

# AUGUST 2022

## Independent Living Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>1</b> 9:45am Strength & Stretch (AUD) <b>10am Shopping Bus #1</b> 10:30am Walking Club (Lobby) 11am Tai Chi with Eric (Video) 1pm Backgammon (TL) 2pm Wellness Workout (FS)	<b>2</b> <b>9:30am Outing: The Jewish Museum of Baltimore (RR)</b> 9:45am Morning Stretch (FS) 1pm Social Knitting (TL) 2pm Balance Training (FS) 7:30pm Bingo (AUD) 7:30pm Book Club Meeting (PDR)	<b>3</b> 9:45am Strength & Stretch (AUD) 10am-12:30pm Farm Stand 10:45am Drums Alive (AUD) 10:45am Aqua Exercise with Phyllis (P) 1pm Osher- <i>Greg Jones</i> (RR- AUD) 2pm Seated Boxing (FS) 2pm Caregiver's Support Group (PDR) 7:30pm Edenforum presents: <i>Dr. Jay Perman</i> (AUD)	<b>4</b> 8:45am Mall Walk & Breakfast with Amy 9:30am Social Knitting (TL) 10am Bible Study (TM) <b>10:15am Outing: Evergreen Museum &amp; Library (RR)</b> 10:30am Yoga Class (FS) 2pm Zumba (FS) 7:30pm Entertainment by <i>Marcus Dagan &amp; Mariah Bonner</i> (AUD)	<b>5</b> 9:45am Strength & Stretch (AUD) 10:45am Aqua Exercise (P) <b>12pm Shopping Bus #2</b> 1:45pm Bookmobile 2pm Balance Training (FS) 4:30pm Wine Tasting (AUD) 7:30pm Entertainment by <i>Thomas Pandolfi</i> (AUD)	<b>6</b> 1pm Pets On Wheels Visit <b>7:30pm Saturday Night Movie (AUD)</b>
<b>7</b> <b>9:45am Outing: Towson United Methodist Church</b> <b>10am Outing: Towson Unitarian Universalist Church</b> <b>10:30am Outing: Central Presbyterian &amp; Calvary Baptist Church</b> <b>10:45am Church of the Nativity &amp; Communion (AUD)</b> 3pm Sunday Worship Service (AUD) <b>7:30pm Sunday on Broadway: Mamma Mia (AUD)</b>	<b>8</b> 9:45am Strength & Stretch (AUD) <b>10am Shopping Bus #3</b> 10:30am Walking Club (Lobby) 11am Tai Chi with Eric (Video) 1pm Backgammon (TL) 2pm Wellness Workout (FS) 3pm Getting to Know Shakespeare (AUD) 7:30pm Edenforum presents: <i>Nan Nawracki</i> (AUD)	<b>9</b> 9:45am Morning Stretch (FS) <b>10:45am Outing: Cracker Barrel &amp; Mt. Airy Junction (RR)</b> 1pm Social Knitting (TL) 2pm Balance Training (FS) 7:30pm Bingo (AUD)	<b>10</b> 9:45am Strength & Stretch (AUD) 10am—12:30pm Farm Stand 10:45am Drums Alive (AUD) 10:45am Aqua Exercise with Helena (P) 1pm Osher- <i>Tricia Bradenburg</i> (RR- AUD) 2pm Seated Boxing (FS) 3pm Ask the RA Prez Meeting (AUD)	<b>11</b> <b>9am Outing: Eisenhower National Historic Site (RR)</b> 9:30am Social Knitting (TL) 10am Bible Study Special Program with Leslie & David (TM) 10:30am Yoga Class (FS) 2pm Zumba (FS)	<b>12</b> 9:45am Strength & Stretch (AUD) <b>10am Shopping Bus #4</b> 10:45am Aqua Exercise (P) 11am Bereavement Support Group (PDR) 2pm Town Hall (AUD) 4pm Shabbat with Floyd Herman (AUD) 7:30pm The Garden of Earthly Delights presents: <i>Center Stage</i> (Roof)	<b>13</b> 10am Coffee & Conversation (VR) 1pm Pets On Wheels Visit <b>7:30pm Saturday Night Movie (AUD)</b>

### EDENWALD BUS INFORMATION

All trips depart from the Tower Lobby- Anything in blue writing is an outing on the Edenwald Bus

BUS #1: Walmart & Hunt Valley Towne Center

BUS #2: Towson Place

BUS #3: Aldi, Walgreens, Shoprite & Lutherville Station

BUS #4: Fairgrounds Plaza Shopping Center

BUS #5: Trader Joe's & Kenilworth Mall

BUS #6 Safeway, CVS & M&T Bank

AS: Art Studio (1205)

AUD: Auditorium

BR: Board Room

FS: Fitness Studio

G: Grille

TL: Terraces Lounge

TM: Terraces Multipurpose Room

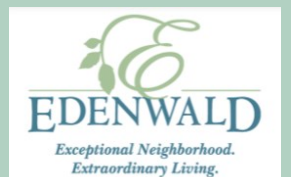
P: Pool

PDR: 2nd Floor Private Dining Room

RR: Registration Required

VR: Valley Room

Flip the page!



