

SEPTEMBER 2022

Independent Living Calendar

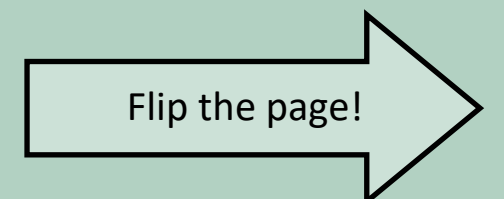
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 9:30am Needle Arts (TL) <i>10am Outing: Museum of Historic Annapolis (RR)</i> 10am Bible Study (TM) 10:30am Yoga Class (FS) 2pm Zumba (FS) <i>3pm Opera Club Viewing: Porgy & Bess (AUD)</i>	2 9:45am Strength & Stretch (AUD) 10:45am Aqua Exercise (P) 12pm Shopping Bus #1 1:45pm Bookmobile 2pm Balance Training (FS) 4:30pm Wine Tasting (AUD) 7:30pm Arlen Presents: <i>Honoring Our World War II Veterans Event (AUD)</i>	3 1pm Pets On Wheels Visit <i>7:30pm Saturday Night Movie (971)</i>
4 <i>9:45am Outing: Towson United Methodist Church</i> <i>10am Outing: Towson Unitarian Universalist Church</i> <i>10:30am Outing: Central Presbyterian & Calvary Baptist Church</i> <i>10:45am Church of the Nativity & Communion (AUD)</i> 1pm-3pm Crafternoon (AS) 3pm Sunday Worship Service (TM) <i>7:30pm Sunday on Broadway: Chicago (971)</i>	5 LABOR DAY HOLIDAY 12pm-2:30pm Café Open 1pm-3pm Early Holiday Meal 1pm-3pm Crafternoon (AS)	6 9:45am Morning Stretch (FS) <i>10am Outing: Homewood Museum (RR)</i> 11am Opera Club Discussion: <i>Porgy & Bess (AUD)</i> 1pm Needle Arts (TL) 2:30pm Balance Training (FS) 7:30pm Bingo (AUD) 7:30pm Book Club (PDR)	7 9:45am Strength & Stretch (AUD) 10am—12:30pm Farm Stand 10:45am Aqua Exercise with Helena (P) 2pm Seated Boxing (FS) 2pm Caregiver Support Group	8 9:30am Needle Arts (TL) <i>9:30am Outing: I Love Baltimore Tour (RR)</i> 10:30am Yoga Class (FS) 10am Bible Study (TM) 2pm Zumba (FS)	9 9:45 Raven's Pep Rally! (AUD) 10:45am Aqua Exercise (P) 11am Bereavement Support Group (PDR) <i>12pm Shopping Bus #2</i> 2pm Balance Training (FS) 4pm Shabbat Service (AUD)	10 10am Coffee & Conversation (VR) 11am Dance for PD (FS) 1pm Pets On Wheels Visit <i>7:30pm Saturday Night Movie (AUD)</i>

EDENWALD BUS INFORMATION

All trips depart from the Tower Lobby— Anything in blue writing is an outing on the Edenwald Bus

BUS #1: Walmart & Hunt Valley Towne Center
 BUS #2: Towson Place
 BUS #3: Aldi, Walgreens, Shoprite & Lutherville Station
 BUS #4: Fairgrounds Plaza Shopping Center
 BUS #5: Trader Joe's & Kenilworth Mall
 BUS #6 Safeway, CVS & M&T Bank

AS: Art Studio (1205)	TM: Terraces Multipurpose Room
AUD: Auditorium	P: Pool
BR: Board Room	PDR: 2nd Floor Private Dining Room
FS: Fitness Studio	RR: Registration Required
G: Grille	VR: Valley Room
TL: Terraces Lounge	



