holiday's Last Year</i>
Joyce, Patrick	<i>Remembering Peasants: A Personal History of a Vanished World</i>
Pomerantsev, Peter	<i>How to Win an Information War: The Propagandist Who Outwitted Hitler</i>
Taffa, Deborah	<i>Whiskey Tender: A Memoir</i>

LARGE PRINT FICTION

Carr, Robyn	<i>The Friendship Club</i>
Kingsbury, Karen	<i>Just Once</i>
Mallery, Susan	<i>The Summer Book Club</i>

BOOK CLUB: The Trackers by Charles Frazier

Tuesday, April 9, 7:30 pm./Terraces Multipurpose Room

A stunning new novel that paints a vivid portrait of life in the Great Depression

Hurtling past the downtrodden communities of Depression-era America, painter Val Welch travels westward to the rural town of Dawes, Wyoming. Through a stroke of luck, he's landed a New Deal assignment to create a mural representing the region for their new Post Office.

A wealthy art lover named John Long, and his wife Eve have agreed to host Val at their sprawling ranch. Rumors and intrigue surround the couple: Eve left behind an itinerant life riding the rails and singing in a western swing band. Long holds shady political aspirations but was once a WWI sniper—and his right hand is a mysterious elder cowboy, a vestige of the violent old west. Val quickly finds himself entranced by their lives.

One day, Eve flees home with a valuable painting in tow, and long recruits Val to hit the road with a mission of tracking her down. Journeying from ramshackle Hooverilles to San Francisco nightclubs to the swamps of Florida, Val's search for Eve narrows, and he soon turns up secrets that could spark formidable changes for all of them.

In *The Trackers*, singular American writer Charles Frazier conjures up the lives of everyday people during an extraordinary period of history that bears uncanny resemblance to our own. With the keen perceptions of humanity and transcendent storytelling that have made him beloved for decades, Frazier has created a powerful and timeless new classic.

EDENWALD FITNESS & WELLNESS

We have great news! Sword & Stone will be returning on Tuesday, April 9th at 2:00pm. Marlene's focus for the class will be on balance. We are limited to 12 participants, so please sign up in the registration book today. Don't miss this opportunity to learn new ways to improve your stability.

This class is highly recommended!

Our second hike of the year will be the Towson Walking Tour led by Amy on Thursday, April 11th at 1pm. We will visit several of the historic sites around Towson, including the Towson Tavern site, Historic East Towson, Olympic Park, the Schmuck House site, etc. This trip is rated difficult for lots of walking.

Please join us as we celebrate Earth Day at the Goucher Equestrian Center on April 22nd, 11:45am-1:30pm. We had a wonderful time last year. The psychological benefits of equine therapy are numerous. If you haven't had a chance to spend time with the Goucher horses, sign up today. You will not be disappointed!



Fit Tip of the Month

Get your steps in! Walking Club w/Kyle begins April 1st.

Meet in the lobby at 1:00pm

Fitness Center: Monday-Sunday Open 24/7
Aquatic Center: Monday-Friday 8:00am-12:00pm, 1:00pm-4:00pm
Saturday/Sunday 8:00am-12:00pm
Amy DeMaine: Wellness Manager
410-616-8833/ademaine@edenwald.org

FRIENDLY COMPETITION **GETTING EXERCISE WHILE HAVING FUN!**



Dolphins	Blowfish
30	30
60	57
66	



There were many laughs and a lot of effort made on each side, but the Dolphins brought home the win with 66 points! The Blowfish weren't far behind with a total of 57 points. The important thing is we had a lot of fun and our friends were on the sideline supporting us the whole game. Next time we hope to see more residents and staff in the pool having a splashing good time!

EDUCATION & UNDERSTANDING **THROUGH STORYTELLING**

Janice Curtis Green as Harriet Tubman



TRUTH, STRUGGLE & BRAVERY



Exploring The Beauty of Washington's Cherry Blossoms with Friends



TRIPS AND TRAVEL

Questions? Contact Tina

ALL trips will depart from the Tower Lobby. Please arrive at least 15 minutes prior to the departure time listed. More information about each trip is located in the Registration Binder, including sign-up sheets. Feel free to pack a bag to leave on the bus, water bottles, snacks, or a cushion! ALWAYS bring your photo ID.



Tuesday, April 2nd

Maryland Public Television Tour (Owings Mills) & Lunch at Glenwood's

Bus Departure: 9:15am

Estimated Return: 2pm

Difficulty Rating: Moderate

Total Cost: FREE (Donations are welcomed) + Bring Money for Lunch
(Separate Tables. Residents work out the check at their table.)

Last Day To Sign-Up Was: Tuesday, March 26th but if there is room you can still sign-up by Monday, April 1st.

