

NOVEMBER 2022

Independent Living Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 9:45am Morning Stretch (FS) 10:45am Outing: White Marsh Mall & The Avenue at White Marsh (RR) 11am Opera Club Discussion: <i>La Fille Du Regiment</i> (AUD) 1pm Needle Arts (TL) 2pm Balance Training (FS) 3:30pm-4:30pm Maker's Mart Help Session (AS) 7:30pm Bingo (AUD) 7:30pm Book Club (TM)	2 9:30am Osher (FS) 9:45am Strength & Stretch (AUD) 10am—12:30pm Farm Stand 10:45am Aqua Exercise (P) 11am Osher (AUD) 1pm Osher (AUD) 2pm Seated Boxing (FS) 2pm Caregiver Support Group 3:30pm-4:30pm Maker's Mart Help Session (AS) 7:30pm Special Showing: Andrew Wyeth Biopic (AUD)	3 9am Outing: Brandywine River Museum of Art (RR) 9:30am Needle Arts (TL) 10am Bible Study (TM) 10:30am Yoga Class (FS) 2:30pm Scrabble (Pub) 3:30pm-4:30pm Maker's Mart Help Session (AS) 7:30pm Entertainment by Ain't Misbehaving Big Band (AUD)	4 9:45am Strength & Stretch (AUD) 12pm Shopping Bus #1 1:45pm Book Mobile 2pm Balance Training (FS) 3:30pm-4:30pm Maker's Mart Help Session (AS) 4:30pm Wine Tasting (AUD) 7pm Outing: Everyman Theater	5 10am-12pm Set Up Maker's Mart 11am Dance for PD (FS) 1pm Pets On Wheels Visit 1pm-4pm Maker's Mart! 7:30pm Saturday Night Movie (AUD)
6 DAYLIGHT SAVINGS TIME ENDS 9:45am Outing: Towson United Methodist Church 10am Outing: Towson Unitarian Universalist Church & Church of the Nativity 10:30am Outing: Central Presbyterian & Calvary Baptist Church 10:30am Catholic Communion (TM) 3pm Sunday Worship Service (AUD) 7:30pm Sunday on Broadway: High Society (AUD)	7 9:45am Strength & Stretch (AUD) 10am Shopping Bus #2 10:30am Walking Club (Lobby) 11am Tai Chi with Eric (Zoom) 1pm Backgammon (TM) 2pm Wellness Workout (FS) 7pm Edenforum: Nan Narwracki (AUD)	8 ELECTION DAY 9am Election Day Shuttle 9:45am Morning Stretch (FS) 11am Election Day Shuttle 1pm Needle Arts (TL) 1pm Election Day Shuttle 2pm Balance Training (FS) 3pm Election Day Shuttle 7:30pm Bingo (AUD)	9 9:30am Osher (AUD) 9:45am Strength & Stretch (FS) 10am -12:30pm Farm Stand 10:45am Aqua Exercise (P) 11am Osher (AUD) 1pm Osher (AUD) 2pm Seated Boxing (FS) 3pm Ask the RA Prez Meeting (AUD)	10 9:15am Outing: Antietam National Battlefield (RR) 9:30am Needle Arts (TL) 10am Bible Study (TM) 10:30am Yoga Class (FS) 2pm Zumba (FS) 2:30pm Scrabble (Pub) 7pm Outing: BSO Series C (RR)	11 9:45am Strength & Stretch (AUD) 10am Shopping Bus #3 10:45am Aqua Exercise (P) 11am Bereavement Support Group (PDR) 1:30pm RA Meeting (AUD) 2pm Town Hall (AUD) 4pm Shabbat Services (AUD) 7:30pm Honoring Our WWII Veterans Event (AUD)	12 10am Coffee & Conversation (VR) 11am Dance for PD (FS) 1pm Pets On Wheels Visit 7:30pm Saturday Night Movie (AUD)

EDENWALD BUS INFORMATION

All trips depart from the Tower Lobby— Anything in blue writing is an outing on the Edenwald Bus

- BUS #1: Hunt Valley Towne Center
- BUS #2: Towson Place
- BUS #3: Aldi, Walgreens, Shoprite & Lutherville Station
- BUS #4: Fairgrounds Plaza Shopping Center
- BUS #5: Trader Joe's & Kenilworth Mall
- BUS #6 Safeway, CVS & M&T Bank
- BUS #7: Walmart

AS: Art Studio (1205)

AUD: Auditorium

BR: Board Room

FS: Fitness Studio

G: Grille

TL: Terraces Lounge

TM: Terraces Multipurpose Room

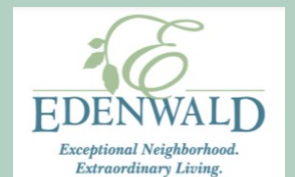
P: Pool

PDR: 2nd Floor Private Dining Room

RR: Registration Required

VR: Valley Room

Flip the page!