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>14</b> 9:45am Outing: Towson United Methodist Church 10am Outing: Towson Unitarian Universalist Church 10:30am Outing: Central Presbyterian & Calvary Baptist Church 10:45am Church of the Nativity & Communion (AUD) 3pm Sunday Worship Service (AUD) 7:30pm Sunday on Broadway: <i>Mamma Mia 2</i> (AUD)	<b>15</b> 9:45am Strength & Stretch (AUD) 10am Shopping Bus #5 10:30am Walking Club (Lobby) 11am Tai Chi with Eric (Video) 1pm Backgammon (TM) 2pm Wellness Workout (FS) 7:30pm Arlen Presents: <i>Honoring Our World War II Veterans Event</i> (AUD)  <i>Deadline for Edentimes Submissions</i>	<b>16</b> 9:45am Amy Active Outing: Oregon Ridge (RR) 1pm Social Knitting (TL) 2pm Balance Training (FS) 2pm-4pm Crafternoon: Fidget Mat Workshop (AUD) 7:30pm Bingo (AUD)	<b>17</b> 9:45am Strength & Stretch (AUD) 10am -12:30pm Farm Stand 10:45am Drums Alive (AUD) 10:45am Aqua Exercise with Phyllis (P) 1pm Osher- <i>Jack Burkert</i> (RR- AUD) 2pm Seated Boxing (FS)	<b>18</b> 9:30am Social Knitting (TL) 10am Bible Study (TM) 10:30am Yoga Class (FS) 1:30pm Outing: American Visionary Arts Museum (RR) 1:30pm Cooking Demo: <i>Food For Brain Health</i> (G) 7:30pm Foreign Film (AUD)	<b>19</b> 9:45am Strength & Stretch (AUD) 10:45am Aqua Exercise (P) 11am Connected Living Office Hour (Resident Business Center) 12pm Shopping Bus #6 2pm Balance Training (FS) 3pm Houseplant Group	<b>20</b> 1pm Pets On Wheels Visit 2pm Entertainment by <i>Floyd Andrews</i> (AUD) 4:30pm Crab Feast (Garage) 7:30pm Saturday Night Movie (AUD)
<b>21</b> 9:45am Outing: Towson United Methodist Church 10am Outing: Towson Unitarian Universalist Church 10:30am Outing: Central Presbyterian & Calvary Baptist Church 10:45am Church of the Nativity & Communion (AUD) 11am Resident Brunch 3pm Sunday Worship Service (AUD) 7:30pm Sunday on Broadway: <i>My Big Fat Greek Wedding</i> (AUD)	<b>22</b> 9:45am Strength & Stretch (AUD) 10am Shopping Bus #4 10:30am Walking Club (Lobby) 11am Tai Chi with Eric (Video) 1pm Backgammon (TM) 2pm Brain Blast Lecture 3pm Getting To Know Shakespeare (AUD) 7:30pm Edenforum Presents: <i>Nick Fessenden</i> (AUD)	<b>23</b> 9:45am Morning Stretch (FS) 1pm Outing: Scenic Ride & Prigel Family Creamery (RR) 1pm Social Knitting (TL) 2pm Balance Training (FS) 7:30pm Bingo (AUD)	<b>24</b> 9:45am Strength & Stretch (AUD) 10am- 12:30pm Farm Stand 10:45am Aqua Exercise with Helena (P) 1pm Osher- <i>Jack Burkert</i> (RR- AUD) 2pm Seated Boxing (FS)	<b>25</b> 9:30am Social Knitting (TL) 10am Bible Study (TM) 10am Outing: Greek Village Restaurant & Bar (RR) 10:30am Yoga Class (FS) 2pm Zumba (FS)	<b>26</b> 9:45am Strength & Stretch (AUD) 10:45am Aqua Exercise (P) 12pm Shopping Bus #1 2pm Balance Training (FS) 4pm Shabbat with Cantor Ginsburg (AUD) 7:30pm The Secret Garden of Earthly Delights Presents: <i>The Sea Depth Boys</i> (Roof)	<b>27</b> 1pm Pets On Wheels Visit 7:30pm Saturday Night Movie (AUD)
<b>28</b> 9:45am Outing: Towson United Methodist Church 10am Outing: Towson Unitarian Universalist Church 10:30am Outing: Central Presbyterian & Calvary Baptist Church 10:45am Church of the Nativity & Communion (AUD) 1pm-3pm Maker's Mart Help (AS) 3pm Sunday Worship Service (AUD) 7:30pm Sunday on Broadway: <i>My Big Fat Greek Wedding 2</i> (AUD)	<b>29</b> 9:45am Strength & Stretch (AUD) 10am Shopping Bus #6 10:30am Walking Club (Lobby) 11am Tai Chi with Eric (Video) 1pm Backgammon (TM) 2pm Wellness Workout (FS) 3pm Calendar Helpers Meeting (Pub) 7:30pm Edenforum Presents: <i>Leslie Foster</i> (AUD)	<b>30</b> 9:15am Outing: Annapolis Trolley Ride & Lunch 9:45am Morning Stretch (FS) 1pm Social Knitting (TL) 2pm Balance Training (FS) 7:30pm Bingo (AUD)	<b>31</b> 9:45am Strength & Stretch (AUD) 10am- 12:30pm Farm Stand 10:45am Drums Alive (AUD) 10:45am, Aqua Exercise with Phyllis (P) 1pm Osher- <i>Rafael Alvarez</i> (RR- AUD) 2pm New Comer's Group (PDR) 2pm Seated Boxing (FS) 3:30pm Let's Write! (TM)			