Limited- 17 residents

Visitors will learn all about MPT's history and view displays of their achievements as Maryland's only statewide broadcaster. You will get an inside look at current TV technology and visit all three of their studios, including The Irene and Edward H. Kaplan Studio. The Kaplan Studio now boasts almost 8500 square feet of premium production and event space. You can also view their more intimate studios that you may recognize from live pledge events and programming such as State Circle. Afterwards we will grab some lunch at Glenwood's in Owing Mills. Immerse yourself in the action of their open-air kitchen, discover the vibrant atmosphere of their bar, or savor the breeze on their outdoor patio. There are burgers (even The Impossible Burger), Chicken and Crab Cake options. See the registration book for more details on their menu.



Tuesday, April 2nd

US Senate Candidate Forum at Goucher

Bus Departure: 6:15pm

Estimated Return: 8:45pm

Difficulty Rating: Easy

Total Cost: FREE

Last Day To Sign-Up Was: Sunday, March 31st

Limited- 18 residents

Join the Sarah T. Hughes Center for politics as we host candidates for the US Senate in a forum co-sponsored by the Maryland League of Conservation Voters and Maryland Matters. During this forum you will hear from Prince George's County Executive, Angela Alsobrooks and US Representative, David Trone.



Thursday, April 4th

Maryland on the Rails: The B&O's Contribution to Maryland History & Tour (Train Ride included)

Bus Departure: 10am

Estimated Return: 2:00pm

Difficulty Rating: Moderate

Total Cost: \$24 + Bring Money for Lunch in Museum Café

Last Day To Sign-Up or Cancel Without Being Charged Was: Monday, March 25th

Limited- 17 Residents

From Baltimore's development into a major shipping and immigration hub, to major advancements in transportation and communication technology, and the fight for freedom and equal rights during the Civil War and Civil Rights Movement, the B&O Railroad has witnessed many milestones in Maryland history. This tour will examine how Maryland before 1827 became an ideal location for the B&O Railroad and as a result how the B&O Railroad has continued to contribute to the robust history of the state of Maryland. The walking portion of this tour will be about 30 minutes followed by a 20-minute train ride. Afterwards you can grab a bite to eat in the museum's café and browse the museum's shop.



Thursday, April 11th

Claude Monet: The Immersive Experience (DC)

Bus Departure: 9:15am

Estimated Return: 3pm

Difficulty Rating: Moderate

Total Cost: \$42 + Money for Lunch

Last Day To Sign-Up or Cancel Without Being Charged Was: Thursday, February 22nd

Limited- 17 Residents

Explore some of the most compelling paintings by Claude Monet in a 360-degree digital art exhibit and immerse yourself in the 20,000 sq. ft. light and sound spectacular featuring two-story projections.



Tuesday, April 16th

Amish Tour

Bus Departure: 8am

Estimated Return: 3:30pm

Difficulty Rating: Difficult

Total Cost: \$40

Last Day To Sign-Up or Cancel Without Being Charged: Monday, April 1st

Limited- 17 Residents

We will meet up with our local knowledgeable guide, for an authentic, private, non-commercial tour. Kathy Eshbach is a friend of several Amish families and will take us into their homes and businesses. They do not open their private homes to those other than Kathy's groups. She'll explain the history, values, and beliefs of the Amish as we drive through the countryside. We'll go through a modern Amish home and see personal quilts in their bedroom on the second floor (stairs with handrails); a few quilts will be on display on the first floor for those who cannot go upstairs. We'll walk through an Amish harness shop (they make the best belts!) and have a traditional lunch in a conservative Amish home. They have arranged seating with tablecloths and homemade bread, main meal, desserts, and ice cream served on their personal China. These are private homes, and we are honored to be their guests. Cancellations are discouraged because you are personal guests in their homes.

Bring cash to buy jams, leather goods, peanut butter spread, gifts, etc. No credit cards.

Honor the wishes of this community and do not take photos or videos.

It is part of their religious doctrine.

Rollators and walkers are allowed. Each stop will be about 35-45 minutes, except for lunch.

The homes and aisles have small spaces, so canes are preferred. All stops allow for accessibility access and restrooms, but these are small/narrow. Some restrooms are in private homes. If it rains, all stops are covered.



Thursday, April 18th

Radebaugh Florist & Greenhouse

Bus Departure: 10pm

Estimated Return: 12pm

Difficulty Rating: Easy

Total Cost: Bring Money for Plants

Last Day To Sign-Up: Tuesday, April 16th

Limited- 17 residents

All residents and Flower Box Holders are welcome. Greenhouse assistants will be available to help you select the best variation of plants. A 10% discount will be given on all plants that they have personally grown. Plants will be delivered after Mother's Day when all frost warnings have expired.