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11 9:45am Outing: Towson United Methodist Church 10am Outing: Towson Unitarian Universalist Church 10:30am Outing: Central Presbyterian & Calvary Baptist Church 10:45am Church of the Nativity & Communion (AUD) 12:30pm Ravens Game Viewing (AUD) 3pm Sunday Worship Service (AUD) 7:30pm Sunday on Broadway: <i>Runaway Bride</i> (AUD)	12 9:45am Strength & Stretch (AUD) 10am Shopping Bus #3 10:30am Walking Club (Lobby) 10:30am Healthcare Lecture– <i>Medical Suite</i> 11am Tai Chi with Eric (Video) 1pm Backgammon (TM) 2pm Wellness Workout (FS) 3pm Getting To Know Shakespeare (AUD)	13 7:30am Outing: <i>St. Michael's Day Trip</i> (RR) 9:45am Morning Stretch (FS) 1pm Needle Arts (TL) 2pm Balance Training (FS) 7:30pm Bingo (AUD)	14 9:30am Osher (AUD) 9:45am Strength & Stretch (FS) 10am –12:30pm Farm Stand 10:45am Aqua Exercise with Phyllis (P) 11am Osher (AUD) 11:30-1pm Bake Sale! 1pm Osher (AUD) 2pm-4pm Bake Sale! 3pm Ask the RA Prez Meeting (AUD)	15 9am Active Outing: <i>Grist Mill Bridge</i> (RR) 9:30am Needle Arts (TL) 10am Bible Study (TM) 10:30am Yoga Class (FS) 11:30-1pm Bake Sale! 1:30pm Cooking Demo (G) 2pm-4pm Bake Sale! 7:30pm Foreign Film (AUD)	16 9:45am Strength & Stretch (AUD) 10am Shopping Bus #4 10:45am Aqua Exercise (P) 1:30pm RA Meeting (AUD) 2pm Town Hall (AUD)	17 1pm Pets On Wheels Visit 1pm Everyman Outing (RR) 4:30pm Crabfeast (Garage) 7:30pm Saturday Night Movie (AUD)
18 9:45am Outing: Towson United Methodist Church 10am Outing: Towson Unitarian Universalist Church 10:30am Outing: Central Presbyterian & Calvary Baptist Church 10:45am Church of the Nativity & Communion (AUD) 11am Resident Brunch 12:30pm Ravens Game Viewing (AUD) 3pm Sunday Worship Service (AUD) 7:30pm Sunday on Broadway: <i>Pretty Woman</i> (AUD)	19 9:45am Strength & Stretch (AUD) 10am Shopping Bus #5 10:30am Walking Club (Lobby) 11am Tai Chi with Eric (Video) 1pm Backgammon (TM) 2pm Wellness Workout (FS) 7:30pm Edenforum: <i>SHADE</i> (AUD)	20 9:45am Morning Stretch (FS) 11am Outing: <i>Pappas Restaurant</i> (RR) 1pm Needle Arts (TL) 2pm Fall Hazard Prevention Walk (outside) 7:30pm Bingo (AUD)	21 WEAR PURPLE WORLD ALZ DAY 9:30am Osher (AUD) 9:45am Strength & Stretch (TM) 10am– 12:30pm Farm Stand 10-12 Embodied Labs (FS) 10:45am Aqua Exercise with Helena (P) 11am Osher (AUD) 1pm Osher (AUD) 1:30pm-5pm Embodied Labs (FS) 7:30pm Edenforum: <i>Winston Tabb</i> (AUD)	22 9:30am Needle Arts (TL) 9:30am Outing: <i>Hagley Museum</i> (RR) 10am Bible Study (TM) 10:30am Yoga Class (FS) 2pm Fall Prevention Event 7:30pm Entertainment by <i>Mary Ann Jung</i> (AUD)	23 9:45am Strength & Stretch (AUD) 10:45am Aqua Exercise (P) 12pm Shopping Bus #6 2pm Balance Training (FS) 4pm Shabbat Service (AUD) 7pm Everyman Outing (RR)	24 1pm Pets On Wheels Visit 7:30pm Saturday Night Movie (AUD)
25 9:45am Outing: Towson United Methodist Church 10am Outing: Towson Unitarian Universalist Church 10:30am Outing: Central Presbyterian & Calvary Baptist Church 10:45am Church of the Nativity & Communion (AUD) 12:30pm Ravens Game Viewing (AUD) 3pm Sunday Worship Service (AUD) 7:30pm Sunday on Broadway: <i>An Officer And A Gentleman</i> (AUD)	26 9:45am Strength & Stretch (AUD) 10am Shopping Bus #1 10:30am Walking Club (Lobby) 10:30am Healthcare Lecture– <i>Stroh Hall</i> 11am Tai Chi with Eric (Video) 1pm Backgammon (TM) 2pm Wellness Workout (FS) 3pm Getting To Know Shakespeare (AUD)	27 9:45am Morning Stretch (FS) Departure TBD- Outing: <i>Carroll's Creek</i> (RR) 1pm Needle Arts (TL) 2pm Balance Training (FS) 7:30pm Bingo (AUD)	28 9:30am Osher (AUD) 9:45am Strength & Stretch (FS) 10am– 12:30pm Farm Stand 10:45am, Aqua Exercise with Phyllis (P) 11am Osher (AUD) 1pm Osher (AUD) 2pm New Comer's Group (PDR) 2pm Seated Boxing (FS) 3:30pm Let's Write! (TM) 7:30pm Edenforum: <i>Eric Nielsen</i> (AUD)	29 8am Outing: <i>Amish Life Day Trip</i> (RR) 9:30am Needle Arts (TL) 10:30am Yoga Class (FS) 2pm Zumba (FS)	30 9:45am Strength & Stretch (AUD) 10:45am Aqua Exercise (P) 11am Chestertown Lecture by Jack & Maureen (AUD) 12pm Shopping Bus #3 2pm Balance Training (FS)	