

SUNDAY
CHURCH SCHEDULE

9:40 Departure

- ✿ Immaculate Conception Catholic Church
- ✿ Towson Presbyterian Church


10:35 Departure

- ✿ Ascension Lutheran Church
- ✿ Towson United Methodist Church
- ✿ Towson Unitarian Universalist Church

ALL Trips will depart from the Tower Lobby.

SHOPPING BUS

- Bus #1-The Shops at Kenilworth
- Bus #2- Towson Place; Shoppers, Target, Walmart
- Bus#3-ShopRite, Rite Aid, Giant (Timonium)
- Bus #4- Grand York Plaza; Mars and Walgreen and Lutherville Station; Kohls, Loehmanns
- Bus #5- Perring Plaza; Burlington, JoAnn Fabric, Shoppers, and North Plaza; Kmart, MVA Express
- Bus #6-Towson Town Center and Safeway (York Road)
- Bus #7-Hunt Valley Towne Center; Wegmans, Greetings & Readings
- Bus #8- White Marsh Mall and The Avenue

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>FEBRUARY</h1> <h2><i>Resident Center</i></h2> 			1 10:00am Bus #2 1:00pm Coffee and Tea TL 2:00pm Parsley Club AUD 7:30pm Continuing Education Wadi Gawasis AUD	2 10:00am Bible Class TM 10:30am Baltimore Museum of Art 4:30pm Book Mobile Terr. Ent. 7:30pm Young at Heart Jazz Band AUD	3 10:30am Catholic Service TM 10:30am Bus #6 10:30am Valentine Making AUD 1:00pm Wii AR 4:30pm Wine Tasting AUD	4 7:30pm Movie AUD
5 9:40am Church Bus 10:35am Church Bus 3:00pm Sunday Worship AUD 5:45pm Superbowl Party AUD	6 10:00am Bus #3 1:00pm Wii AR	7 10:00am Pratt Library RR 11:00am Linda's Treasures AUD 11:00am Pool Volleyball P 7:30pm Bingo AUD	8 10:00am Bus #1 1:00pm Coffee and Tea TL 1:30pm World We Live In PDR 7:30pm Continuing Education International Restoration of Sight AUD	9 10:00am Bible Class TM 2:00pm Catholic Service TM	10 10:30am Bus #6 10:30am Art Group AS 1:00pm Wii AR 1:30pm Residents' Association Meeting AUD 4:00pm Shabbat Service TM 7:00pm BSO Pops Concert RR	11 10:30am Coffee & Conversation PDR 7:30pm Movie AUD

LOCATION KEY

- ✿ AR-Activity Room, 6th Floor Terr.
- ✿ AS- Art Studio
- ✿ AUD-Auditorium
- ✿ BR-Board Room
- ✿ ER- Equipment Room
- ✿ FS-Fitness Studio
- ✿ GR-Green Roof
- ✿ LT- Lounge, Terraces
- ✿ P-Pool
- ✿ PDR-2nd Floor Dining Room
- ✿ RR-Registration Required
- ✿ TB- Terraces Basement
- ✿ TL-Terraces Lobby
- ✿ TM-Terraces

RESIDENTS' ASSOCIATION WEBSITE

The Residents' Association website can be accessed from your computer at
edenwaldra.wordpress.com
 or from any of the computers in the computer room by clicking the icon (big white W on a blue circle) in the upper left-hand corner of the screen.

Fitness Schedule

Monday (no class 2/20)

9:00am Barbara Howell's Exercise FS
 10:00am Strength & Stretching FS
 10:30am Core Conditioning FS
 2:00pm Supervised Workout ER
 2:15pm Tai Chi FS

Tuesday

9:15am Low Impact Aerobics FS
 10:30am Aqua Fit P
 2:00pm Supervised Workout ER
 3:00pm Aquatics for Arthritis P
 3:00pm Line Dancing FS

Wednesday

9:00am Barbara Howell's Exercise FS
 10:00am Strength & Stretching FS
 10:30am Core Conditioning FS
 11:00am Fit & Fun FS
 1:15pm Golden Golfer FS
 2:00pm Supervised Workout ER

Thursday

9:15am Low Impact Aerobics FS
 10:30am Aqua Sculpt P
 11:00am Supervised Workout ER
 2:15pm Yoga FS

Friday

9:00am Barbara Howell's Exercise FS
 9:00am Splash Dance P
 11:00am Balance Breakthrough FS
 2:00pm Supervised Workout ER
 3:00pm Aquatics for Arthritis P

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12 9:40am Church Bus 10:35am Church Bus 2:30pm Sundays at Central RR 3:00pm Sunday Worship AUD	13 10:00am Hippodrome Tour RR 1:00pm Wii AR 3:00pm Caregivers Support Group PDR	14 10:00am Bus #4 12:30pm Duplicate Bridge LT 2:00pm Ecumenical Service TM 7:30pm Bingo AUD	15 10:00am Bus #5 1:00pm Coffee and Tea TL 1:00pm Shuffleboard TB 2:00pm Dawn of the Maya AUD	16 10:00am Bible Class TM 4:15pm Happy Hour PDR 4:30pm Book Mobile Terr. Ent. 5:30pm Hospitality Table Mixer 7:30pm Three Good Looking Guys AUD	17 9:00am Mall March RR 10:30am Catholic Service TM 10:30am Art Group AS 10:30am Bus #6 1:00pm Wii AR	18 7:30pm Movie AUD
19 9:40am Church Bus 10:35am Church Bus 2:30pm Baltimore Chamber Orchestra RR 3:00pm Sunday Worship AUD	20 7:30pm Continuing Education Lacrosse and University Athletics AUD <i>*Deadline for Edentimes submissions</i>	21 10:00am Bus #2 11:00am Pool Volleyball P 2:00pm Stroh Hall Tour RR 7:30pm Bingo AUD	22 10:00am Bus #3 1:00pm Coffee and Tea TL 1:30pm World We Live In PDR 7:30pm Vacation Party AUD	23 10:00am Bible Class TM 11:45am PF Changs RR 7:00pm BSO Series A Concert RR 7:30pm John Malloy AUD	24 10:30am Catholic Service TM 10:30am Art Group AS 10:30am Bus #6 1:00pm Wii AR 4:00pm Shabbat Service TM	25 7:30pm Movie AUD
26 9:40am Church Bus 10:35am Church Bus 1:15pm Center Stage RR 3:00pm Sunday Worship AUD	27 10:00am Bus #7 1:00pm Wii AR	28 12:30pm Duplicate Bridge LT 7:30pm Bingo AUD	29 10:00am Bus #4 1:00pm Coffee and Tea TL 3:30pm It's Personal TM 7:30pm Continuing Education The Story of the Pony Express AUD			