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
13 9:45am Outing: Towson United Methodist Church 10am Outing: Towson Unitarian Universalist Church & Church of the Nativity 10:30am Outing: Central Presbyterian & Calvary Baptist Church 10:30am Communion (TM) 3pm Sunday Worship Service (TM) 7:30pm Sunday on Broadway: <i>Country Girl</i> (971)	14 WORLD DIABETES DAY WEAR BLUE 9:45am Strength & Stretch (AUD) 10am Shopping Bus #4 10:30am Walking Club (Lobby) 11am Tai Chi with Eric (Zoom) 1pm Backgammon (TM) 2pm Wellness Workout (FS) 3pm Getting To Know Shakespeare (AUD) 7:30pm Edenforum: <i>Pat Bernstein</i> (AUD)	15 9am Outing: <i>Mt. Airy Junction & Cracker Barrel</i> (RR) 9:45am Morning Stretch (FS) 1pm Needle Arts (TL) 2pm Balance Training (FS) 3pm Dementia Friends Event 7:30pm Bingo (AUD)	16 9:45am Strength & Stretch (AUD) 10am- 12:30pm Farm Stand 10:45am Aqua Exercise with Helena (P) 2pm Seated Boxing (FS) 7:30pm Edenforum: <i>Tom Hall</i> (AUD)	17 9:30am Needle Arts (TL) 10am Bible Study (TM) 10:30am Yoga Class (FS) 1pm Active Outing: <i>Jones Falls</i> (RR) 2pm Zumba (FS) 2:30pm Scrabble (Pub) 7pm Outing: <i>BSO Series C</i> (RR) 7:30pm Foreign Film (AUD)	18 9:45am Strength & Stretch (AUD) 10am-2pm VanDyke & Bacon Shoe Sale/Fitting (TM) 10:45am Aqua Exercise (P) 12pm Shopping Bus #5 2pm Balance Training (FS) 3pm Meet & Greet : Paul Teie the Audiologist 7:30pm Live Entertainment: <i>Esther Shumyatskaya</i> (AUD)	19 11am Dance for PD (FS) 1pm Pets On Wheels Visit 2pm Live Entertainment: <i>David Manzanares & Friends</i> (AUD) 7:30pm Saturday Night Movie (AUD)
20 9:45am Outing: Towson United Methodist Church 10am Outing: Towson Unitarian Universalist Church & Church of the Nativity 10:30am Outing: Central Presbyterian & Calvary Baptist Church 10:30am Communion (TM) 11am Resident Brunch! 12:30pm Ravens Game Viewing (Pub) 3pm Sunday Worship Service (TM)	21 9:45am Strength & Stretch (AUD) 10am Shopping Bus #6 10:30am Walking Club (Lobby) 11am Tai Chi with Eric (Zoom) 1pm Backgammon (TM) 2pm Wellness Workout (FS)	22 9am Outing: <i>Winterthur Museum</i> (RR) 9:45am Morning Stretch (FS) 1pm Needle Arts (TL) 2pm Balance Training (FS) 7:30pm Bingo (AUD)	23 9:45am Strength & Stretch (AUD) 10am- 12:30pm Farm Stand 10:45am, Aqua Exercise (P) 2pm Seated Boxing (FS)	24 THANKSGIVING 1pm-3pm Holiday Meal	25 12pm Shopping Bus #6 4pm Shabbat Service (AUD)	26 11am Dance for PD (FS) 1pm Pets On Wheels Visit 2pm Live Entertainment: <i>Laura Gibson Performs the Harp & Flower Arranges</i> (AUD) 7:30pm Saturday Night Movie (AUD)
27 9:45am Outing: Towson United Methodist Church 10am Outing: Towson Unitarian Universalist Church & Church of the Nativity 10:30am Outing: Central Presbyterian & Calvary Baptist Church 10:30am Communion (TM) 12:30pm Ravens Game Viewing (Pub) 3pm Sunday Worship Service (TM)	28 9:45am Strength & Stretch (AUD) 10am Shopping Bus #1 10:30am Walking Club (Lobby) 11am Tai Chi with Eric (Zoom) 1pm Backgammon (TM) 2pm Wellness Workout (FS) 2:30pm Calendar Helpers Meeting (Pub) 3pm Getting To Know Shakespeare (AUD) 7:30pm Edenforum Presents: <i>Dan Sherman</i> (AUD)	29 9:45am Morning Stretch (FS) 1pm Needle Arts (TL) 1pm Outing: <i>Tour of Towson</i> (RR) 2pm Balance Training 6:45pm Outing: <i>Holiday Brass Concert</i> (RR) 7:30pm Bingo (AUD)	30 9:45am Strength & Stretch (AUD) 10am- 12:30pm Farm Stand 10:45am, Aqua Exercise (P) 2pm New Comer's Group (PDR) 2pm Seated Boxing (FS) 3:30pm Let's Write! (TM) 7:30pm Edenforum: <i>Buzzy Hettleman</i> (AUD)			