Thursday, April 18th

By George- By Gershwin (Gordon Center)

Bus Departure: 6:30pm

Estimated Return: 9:30pm

Difficulty Rating: Easy

Total Cost: \$27

Last Day To Sign-Up or Cancel Without Being Charged Was: Thursday, March 28th

Limited- 18 residents

Join us for an all-Gershwin musical extravaganza commemorating the 100th anniversary of George Gershwin's *Rhapsody in Blue* and the 90th anniversary of *Porgy and Bess*. Gershwin-By George! features a star-studded ensemble of artists: internationally renowned pianist Tom Pandolfi, Metropolitan Opera bass-baritone Kevin Short, rising opera star Jouelle Roberson, jazz bassist Tom Baldwin, pianist/tenor R. Timothy McReynolds, Gershwin specialist/soprano Carolyn Black-Sotir, with a special guest appearance by George Gershwin himself!



Saturday, April 20th

The Metropolitan Opera at Charles Theater: La Rondine

Bus Departure: 11:30am

Estimated Return: 5:00pm

Difficulty Rating: Easy

Total Cost: Buy Tickets at the Theater \$25

Limited- 18 residents

Puccini's bittersweet love story makes a rare Met appearance, with soprano Angel Blue starring as the French courtesan Magda, opposite tenor Jonathan Tetelman in his highly anticipated company debut as Ruggero, an idealistic young man who offers her an alternative to her life of excess. Maestro Speranza Scappucci conducts Nicolas Joël's Art Deco-inspired staging, which transports audiences from the heart of Parisian nightlife to a dreamy vision of the French Riviera. In their Met debuts, soprano Emily Pogorelc and tenor Bekhzod Davronov complete the sterling cast as Lisette and Prunier.



Thursday, April 25th
Sherwood Gardens & Alonso's Restuarant

Bus Departure: 10am

Estimated Return: 2:30pm

Difficulty Rating: Moderate

Total Cost: Gardens (FREE) & Bring Money for lunch (Separate Checks)

Last Day To Cancel: Tuesday, April 23rd

Limited- 17 residents

Sherwood Gardens, famous for its annual tulip display, was created in the 1920's by John W. Sherwood whose home bordered the Park. Mr. Sherwood indulged his passion for tulips by importing tens of thousands each year for planting tulip beds on his property surrounding the Park. Mr. Sherwood adhered to Olmsted Design Principles by creating a pastoral space with native plants, rare trees and flowering shrubs that were a fitting backdrop for his beloved tulips. After a nice walk in the Gardens, we will head over to an Old Baltimore Landmark, Alonso's Restaurant for lunch.



Tuesday, April 30th
St. Michaels Maritime Museum Tour & Lunch and Shopping in Town

Bus Departure: 8am

Estimated Return: 5:30pm

Difficulty Rating: Moderate

Total Cost: **Estimated Price \$80** (This Includes Bus & Museum)
if we fill up a 28-passenger bus

Last Day To Cancel Without Being Charge: **TBA**

Limited- 28 residents

The Chesapeake Bay Maritime Museum explores and preserves the history, environment, and culture of the entire Chesapeake Bay region, and makes this resource accessible to all. Our members and guests enjoy transformative experiences as they encounter Chesapeake Bay history firsthand through real people, real work, original artifacts and exhibitions, visual arts, and Chesapeake artifacts.

CBMM's park-like waterfront setting includes numerous indoor and outdoor exhibitions, a working Shipyard, Museum Store, a floating fleet of historic vessels, member's marina, and is easily reached by car or boat. After the tour, you will be dropped off in town to have lunch and explore at your own pace before heading back to Edenwald.

SPECIAL NOTES REGARDING TRIPS:

*We need at least 5 residents to sign-up for a trip to take place.

*To secure your seat on the bus please make sure you sign-up as soon as possible and don't rely on me or MaryRose to add you to the trip, we may not see your e-mail in a timely fashion.

*To be fair to all residents, PLEASE only sign-up for yourself and no more than one other resident.

*Once your names are typed up on the outings' sign-up sheets, that means the last day to cancel before being charged has already passed. If you want to cancel after the cutoff date, MaryRose and I will call the waitlist in hopes to fill your spot but if no one takes your seat, Edenwald will bill your account for prepaid tickets.

THANK YOU!

EXERCISE YOUR RIGHT TO VOTE!

SAVE THESE DATES!

**MAY DATES FOR PRIMARY ELECTION
BUS TRANSPORTATION SCHEDULE**

Edenwald will be providing the following time slots, (11am, 1pm & 3pm) on the 2 Election Dates below.

Early Voting: Thursday, May 2nd


Election Day: Tuesday, May 14th

Please Sign-Up in the Registration Book for the day & time you prefer.



Tuesday, April 16th
11:00 AM
at the Pub

MIND YOUR MIND



Exercises to Challenge your Mental Abilities

TOPIC: SPATIAL RELATIONSHIPS

Shape recognition
 Direction & Location
 Map Reading

For more information please contact: Lisa Clerman
 at 410-339-6146 Lclerman@edenwald.org