Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30am Church Bus A, B and D 10:40am Church Bus C and E 2:00pm Grace United Concert RR 3:00pm Sunday Worship AUD 7:00pm Sunday on Broadway: 1776 AUD	2 10:00am Bus #3 1:00pm Wii AR 2:30pm Backgammon TM 3:00pm Edenwald Thtr AUD 7:30pm Edenforum Judge Canon and Magistrate Casey AUD	3 12:30pm Duplicate Bridge TM 7:30pm Book Club PDR 7:30pm Bingo AUD	4 6:00pm Movie: Yankee Doodle Dandy AUD  4th of July	5 Movie Trip TBD RR 10:00am Bible Class TM	6 10:00am Catholic Svc TM 12:00pm Bus #6 1:00pm Wii AR 4:30pm Wine Tasting AUD	7 7:30pm Movie AUD
9:30am Church Bus A, B and D 10:40am Church Bus C and E 3:00pm Sunday Worship AUD	9 10:00am Bus #4 1:00pm Wii AR 2:30pm Backgammon TM 3:00pm Edenwald Thtr AUD 7:30pm Trinidad North AUD	10 12:45pm MPT Studio Tour RR 12:30pm Duplicate Bridge TM 7:30pm Bingo AUD	11 10:00am Bus #1 1:00pm Wii AR 1:00pm Movement Disorder Group PDR 7:30pm Foreign Film: The Return AUD	9:00am Mid- Atlantic Watercolor Exhibition RR 10:00am Bible Class TM 7:30pm Baltimore Musicales AUD	13 10:00am Catholic Svc TM 10:30am Bus# 6 1:00pm Wii AR 1:30pm Residents' Association Meeting 4:00pm Shabbat TM	14 10:30am Coffee & Conversation PDR 7:30pm Movie AUD

Road), CVS

ALL Trips will depart from the Tower Lobby.

## **LOCATION KEY**

AR-Activity Room, 6th Floor Terr. AS- Art Studio, 1205 AUD-Auditorium BR-Board Room CR-Card Room 206 ER- Equipment Room FS-Fitness Studio G-Grille
GR-Green Roof
LT- Lounge, Terraces
P-Pool
PDR-2nd Floor Dining Room
RR-Registration
Required
TM-Terraces
Multipurpose

## **SHOPPING BUS SCHEDULE**

Bus #1—Super Walmart (Cockeysville), Hunt Valley Towne Center; Wegmans, Greetings & Readings, DSW
Bus #2—Towson Place; Target, Walmart, Weis
Bus #3— Walgreens, Lutherville Station; Kohls,
Big Lots, ShopRite & Rite Aid
Bus #4—Giant (Timonium), Fairground Liquors
Bus #5— Trader Joe's
Bus #6—Towson Town Center, Safeway (York

Sedan Serv

Sedan Service
To Schedule an
Appointment -orCall for Pick-up:

410-339-6222

## SUNDAY CHURCH BUS KEY

A: Immaculate Conception Catholic Church

**B: Church of the Holy Comforter** 

C: Ascension Lutheran Church

D: Towson United Methodist Church

E: Trinity Episcopal Church

## Fitness Center

**Monday** 

9:00am Morning Stretch & Move FS 10:00am Strength & Stretching FS

10:00am Fluid Flex P

10:30am Core and More FS

11:00am Easy Fit Chair Exercise

2:00pm Supervised Workout ER

2:00pm Tai Chi FS

3:00pm 10 minute Balance FS Tuesday

10:00am Better Balance w/ Tai Chi

10:30am Aqua Fit P

1:30pm Guided Meditation FS

2:00pm Supervised Workout ER Wednesday

10:00am Strength & Stretching FS

10:30am Core and More FS 11:00am Easy Fit Chair Exercise

11:30am Zumba (11& 18 only) FS

2:00pm Supervised Workout ER

3:00pm 10 minute Balance FS

<u>Thursday</u>

10:30am Aqua Sculpt P

11:00am Yoga FS

11:00am Supervised Workout ER

1:30pm Drums Alive FS

2:15pm Assisted Swim P

<u>Friday</u>

9:00am Morning Stretch & Move FS

11:00am Balance FS

2:00pm Supervised Workout ER

3:00pm 10 minute Balance FS

The pool will be closed and all classes will be canceled on Wednesday, July 4.

July Resident Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30am Church Bus A, B and D 10:40am Church Bus C and E 3:00pm Sunday Worship AUD	16 10:00am Bus #2 2:30pm Backgammon TM 3:00pm Edenwald Thtr AUD 7:30pm Edenforum: The Genius of Alfred Hitchcock AUD	9:15am Historic Houses of Worship Tour RR 12:30pm Duplicate Bridge TM 7:30pm Bingo	18 9:30am Book Mobile 12:00pm Bus #3 1:00pm Wii AR 2:00pm Caregiver Support Group TM 7:30pm Edenforum: Our Life in Africa AUD	19 12:00pm Friendly Farm RR 10:00am Bible Class TM 2:00pm Catholic Mass TM 7:30pm Richard Miller AUD  Deadline for Edentimes Submissions	20 10:00am Computer Q&A AUD 12:00pm Bus #6 6:15pm Ironbirds RR 7:30pm Student Recital AUD	21 7:30pm Movie AUD 7:00pm Mikado: Roland Park School RR
9:30am Church Bus A, B and D 10:40am Church Bus C and E 3:30pm Sunday Worship AUD 7:00pm Sunday on Broadway: Mamma Mia AUD	23 10:00am Bus #1 1:00pm Wii AR 2:30pm Backgammon TM 3:00pm Edenwald Thtr AUD 7:30pm Edenforum: The Dust Bowl AUD	24 10:30am Baltimore's Historic Charles Street RR 12:30pm Duplicate Bridge TM 7:30pm Bingo AUD	25 10:00am Bus #5 1:00pm Wii AR 2:00pm New Comers Meeting PDR 7:30pm Edenforum: Lena Horne AUD	26 10:00am Bible Class TM 7:30pm Edenwald Scholarship Reception AUD	27 10:00am Catholic Svc TM 12:00pm Bus #6 1:00pm Wii AR 4:00pm Shabbat TM	28 7:30pm Movie AUD
29 9:30am Church Bus A, B and D 10:40am Church	30 10:00am Bus #3 1:00pm Wii AR 2:30pm Backgammon TM	31 12:30pm Duplicate Bridge TM 7:30pm Bingo AUD				

3:00pm Edenwald Thtr

7:30pm Edenforum: The

**Dust Bowl cont. AUD** 

AUD

Bus C and E

3:00pm Sunday

**Hot Breakfast Buffet** 

**Worship AUD** 

Privatel Subscribers: Events highlighted in blue may be broadcast live on channel 84. Events are subject to change without notice.